



The Wayne Herald

Thursday, Feb. 16, 2006 130th Year - No. 20

Wayne Community Schools Board of Education hires new elementary principal

By Lynn Sievers
Of the Herald

Wayne Community Schools Board of Education met in regular session on Monday night. Action taken included the hiring of Daryl Schunk as principal of the elementary school. He will start his new position on July 1, 2006 and will be replacing David Lutt, who is retiring.

Other board action included accepting a bid from Gateway for 25 new computers. Wayne Community Schools Foundation will provide funds for this project.

A bid was approved from Sani-Duct to clean the high school gym (walls, floor, vents, ceiling) after sanding of the floor is done.

The board approved a bid from Chris Kiddoo for sanding and painting the high school gym floor. (It has been 14 years since it was done).

The board also approved a bid from Zach Propane for three air conditioner units for high school rooms 207, 208, and Home Ec. This project is figured into the budget. The new wing will be all that's left at the high school that's not air conditioned.

Mark Hanson, principal at the high school, spoke on the PLAN test review (which is a good indicator of how students do on the ACT). He noted with seven students receiving 30 or above on the ACT, it shows that the curriculum is right on target.

Tim Krupicka, principal at the Middle School, said there will be some changes at the Middle School. They are expanding the curriculum so everyone can take keyboarding and art (before if students had band or choir, they couldn't take keyboarding or art in Middle School. Now they will be able to). Principal Hanson said that is good because then when students come into high school, they can offer them advanced keyboarding classes instead of the basics.

Kelly Ballinger, SPED director, noted that several administrators from Wayne are taking part in a CSPO grant proposal for the learning communities and professional development.

Peg Lutt, curriculum director, spoke on STAR assessments and noted the board will need to look for a comprehensive student management system so that the

school district can have proof that the students are achieving the new state requirements. Grants for the student management system are available.

Dr. Joe Reinert, superintendent, will attend the Rule 10 update. Rule 10 provides the regulations and procedures for school operation. On March 21, there will be changes in state requirements for schools.

On March 9, Dr. Reinert will attend a conference in Lincoln on wellness policy which is required by the state.

The board approved a committee going to the Foundation and stating that it is a priority of the board to purchase bleachers for the high school gym. Hopefully, the Foundation can help financially with the purchase of new bleachers in the future.

The board approved the SPED policy, which is a blanket policy that covers federal and state policies.

Dr. Reinert explained the water usage problem at the Middle School; the meter wasn't working and no one caught that until the city let them know nine months later so the school is paying the bill on a payment plan of \$380 each month for three months.

The board approved Betsy Maryott's physics class attending the Engineering Expo at South Dakota State University on March 31, 2006.

The board discussed three year bank rotation which means most accounts, from the school are rotated between the local banks every three years. Farmers and Merchants State Bank is the next bank in the rotation.

Future agenda items include discussion on the school calendar, data management system, and committee goals.

Executive session was held on the Spanish class trip to Europe next year. The board approved the trip during the summer of 2007 with the requirement that any chaperone on the trip must be a parent of a student on the trip. There will be a detailed meeting with the parents covering costs and other questions they might have.

The next meeting of the Wayne Community Schools Board of Education will be on Monday, March 13 at 7 p.m. at the high school in Wayne.



Special Valentines

Sixth grade students from Wayne Middle School spent part of their Valentines Day playing Valentine Bingo with the residents at Premier Estates. The students also brought each resident a Valentine's Day door hanger and visited with their partners during the visit. Following several games of Bingo, the students and residents were treated to special Valentine snacks. The students were accompanied by teachers Jill Pickinpaugh, Joyce Hoskins and Jill Niemann.

Wayne State College Black and Gold series to present TONY® honored Acting Company

The 2005-06 Wayne State College Black and Gold performing arts series will present a special performance of "The Three Musketeers" by The Acting Company, Tuesday, Feb. 28 at 7:30 p.m. in Ramsey Theatre on the WSC campus.

Performing each year in over 50 cities to audiences, exceeding 70,000. The Acting Company's the most respected and praised touring repertory theatre in America. Founded in 1972 by John Houseman, The Acting Company has been honored with the Obie, Audelco and Los Angeles Critics

Awards and is a 2003 TONY® Honoree for Excellence in Theater. Alumni members of the company include Kevin Kline, Lorraine Toussaint, David Ogden Stiers, and many others.

In this new, entertaining adaptation of Alexandre Dumas' popular tale, the swash-buckling adventure follows the brave young d'Artagnan as he changes from country boy to daring hero, not only rescuing the kidnapped Constance but also preserving the honor of the Queen herself. His journey toward maturity is enabled by

Athos, Porthos and Aramis, famously known as The Three Musketeers. Audience members are also invited to a special Talkback Session between the actors and audience after the performance.

Tickets for general admission are now on sale for \$10 at the WSC business services office, 104 Hahn Administration Building. Seating capacity is limited; purchasing tickets in advance is recommended. For ticket information, please call 402-375-7517.

Streets and sports complex discussed

By Clara Osten
Of the Herald

Streets throughout the city of Wayne and upgrading of the concession building and restrooms at the Wayne Summer Sports Complex (Softball Complex) were on the agenda when the Wayne City Council met in regular session on Tuesday.

Both the Main Street renovation and one and six year street improvement plan were approved at the meeting.

Street Improvement District 2006-01 was created by a resolution passed at the meeting. The creation of the district will allow the enhancements to the sidewalk area to be completed and a portion of the costs assessed to the property owners.

Property owners in the district had until Wednesday, Feb. 15 to opt out of the district. If more than 50 percent of the footage is not included, the project will not move forward and the State of Nebraska Department of Roads will put in sidewalks and lights according to their specifications.

Joel Hansen, Public Works Superintendent, presented the One and Six Year Street Improvement Plan.

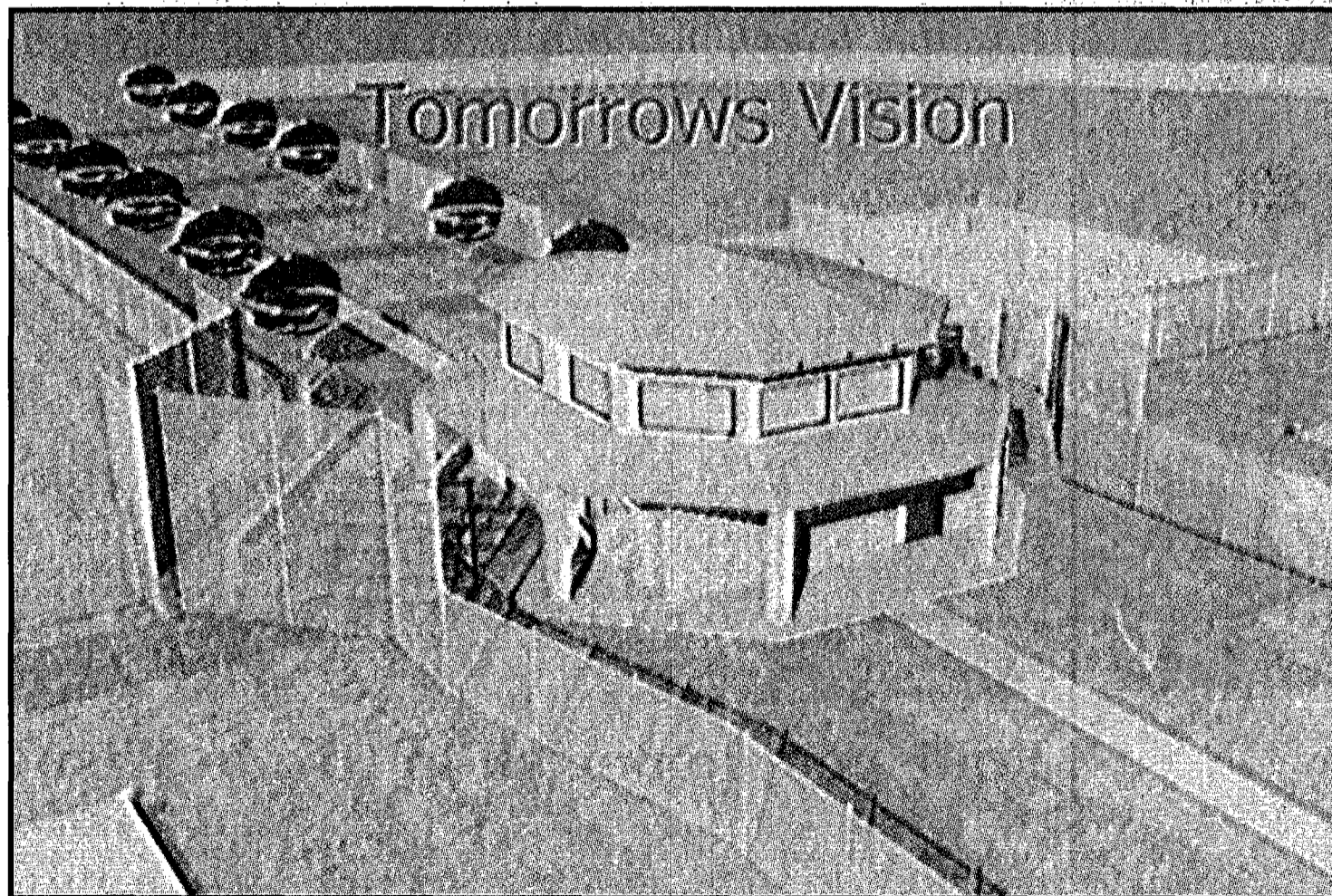
Hansen noted that the Main Street project, which is .6 miles in length and the North Highway 15 project, which begins at 13th and Main Street and continues north for 1.04 miles are among the major items in the one year plan.

Other items on the plan include overlay on Sherman Street in two areas and enlarging a storm sewer on Providence Road between East Seventh Street and Poplar Street.

He also listed projects to be completed through 2011.

Several representatives of the Summer Sports Complex Committee were on hand at Tuesday's meeting for a presentation on what they would like as a replacement to the current concession/restroom building.

Laura Gamble, spokesperson for the



The proposed look of the concession stand/ restrooms at the Sports Complex.

group, presented statistics on facility usage and facility events. When the complex opened in 1989, men's softball and women's softball were the only event held there. Total participants at the time were 300. In 2004, youth softball, youth baseball, men's softball, women softball and Wayne High softball activities are held at the facility, with 695 participants.

Gamble also noted a number of problems

with the current building, including inadequate restrooms, drainage into the building and the fact that the restrooms are not handicapped accessible.

Renovation plans include removal of the current building, constructing a two-story building with room for coaches and umpires to meet before games. In addition, sidewalks would be installed from the parking lots toward the concession stand.

Council members gave approval for the group to begin fundraising events and application for grant funding for the project.

In other action, the council debated the sale of two different parcels of land.

The first was for property at the corner of Seventh and Main Streets. Diane Pick had presented an offer for the purchase of the property. However, after discussion,

the council voted to move forward with a 99 year lease agreement on the property, due to the fact that city utilities are involved.

The second request to purchase property came from Ken Jorgensen who plans to build a restaurant/lounge on East Highway 35.

Jorgensen asked to purchase city owned railroad right-of-way behind the lot he is building the restaurant on. Council members agreed to sell Jorgensen a strip of land, 30 feet by 865.5 feet for \$1,000 and lease an additional 20 feet by 865.5 feet for \$750 per year with a 99 year lease.

After considerable discussion, the council voted to approve the purchase of two vehicles for the Wayne Police Department.

Police Chief Lance Webster said the department has not purchased a new vehicle since 1999 and the current cruisers are at a point where major expenses are being incurred.

City Administrator Lowell Johnson said he felt the department needed a four-wheel drive vehicle for safety and recommended the purchase of a Ford Expedition for that reason and the purchase of a Ford Crown Victoria to be used as a cruiser.

Several council members expressed concern with the expenditures and questioned whether a regular, used vehicle could be purchased. Chief Webster told the council that the department must follow guidelines for a vehicle designed for police work.

It is expected that it could take up to two months for the vehicles to arrive.

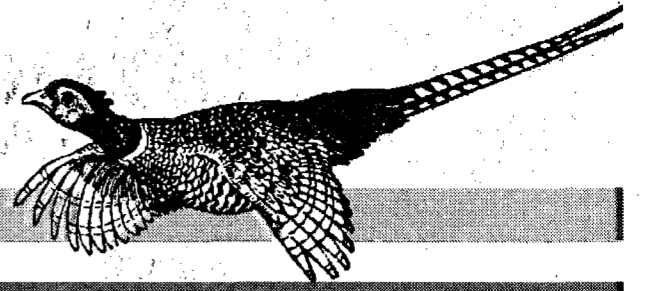
Several reports were also given on recent meetings attended by the mayor and council members.

At a recent meeting, the council voted to have updates from various committees and reports from those attending city-related meeting presented at regular intervals.

The council's next regular meeting will be Tuesday, Feb. 28 at 7:30 p.m. in the council chambers.

Record

The Wayne Herald



Obituaries

Irene Ditman

Irene Ditman, 93, of Wayne, formerly of Winside, died Saturday, Feb. 11, 2006 at Premier Estates Senior Living Community. Services were held Wednesday, Feb. 15 at St. Paul's Lutheran Church in Winside. The Rev. Timothy J. Steckling officiated.

Irene K. Ditman, daughter of Frederick and Helen (Hoffman) Weible, was born Oct. 3, 1912 at Winside. She was baptized and confirmed at St. Paul's Lutheran Church in Winside. She graduated from Winside High School and was employed in the family business, Weible's Grocery Store. On March 26, 1935 she married Dr. Noran Ditman. The couple lived their entire married life in Winside where they owned and operated the Winside Veterinary Clinic. They retired in 1977. She moved to The Oaks in February of 2000. She was a life-long member of St. Paul's Lutheran Church. She was a member of the Lutheran Women's Missionary League, Charter member of the Federated Women's Club, was one of the first committee members forming the Winside Museum and a member of the Winside American Legion Ladies Auxiliary. She enjoyed bridge clubs and playing cards.

Survivors include two sons and daughters-in-law, William and Sherry Ditman of Westcliffe, Colo., Richard and Jackie Ditman of Austin, Texas and Jan Ditman of Omaha; six grandchildren; eight great-grandchildren; one brother, Norris and Helen Weible of Wayne; nieces and nephews.

She was preceded in death by her parents; husband, Noran "Doc" in 1998; one son, Robert; three brothers, Frank, Waldron and Don and one sister, Betty Lou.

Pallbearers were Charles Weible, Fritz Weible, Dean Weible, Roger Nyffler, Dennis Bowers and Mickey Topp.

Burial was in Pleasant View Cemetery in Winside. Schumacher-Hasemann Funeral Home in Winside was in charge of arrangements.

LaVerne Heithold

LaVerne Heithold, 75, of Wayne died Sunday, Feb. 12, 2006 at Fremont. Services were held Wednesday, Feb. 15 at Grace Lutheran Church in Wayne. The Rev. Carl Lilienkamp and the Rev. John Pasche officiated.



LaVerne Ann Heithold, daughter of Carl and Della (Longe) Frevert, was born Aug. 4, 1930 at Wayne. She was baptized and confirmed at Trinity Lutheran Church in Altona. She attended Trinity Lutheran Parochial School, graduated from Wayne High School and attended business school in Sioux City, Iowa. She was employed for a time as a secretary at the Gambles Store in Wayne. On Dec. 14, 1949 she married Edmond Heithold at Trinity Lutheran Church. The couple farmed north of Wayne until moving to Wayne in 1995. She was an active member of Grace Lutheran Church, Ladies Aid and was a former Sunday School teacher. She enjoyed sewing, gardening, reading and caring for her family.

Survivors include her husband, Edmond; eight children, Lorie and Rod Haglund of Wakefield, Susan and Rick Hollman of Omaha, Theresa and Ray Jensen of Wakefield, Douglas and Lora Heithold of Carroll, Bryan and Mary Heithold of Wayne, Linda and Tim Pfannenstiel of Omaha, Charlene and Mike Fuchs of Denver, Colo. and Michael and Mindy Heithold of Wakefield; sister-in-law, Darlene and John Bowers of Wayne; 20 grandchildren; two great-grandchildren; nieces and nephews.

She was preceded in death by her parents; twin sons, David and Daniel; one brother, Kenneth Frevert and one sister, Mildred Pflueger.

Pallbearers were Jason Heithold, Erik Haglund, Nathan Hollman, Matthew Jensen, Dan Heithold, Matthew Maxon, Jesse Heithold and T.J. Pfannenstiel.

Burial was in Greenwood Cemetery. Schumacher-Hasemann Funeral Home in Wayne was in charge of arrangements.

Ella Larsen

Ella Larsen, 92, of Laurel died Tuesday, Feb. 14, 2006 at Hillcrest Care Center in Laurel.

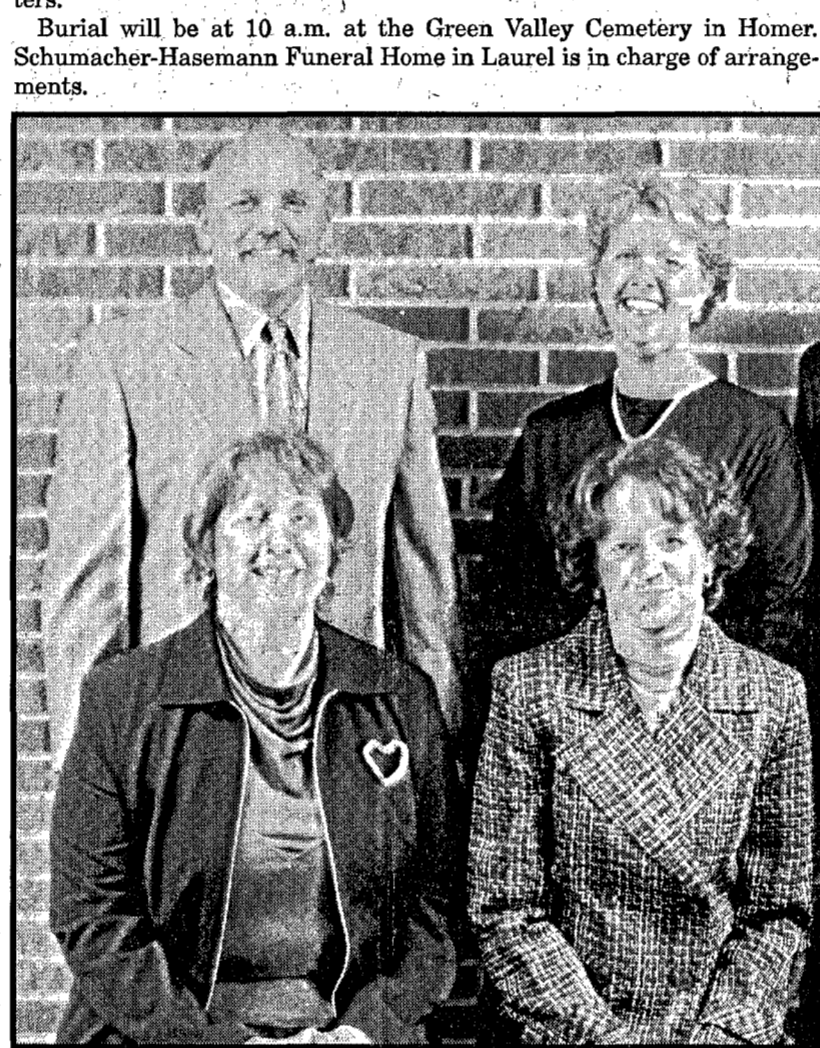
Memorial services will be held Saturday, Feb. 18 at 1 p.m. at United Lutheran Church in Laurel. The Rev. Lynn Qualm will officiate. Visitation will be held Friday, Feb. 17 from 3 to 8 p.m. at Schumacher-Hasemann Funeral Home in Laurel.

Ella Marie Larsen, daughter of Louis and Agnus (Borger) Larsen, was born Dec. 23, 1913 on a farm near Homer in Dakota County. She was baptized at the Danish Lutheran Church at Homer and confirmed at Our Savior Lutheran Church in Obert. She attended rural schools near Homer, Jackson, Nebraska Public Schools, Aims Creek in Cedar County, graduated from Wynot High School and attended Wayne State Teacher's College. She later earned graduate class credits from the University of Nebraska at Lincoln, University of South Dakota, Vermillion, S.D. and various other colleges. She taught in rural Cedar County schools before teaching in Nurnberg, Germany from 1953-1955. In 1955 she returned to teach in the Laurel Public Schools, retiring in 1981. She was a member of United Lutheran Church, Laurel Book Club, Laurel Tuesday Club, Delta Kappa Gamma, Wayne Area Retired Teachers and Ruth's Circle of the WELCA.

Survivors include nieces, nephews and friends.

She was preceded in death by her parents, three brothers and two sisters.

Burial will be at 10 a.m. at the Green Valley Cemetery in Homer. Schumacher-Hasemann Funeral Home in Laurel is in charge of arrangements.



Election of officers held

Wayne Community Schools Board of Education election of officers was held recently. Kaye Morris is president, replacing Bill Dickey, Carolyn Linster is vice president and Ann Ruwe is secretary/treasurer. Above, Wayne Community Schools Board of Education members are front, left to right, Kelly Kenny, Dr. Jodi Pulfer and Dr. Carolyn Linster. Back row, Dean Carroll, Kaye Morris and Bill Dickey.

Possible telephone scammers working Wayne area

The Wayne Police Department received a report of a possible telephone scam involving an older citizen of the community.

The caller told his potential victim that she had "won" \$250,000 in a sweepstakes and had only to send in \$1,000 to collect her "prize." This sweepstakes caller even wanted the potential victim to go to Western Union so she could wire the \$1,000 to speed up the process.

According to the Wayne Police Department, "any time you get a call requiring you to pay money, or give out your bank account information, to collect a sweepstakes winning someone is more than likely trying to scam you. If you have actually won \$250,000 a true sweepstakes will send you a check for that amount, they won't ask to transfer the funds to your bank."

In the case reported this week a family member got on the phone and challenged the caller, who purported to represent a company called World Wide Award Group. When asked for a telephone number to confirm the information the caller would only schedule an appointment for a follow up call. In this case the caller claimed the company was based in Washington, D.C. However, a Google search located a company by that name in New York State. The New York company has 42 also known as company names and 16 different addresses in New York State.

No one should ever give out personal information to someone they don't know who is calling them. If it is your credit card company calling they don't need you to give them your card number because they already have it. If someone

Gospel concert to be held Sunday at First Baptist Church

A number of talented individuals will be featured at a Gospel Music Concert, Sunday night, Feb. 19, beginning at 6:30 p.m. at First Baptist Church, 400 Main Street in Wayne, one of who is Steve Swanson of Thurston. He recently recorded his first CD, "In the Mirror." The event is open to the public.

Soloist Swanson will perform.



Steve Swanson

ing under his stage name, Stephanos. Joining him will be

"For the Master," a quartet from Wayne. Members are Ken Dahl, Bob Dyer, and Eric Smith, all of Wayne, and Cliff Struble of Smithland, Iowa. And, the quartet, "Kenly and the Udders." The group takes its name from members Kenly Udd of Mills, a pastor, and Sam Courts of Springview, a pastor. Joining them is Geoff Smith, a dairyman from Gregory, S.D. Special guest, John McCall, a soloist from Wakefield will also be featured.

Music featured at the concert will predominantly be southern gospel and will include piano solos, and contemporary Christian songs. Two of the songs will be "Nothing but the Blood," and "Jump." One song, "The King is Coming," will be the grand finale and will feature nine vocalists singing at the same time.

"This will be a huge night," Swanson said. "Anyone who loves contemporary Christian music and southern gospel shouldn't miss the concert."

Swanson is a native of Newport and high school graduate of Springview. He studied music composition at the Moody Bible Institute of Chicago. His CD is of gospel, classical, spiritual and light hearted music, both vocal and piano. He writes, composes and arranges all of his own music.

He taught band and choir at Colome, S.D. and is now a free lance musician.

Swanson's CD will be sold at the concert, as well as at the following locations in Wayne: dianne's, Inspiration Christian Books and Gift store, and at the Abbey in Norfolk.

The event is sponsored by D and D Gospel Productions. For more information, contact Ken Dahl at 402-375-4299 or Bob Dyer at 402-375-5467.

Wayne County Court

Criminal Proceedings

St. of Neb., pltf., vs. Christopher Gaer, Walthill, def. Complaint for Driving While Under the Influence of Alcoholic Liquor. Fined \$500 and costs, sentenced to six days in jail, two years probation, dr. lic. impounded for six months, ordered to attend AA meetings and driving class.

St. of Neb., pltf., vs. Rian White, Bellevue, def. Complaint for Minor in Possession or Consumption (Count I) and Zero Tolerance (Count II). Fined \$350 and costs and dr. lic. impounded for four days.

St. of Neb., pltf., vs. Sarah Shirley, Aurora, def. Complaint for Minor in Possession or Consumption. Fined \$250 and costs.

St. of Neb., pltf., vs. Patrick Boardley, Craig, def. Complaint for Minor in Possession or Consumption. Fined \$250 and costs.

St. of Neb., pltf., vs. Nicholas Crosnoe, York, def. Complaint for Minor in Possession or Consumption (Count I), Possession of Marijuana, One Ounce or Less (Count II) and Possession of Drug Paraphernalia (Count III). Fined \$600 and costs.

St. of Neb., pltf., vs. Todd Bauer, Culbertson, def. Complaint for Minor in Possession or Consumption. Fined \$250 and ordered to pay restitution of \$14 and costs.

St. of Neb., pltf., vs. Christopher Thieman, Omaha, def. Complaint for Public Urination. Fined \$100 and costs.

St. of Neb., pltf., vs. Jonathon Fields, Wayne, def. Complaint for Public Urination. Fined \$100 and costs.

St. of Neb., pltf., vs. Michael Donohoe, Norwalk, Iowa, def. Complaint for Minor in Possession or Consumption. Fined \$500 and costs.

St. of Neb., pltf., vs. Michael Donohoe, Norwalk, Iowa, def. Complaint for Public Urination. Fined \$100 and costs.

St. of Neb., pltf., vs. Nicholas Retzlaff, Omaha, def. Complaint for Minor in Possession or Consumption. Fined \$250 and costs.

St. of Neb., pltf., vs. Brandon Jacobsen, Pender, def. Complaint for Minor in Possession or Consumption. Fined \$500 and costs.

A Quick Look

Date	High	Low	Precip	Snow
Feb. 9	31	12	—	—
Feb. 10	36	18	—	—
Feb. 11	33	18	—	—
Feb. 12	23	10	.06	1"
Feb. 13	24	8	—	—
Feb. 14	52	23	—	—
Feb. 15	51	27	—	—

Recorded 7 a.m. for previous 24 hour period
Precip./mo. — .06" / Mthly snow — 1"
Yr. Date — .35" / Seasonal snow — 12.5"

Chamber Coffee

WAYNE — This week's Chamber Coffee will be held Friday Feb. 17 First National Bank at Third and Main Streets. The coffee begins at 10 a.m. and announcements at 10:15.



Soup dinner

HOSKINS — There will be a soup dinner on Sunday, Feb. 19 at the Hoskins Community Center. Serving will be from 11 a.m. to 1 p.m. The Hoskins Community Improvement Committee is sponsoring this event, with proceeds going to the July 4th fireworks. For more information, contact Jan Bruggeman at (402) 565-4430 or Deb Krause at (402) 565-4519.

Scout Paper Drive

AREA — Wayne Boy Scouts will conduct their monthly paper drive on Saturday, Feb. 18. Newspapers, magazines, office/copy paper and aluminum beverage cans should be separated, bagged and placed at the curb by 8:00 a.m. For more information, contact Jeff Carstens 375-3840.



Winter Story Time

WAYNE — Winter Story Time will be held Saturday, Feb. 18 at 10:30 a.m. at the Wayne Public Library. This week's theme is "My County..." and will focus on patriotic activities. The event is geared toward preschool and early elementary age children.



Ashlyn Pecena, Wayne Elementary

Four people perish in fire in Wisner

On Feb. 9, at approximately 7:41 a.m., a dwelling fire occurred at a home owned by Geraldine Ahlers in Wisner. The fire was battled by Wisner Fire Department, with mutual aid from Beemer Fire Department.

Mrs. Ahlers was not home at the time of the fire but four family members perished in the fire. Darin Ahlers, 32, Damion Ahlers, 5, and Dustin Ahlers, 4, were pronounced deceased at the scene. Deon Ahlers, 3, was transported by Wisner Fire and Rescue to St. Francis Memorial Hospital in West

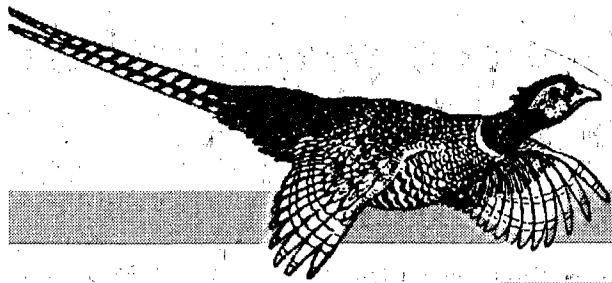
Point, where he was pronounced dead.

According to State Fire Marshal Chief Investigator Jack Malicky, the fire was investigated by the State Fire Marshal, Wisner Fire Department, Wisner Police Department and the Cuming County Sheriff office. The fire was declared to be accidental. The cause of the fire was from children playing with matches. No smoke detectors were found in the home.

The Northeast Nebraska Chapter of the American Red Cross in Wayne was on the scene most of

the day on Feb. 9 and provided aid to the survivors for clothing, food and shelter, as well as the availability of trained Red Cross mental health workers to the family. They continue to be in touch with the family and will in the days and weeks ahead. The local Red Cross chapter also assisted the family with funeral expenses.

Accounts are set up at two banks in Wisner: Citizens National Bank and Pinnacle Bank, as a fundraiser to assist the family with expenses. Anyone wanting to help can send donations to those banks.



Letters

Appreciates efforts to raise awareness

Dear Editor,

At the beginning of February I signed a proclamation concerning Go Red for Women Day on Feb. 3 and recognizing the seriousness of cardiovascular disease and its effect on women.

Thanks to the WSC Strategic Communications class for taking on the project to make us more aware of this killer. I was surprised to learn how serious heart disease is for women and how unaware we all are of its toll. Everyone needs to become educated about the actions they can take to protect themselves against heart attack and stroke.

However, women bear a special burden as we tend to be the example for our families when it comes to health care. We owe it to our children to set a good example by taking care of ourselves even when it seems that there is no time.

As February is National Heart Month, please lead by taking action to protect your heart for yourself, your significant other and your children.

Change starts with you!

Lois Shelton, Wayne

Thanks for the honor

Dear Editor,

I wanted to express my sincere appreciation to everyone for their kind remarks (and baked goods) following the recent recognition I received from the Wayne Chamber of Commerce.

It is truly an honor to be singled out. I consider it a real privilege to live in a town filled with so many people who are willing to give of themselves to make Wayne a great place to live. We all play our part. I guess my job makes me a little more visible.

With your permission, I would like to dedicate this award to some real heroes: those men and women who put their lives on hold to serve our country overseas. Let's continue to do all we can to support them.

Being a Christian, I conclude with an exhortation from the 10th chapter of Hebrews: "Let us hold unswervingly to the hope we profess, for he who promised is faithful. And let us consider how we may spur one another on toward love and good deeds."

Thank you,

Dan Baddorf, Wayne

To our family, friends and neighbors

We want everyone to know how

Wayne Area Economic Development, Inc. sets priorities for 2006

The Wayne Area Economic Development, Inc. (WAEDI) board of directors met recently at the Lied Winside Public Library for their first organizational retreat. The community of Winside is very fortunate to have such a beautiful facility and if you have not visited the library be sure to do so in the near future.

The retreat focused on brainstorming and prioritization of goals. The WAEDI board's top ten priorities are:

- 1. Formation of a for-profit investment club;
- 2. Sixty new housing units within five years;
- 3. Program of incentives for new/expanding businesses;
- 4. Expand membership base;
- 5. Bring one (1) new business to

much we appreciate all the help and kindness we received from you.

It is hard to express the emotions we felt from watching the flames to all of the generous help we have received. You have truly made a difference in our lives with your gifts, concerns, visits and phone calls. We will always be grateful to you.

The restoration on our home is going forward, so hopefully we will be back home very soon.

We would like to thank Marguerite Janke for letting us move into her house.

Thank you to all the businesses, individuals and organizations who helped at our benefit.

Thank you also to the Wayne and Carroll fire departments for all that they did - like saving our Christmas presents. And to the Winside fire department which was also ready to respond if called.

Again, our sincere thank you for your generosity and prayers.

Ken, Lorree, Kennra and Kaydee Dunker, Kerl, Lyla, David, Joshua and Sherree

Donations appreciated

Dear Editor,

Goodwill Industries of Sioux City wishes to take this opportunity to thank the many donors who contributed to the recent Ambassador drive in Wayne. During your last Ambassador drive, community Ambassador volunteers helped to collect 11,000 pounds of donated materials which will be distributed to any or all of our 16 Goodwill regional store locations.

Your next Ambassador trailer will arrive on April 20, 2006.

The businesses, families, organizations and individuals who provided donated materials will help Goodwill to meet its goals for this year.

These donations will enable Goodwill to provide services to more than 200 program participants in a variety of locations. Your donations also help to provide jobs to 400 Goodwill employees in four states.

Again, we thank your community for its generosity of spirit in helping Goodwill achieve its mission. We look forward to serving you soon. Please feel free to contact me at the number below with any questions or concerns regarding the Ambassador donation drives. If you or a group from your community would be interested in a tour of the Goodwill Central Administrative Offices and store in Sioux City, please call the number below and ask for Georjean Bailey.

Tami Anderson, Ambassador Assistant 877-608-7775

Capitol View

Medicaid and education consume budget

By Ed Howard

Statehouse Correspondent
The Nebraska Press Association

The trouble with history is that you have to hang around and wait for it to happen.

There's no "fast forward" gizmo, or crystal ball, to ease the gnawing curiosity about how some of Nebraska's problems will be resolved.

Or, not.

In the 1970s it was easy to project what was going to happen on the property tax front: The eastern part of the state would develop enough population to rewrite tax and aid formulas that were tilted to favor rural counties. It happened.

It was equally as obvious that, eventually the state would step in and require county officials to do their duty, and regularly update valuations on real property. It happened.

It is easy to see that Nebraska now faces a problem that dwarfs virtually every other inconvenience it has faced in more than a century. One part of the problem is Medicaid. The other part is called "state aid to schools."

News stories about one element or another of the state's financial situation pour out of the Capitol every week. It has been ever thus. It will remain so, unless some sort of economic lightning or sea change in national policy come along.

What causes the big itch of curiosity is that, until now, it wasn't difficult to envision most problems being solved, as soon as solving it became politically safe, or mandated by the feds or the courts.

The potential nightmare facing Nebraska in the next few decades, and even the next half-century, is another matter.

You have read it before. You will read it again.

Medicaid and education are on track to eat up more than half of the state's budget in less than 10 years. Got that? More than half of the entire budget of the State of Nebraska!

What if you were told that a single, unavoidable personal expense, such as food or rent, was going to take 50 percent of all your earnings in a few years, based on your current financial outlook? You would start looking for ways to bring in more dollars, and/or cut other expenses in a big, big way. You might also hope for a bailout from a wealthy relative, but it's clearly something that shouldn't be counted upon.

Well, that's where Nebraska appears to be.

There is no indication of an end to the ever-increasing costs of Medicaid and education.

There also is no indication that the state is on the way to finding some enormous source of new revenue. Being 49th among 50 states

in economic development doesn't give one cause for optimism, either.

How about the rich relative? In this case, that would be Uncle Sam.

If the rich uncle doesn't have what former Fed Chairman Greenspan would call a catastrophic economic event, will Medicaid be overhauled, or money forwarded to the state, to solve the problem? (Do you think China will still be lending us money by then?)

Nebraska isn't going to cease to exist, regardless of how this mess gets sorted out. Life will go on.

Still, having watched the political and policy scene from the Tower on the Plains over a long (long) period of time, an imagined solution to the aforementioned puzzle remains beyond reach.

The view from here: At this writ-

ing, the best bet is intervention by the feds through a rewrite of Medicaid mandates, or a whopping increase in aid dollars, or both. Perhaps this view is based on having seen any number of "economic development" gambits come and go, or stay. There are always "big bang" schemes - like a village-sized lake between Omaha and Lincoln that would somehow get people to stop here on the way to somewhere else.

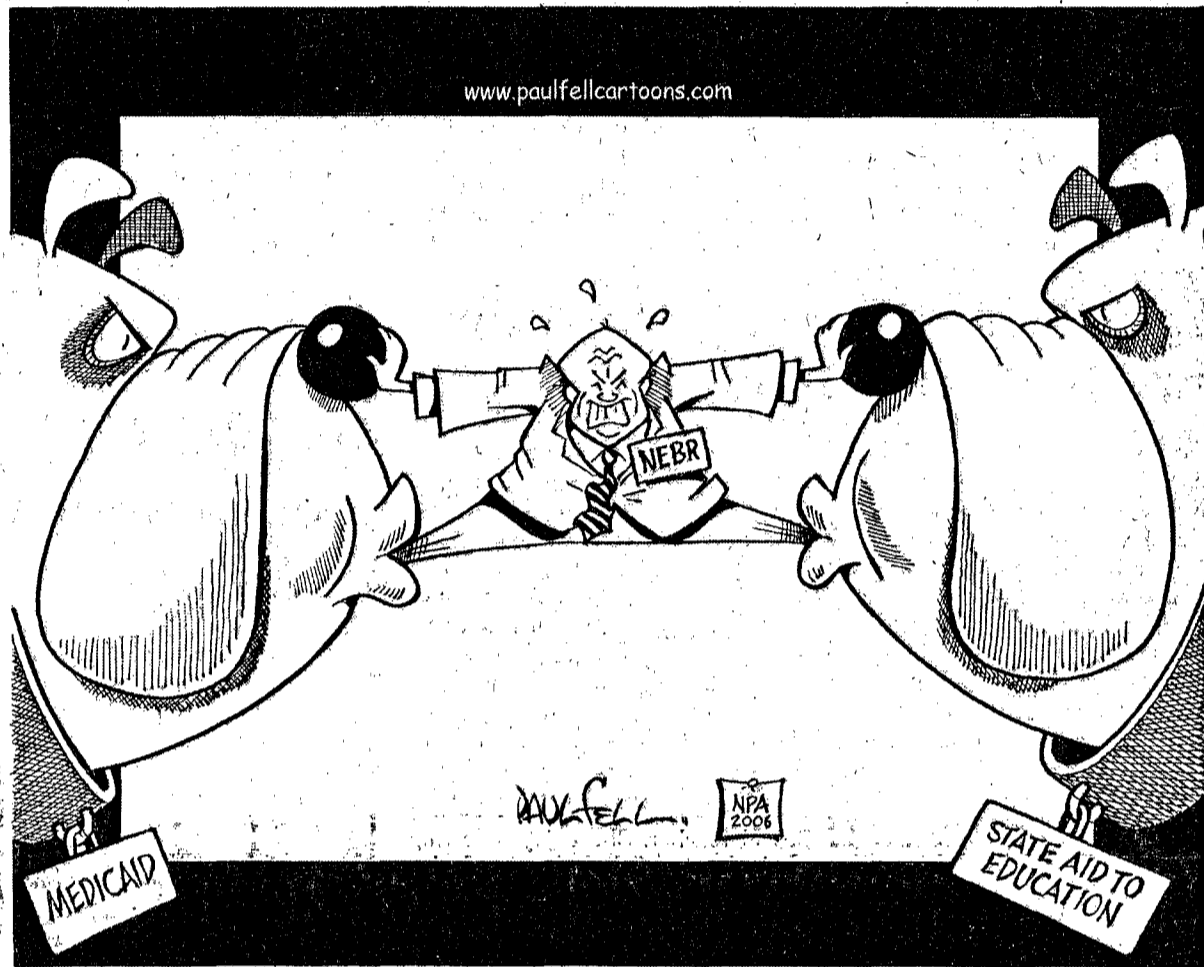
As for aid to education, state obligations, spelled out in statute and the state constitution, could be subject to change.

That's the view today.

Tomorrow?

Hmmmm. Do you know a really, really, good fortune teller?

Lobbyists need not apply.



Legislators complete sixth week of this session

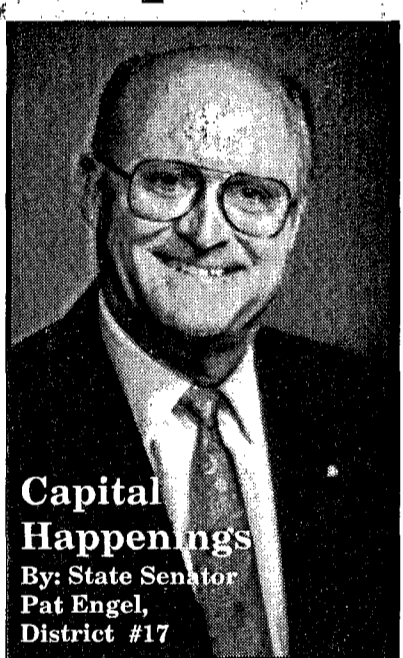
In the sixth week of the Legislative Session, the Legislature advanced 18 bills and heard many divisive issues in committee hearings this week.

The Appropriations Committee began the week with a full house for a hearing on the proposal to create a large lake and dam over the Platte River between Lincoln and Omaha. A large group of citizens from Ashland came to the Capitol to protest the proposal because it would require the relocation of their town. The proposal, LB 1121, requested \$3 million in state funds for a feasibility study.

While many argued the lake could bring economic benefits to Nebraska, other studies have been done on the idea and the project faced significant hurdles. Ultimately, the committee could not justify the cost of \$3 million, and we killed the bill that evening.

Money from the Environmental Trust Fund is another heated issue that has faced the Appropriations Committee recently. The Nebraska Environmental Trust was created in 1992 to distribute lottery funds to projects that protect natural resources. A section in the Governor's budget request contained in LB 1060 states the Trust must prioritize in its grant projects for next year soil cleanup projects by the Department of Environmental Quality and the University of Nebraska.

Many have disagreed with the



Capital Happenings

By: State Senator Pat Engel, District #17

Governor's proposal, but the Trust will still retain power to prioritize and distribute the funds as they see fit. I have received numerous letters on this subject and appreciate hearing how my constituents feel about the issue.

This week I designated my landfill yard waste bill, LB 776, as my priority bill. On Wednesday, the bill was heard on the floor and there was strong support for the bill. The Legislature advanced the bill with a vote of 30-0. The bill will allow landfills to accept yard waste year round with the approval of the Department of Environmental Quality for the purpose of creating

methane gas that will be used as fuel.

As I have shared with you before, this change will benefit the ethanol plant being built near the Jackson landfill. The ethanol plant will sit about one mile from the landfill and will use the clean-burning methane produced at the landfill to operate the plant. It is estimated the methane gas will provide about 15-20 percent of the plant's initial energy needs, and the addition of more yard waste to the landfill will create even more methane. The use of methane will reduce the amount of fossil fuels the plant must use to produce ethanol, replacing them with a clean-burning fuel. The public will also benefit from reduced methane gas emissions into the air because they will be diverted from the landfill to the ethanol plant.

On Thursday, I introduced LB 1246 before the Government, Military and Veterans Affairs Committee. LB 1246 strikes the term "election day," replacing it with an explanation that electioneering is not allowed at a site where voters are casting ballots, or within 200 feet of that site. The

vague nature of the current statute has left many questions for people who live within the 200-foot zone of a courthouse who wish to place campaign signs in their yards.

Currently, state statute is clear that these activities may not occur on election day. However, the Secretary of State's office and county clerks have interpreted this provision to also include the time period when the county clerk's office accepts early voting ballots. This bill simply writes that practice into state statute. The Committee received letters of support from the County Clerks, Election Commissioners, and Register of Deeds Association and the Nebraska Association of County Officials. I feel this bill is very important because it clarifies the law for citizens and removes any questions of doubt about what the law really means.

If there is anything I can do for you, please do not hesitate to contact me at my Lincoln office: Sen. Pat Engel, District 17, State Capitol, P.O. Box 94604, Lincoln, NE 68509; (402) 471-2716; or lengel@unicam.state.ne.us.

The Wayne Herald

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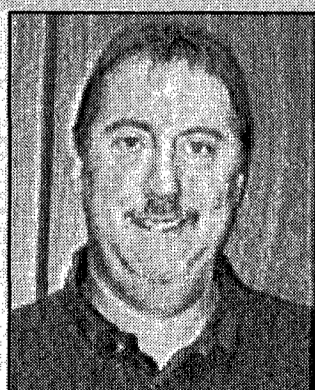
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Police Department is handling heavy case load to begin new year

The Wayne Police Department has begun the first six weeks of the new year responding to 12 felony cases, as compared to seven for the same time period in 2005.

So far this year officers have investigated four Third Degree Assault cases, one involving a serious injury to a 20 year old Wayne State College student. This assault happened at an off campus party early in the morning of Jan. 20. Twenty-two year old Rogelio Barba of Schuyler has been arrested and charged with Third Degree Assault.

There have been three First Degree Sexual Assault complaints, one involving a minor child, and one Third Degree Sexual Assault complaint made to the police department. The Nebraska State Patrol has been asked to help investigate one of these cases due to the police department's caseload.

In addition officers wrapped up three pending sexual assault complaints from 2005, that resulted in felony charges being filed against Michael Tierney, Clayton Mace, and Nathan Micek.

Officers have investigated two felony vandalisms. One of these involved the theft of an entire Coke machine from in front of Rainbow World. The suspect(s) took the Coke machine to a farmstead just out of the city limits and used a grinder to try and open the coin box. All they got for their trouble

was tired. The Coke machine was destroyed. Nine misdemeanor criminal mischief complaints have also been investigated.

Officers have investigated three felony thefts and nine misdemeanor thefts since the start of 2006. Some of the property stolen was the Coke machine, a Guess brand Paris Hilton signature purse and a Bebe brand wallet.

Four persons have been taken into Emergency Protective Custody for mental health reasons in the past six weeks as well. Under Nebraska law police officers can put people they believe is both mentally ill and dangerous to themselves or others into protective custody. When this happens the person is taken to a mental health facility for evaluation. If the person is an adult they are taken to Faith Regional Health Services but a juvenile must go to either Lincoln or Omaha.

Police Chief Lance Webster said the departure of former Officer Bruce Hokel, who went to the Sioux City Police Department, and the deployment of Officer Gerald Klinetobe with the 189th has certainly had an impact, especially given the high caseload.

Webster said his officers and dispatchers have been making the needed adjustments to insure that police services are provided at the level the public has come to expect.



Daryl Schrunk of Atkinson will be principal at Wayne Elementary School beginning July 1. His family includes, left to right, Kayla, Lynelle, (Daryl), and Matthew.

New principal hired for Wayne Elementary School

The Wayne Community Schools Board of Education approved hiring Daryl Schrunk of Atkinson to be principal at the elementary school. He will begin his duties on July 1. He will replace David Lutt who is retiring. Lutt has been principal at the elementary school for 29 years and has been working in education for 39 years.

Schrunk is administrator at Atkinson Elementary/Jr. High

School in Atkinson. He is completing his third year. He received his Bachelor of Arts in Elementary Education degree at Wayne State College and his Master's of Science in Curriculum and Instruction through WSC. He received his Administration Endorsement through WSC. Prior to Atkinson, he taught fifth grade at Pierce Elementary and sixth grade at Humphrey St. Francis.

He met his wife, Lynelle, at WSC. She is a paraprofessional at the elementary school in Atkinson. She has a degree in Speech Communication/Economic Development. They have a son, Matthew, 10, who is in the fourth grade and a daughter, Kayla, 8, who is in the second grade.

"I have formed a parent/teacher organization in Atkinson, which has enabled better communication between home and school," Schrunk said. "I have a deep love for children and a strong passion for educating them. I am very excited to come to Wayne and to be a part of a system that has strived to educate all students and to help children reach their greatest potentials daily."

Agencies in area to handle medical emergencies

RROMRS, OMMRS, LMMRS, TRMRS, PRMRS? Alphabet soup? No, these are the acronyms of a number of organizations that have been established across the state to respond to medical emergencies.

The collection of letters - RROMRS - stands for Rural Region One Medical Response System, serving Northeast and North Central Nebraska. Formed in 2005, RROMRS works with hospitals and health departments in its area to devise plans to coordinate emergency response of emergency workers, hospital personnel, law enforcement, public health departments and others in the event of a natural disaster or man-made, bioterroristic event.

Ginger Bailey of Bancroft serves as the RROMRS Coordinator. Her job is challenging, bringing together five health departments and 20 hospitals in the 21-county region she serves.

"The majority of the hospitals in my region are critical access hospitals. As such, it is a challenge for them to deal with huge emergencies," Bailey said.

Much of Bailey's work centers on helping local communities and their mutual aid organizations

frame and execute exercises to test the success of emergency plans that have been written. She recently completed an assessment of all local hospitals, charting the number of patients the hospital has room for, and the amount of antibiotics in stock. In January, RROMRS will begin work on one-year and five-year plans. Communication will be a major focus: communication between hospitals and nearby rescue squads.

For instance, in Wayne County, this includes collaboration with Providence Medical Center. Bailey used an anhydrous ammonia tank spill as an example of a time when a disaster plan could be put into action. "If one hospital is overwhelmed with the number of patients who come into the emergency room, the RROMRS data base will be able to tell the number of staff who are trained in decontamination methods from other hospitals who could assist, the kinds of equipment available, or where to send an overflow of patients."

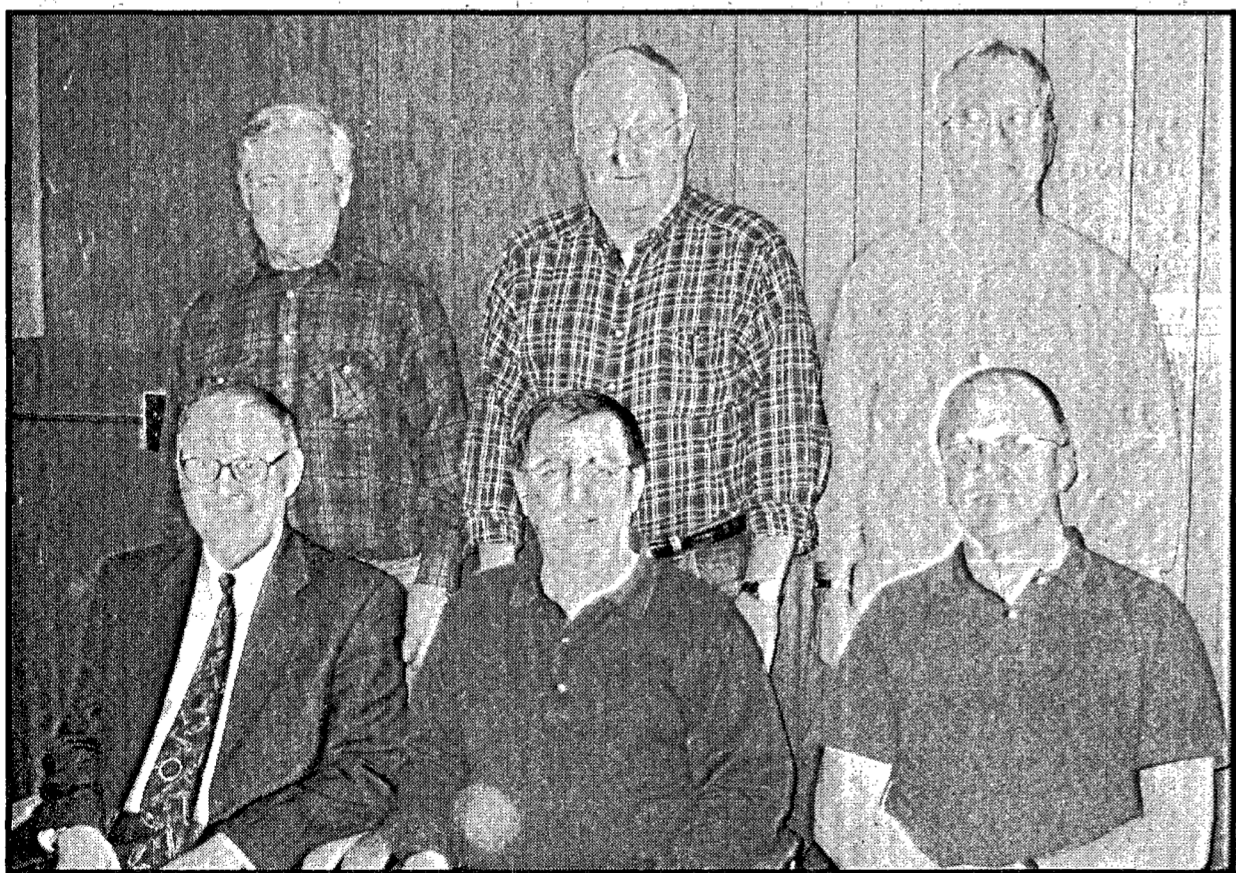
Federal grants have funded the three rural networks and the Omaha- and Lincoln-based metropolitan organizations that make up the statewide response system.

Accident occurs south of Wayne

The Stanton County Sheriff's office investigated a one vehicle rollover accident that injured two women Friday night north of Pilger on Highway 15. The accident occurred at about 6:15 p.m., 11.5 miles south of Wayne.

The driver of the northbound pickup, Darlene Ziegler, 52, Burr Oak, Kan. and her passenger, Marlene Harlett, 53, Superior, were injured when their pickup left the highway and rolled several times. They were taken to Providence Medical Center in Wayne by Wayne Fire and Rescue. Heather Hemminger, service delivery director at the Northeast Nebraska Chapter of the American Red Cross in Wayne, was one of the first cars on the scene and helped with EMS procedure.

There were poor road and weather conditions at the time of the accident. Assisting were the Nebraska State Patrol and Wisner Fire Department.



Members of the Veterans Plaza Committee include, front row, left to right, Galen Wiser, Denny Spangler and Mark Tietz. Back row, Keith Gamble, John Melena and Paul Otte. The group is working to construct a Veterans Plaza in Wayne.

Veterans service organizations working to build a plaza to honor all Wayne County vets

Members of veterans service organizations in Wayne are undertaking getting a Veterans Plaza built to honor all Wayne County veterans. All of the veterans organizations, DAV-disabled, American Legion, VFW, and AmVets, support this important endeavor.

A committee was formed to work on the long term project. The group has been visiting other Veterans Plazas in other towns in Nebraska,

Iowa, Kansas and Minnesota to get ideas for this project. It will be a long term project as the group wants it done professionally so the outcome is deserving to the veterans they are honoring.

A couple of locations being considered for the Plaza include along the highway into Wayne and on the courthouse grounds. Wayne County Commissioners have given their approval for the project to be locat-

ed there if that's what is decided. Fundraising will have to be done in order to complete the project.

Veterans Plaza committee members include Denny Spangler, Paul Otte, John Melena, Mark Tietz, Keith Gamble and Galen Wiser.

If anyone has ideas or would like to donate to this worthy project, they can call Galen Wiser at 402-375-1130.

WSC theatre production of Guys and Dolls to include orchestra

The musical comedy Guys and Dolls will be performed with a live orchestra in Ramsey Theatre, located in Peterson Fine Arts Building, at Wayne State College on Friday and Saturday, Feb. 17 and 18 at 7:30 p.m. There is also a matinee performance on Sunday, Feb. 19 at 2. There is no admission charge. The public is welcome to attend.

Dr. Gwen Jensen will direct the musical. A professional choreographer, Scott Gessford of San Francisco, has been working with the cast and crew for this WSC production. A graduate of both the University of South Dakota and South Dakota State University, Scott holds a BFA in acting and a master's degree in communication studies and theatre.

Written by Jo Swerling and Abe Burrows, Guys and Dolls is based upon "The Idyll of Miss Sarah Brown" a short story by Damon Runyon. Frank Loesser wrote the words and music.

A rollicking musical comedy based around the activities of 1950s New York petty criminals and professional gamblers, Guys and Dolls was a 1955 major motion picture starring Marlon Brando and Frank Sinatra.

Nathan Detroit makes a living by running an (illegal) floating crap game against the wishes of his 14-year fiancée, Miss Adelaide, the featured performer at the Hot Box

Club. Sky Masterson, a gambler of a more lucrative nature, enters into a gamble with Nathan. Nathan bets Sky that Sky cannot take Miss Sarah Brown, a missionary from the "Save a Soul" mission to dinner in Havana, Cuba. Comedy and hijinks ensue as Nathan looks to find a location to host his crap game despite the "heat" of officer Brannigan, his long time nemesis.

Local WSC cast includes: Harry the Horse - Adam Hansen of Wakefield; Gambler - Blake Lyon of Wayne, WSC Faculty and staff; Ronald Lofgren, Janet Roney, Vocal Director - Dr. Ronald Lofgren, Orchestra Director - Dr. David Bohnert, Rehearsal Accompanist - Dr. Linda Christensen, Poster and Programs - Trudy Muir. Local orchestra personnel includes Alex Wieland of Wayne on trumpet.

A unique feature of this production will be WSC students performing from an orchestra pit under the direction of Dr. David Bohnert.

"This will be a great experience for everyone involved. Performing for musicals is unlike any other type of performance. It has been a real learning experience for the music students. It is fun, but challenging music that I'm sure everyone will enjoy hearing. The collaboration with the Department of Theater is an added bonus for us. We are excitedly anticipating opening night," Bohnert said.

Several file for political offices

Wayne County Clerk Debra Finn has released the filings for the various county, city and boards of education positions.

They include:

County filings - Joyce Reeg, Republican, Assessor; Michael E. Pieper, Republican, Attorney; Debra Finn, Republican, Clerk; Debra K. Allemann-Dannelly, Republican, Clerk of the District Court; Kevin Kay, Republican and Kelvin Wurdeman, Republican, Commissioner, District #1; Myron Miller, Republican, Jeffrey S. Farran, Democrat and James Rabe, Republican, Commissioner, District #3; LeRoy W. Janssen, Republican, Sheriff; Terry L. Schulz, Democrat, Surveyor and Karen McDonald, Republican, Treasurer.

City of Wayne filings - Lois M. Shelton, Mayor; Kelby R. Herman and Pat Melena, Second Ward councilmember; Kathryn Ley, Third Ward councilmember; Patty Wieland and Willis L. Wiseman, Fourth Ward councilmember; Logan McClelland, Rod Tompkins and Carl Rump, Wayne Airport Authority.

Board of Education Filings - Steve Jorgensen and Scott Watters, District #95R, Winside.

Carolyn V. Linster, District #17, Wayne.

Lower Elkhorn Natural Resources District, at large - Jean Lutt.

The filing deadline for incumbents was Feb. 15 and the filing deadline for non-incumbents is Wednesday, March 1.

weekly spotlight

Milo Meyer Construction continues to provide quality workmanship to customers

Milo Meyer Construction has been in business for 55 years. Services offered by Milo Meyer Construction include site preparation, demolition, debris and tree removal and basement work. Agricultural work includes making terraces, dams, waterways and bin sites. Also, they have for sale top soil, clay, slag and gravel.

Looking back, Milo Meyer started his firm in 1951 with one piece of equipment. From there the business grew and all four of his sons played a role. Terry, Steve, Bryan (Bud) and Mark all worked for their dad once they were old enough. Milo and his wife, Betty, who did all the book work and bill collecting, ran the business until they retired in 1989. The business was then sold to Terry, Steve and Mark. At that time, Marta Nelson was hired to take care of the book work and secretarial needs. Long time employee, John Paulsen (deceased) worked for Milo Meyer Construction for 31 years.

Terry retired from the business and his one third interest was purchased by Steve and Mark in March of 2004. Steve and Mark continue to carry on the family business and have seven full time and several part time employees. They have 13 pieces of equipment including excavators, scrapers, motor graders, bull dozer, dump trucks and compaction equipment.

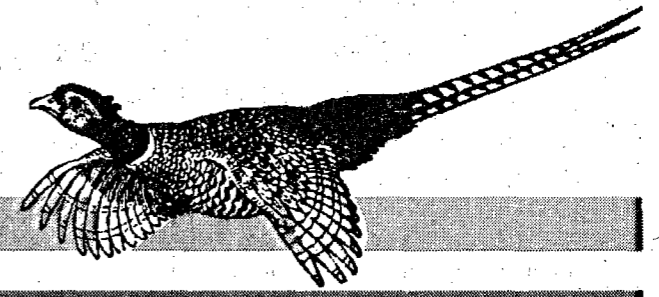
Milo Meyer Construction continues to provide professional, quality workmanship at a fair price to their customers. Many of Milo Meyer customers are repeat clients because of the company's workmanship. Milo Meyer Construction works for approximately 300 customers every year and strives to keep them happy. Milo Meyer Construction has survived for 55 years because of hard work and commitment to excellence.

Milo Meyer Construction is located on 511 Centennial Road, east of Wayne. Office hours at Milo Meyer Construction run from around 7 a.m. to 6 p.m. weekdays. They are open on many Saturdays too. Anyone with questions can reach them at 375-3440.

Staff at Milo Meyer Construction includes, front row, left to right, Daryl Reifenrath, Cody Stracke and Marta Nelson. Middle row, Andy Johnson, Clint Miillie, Mark Meyer and Steve Meyer. Back row (sitting on the machine) is Jeff Carlson.

Sports

The Wayne Herald



Wayne and Winside qualify wrestlers for state tourney

Blue Devils send two, defending Class D champ Wildcats to be represented by four at Qwest Center Omaha

Wayne and Winside will both be represented at the state wrestling tournament that kicks off today for its debut at the Qwest Center in Omaha.

Wayne qualified two wrestlers, Bren Vander Weil and Sheldon Onderstal in Class B, while defending Class D state champion, Winside will send four grapplers to the tournament this year.

Winside's Jordan Brummels, Andrew Sok, Tucker Bowers and Dewey Bowers finished with a combined record of 14-2 at last weekend's district meet in Stanton to qualify for the state meet.

Sok, Brummels and Dewey Bowers all will make return trips to state as each was a member of last year's championship squads.

Sok placed third last year, while Bowers finished in fifth.

Both Wayne wrestlers will be making their first appearance at the state tournament.

First-year Wayne High coach Greg Vander Weil said that three other Blue Devil wrestlers, Jordan McDonald, David Loberg and Brian Zach were just one match away from making it to Omaha as each advanced to the "heartbreak" round which determined top four wrestlers in the Class B district meet at Gretna.

He said David Loberg, the lone Wayne High senior, filled his leadership role well at the district tournament.

"All three were so close to mak-

ing it in a very tough district," Vander Weil said.

Wayne finished eighth overall in the team standings with 45 points.

Vander Weil's son, Bren, battled through a brutal 215-pound bracket for his third place finish.

After notching a pin in the quarterfinals, Vander Weil lost 12-7 to eventual district champion Eric Jackson of Boy's Town.

His next task was working through the consolation bracket where he picked up a win by a pin in the semifinals and secured his third-place finish with an 11-6 decision over Matt Muschall from Omaha Skutt Catholic.

Onderstal (125) opened district with 14-9 and 12-2 wins before losing 17-6 in the championship semifinals. He sealed his trip to state with a 15-10 decision over Dan Poly of Omaha Gross and dropped his final match 3-2 to claim fourth place.

Other Wayne finishes at Gretna were: 112 - Trent Doescher 0-2, 119 - Zach Long 1-1, 135 - Jordan McDonald 1-1, 140 - Curtis Pilger 1-1, 145 - Derick Dorsey 0-2, 152 - Nate Hanson 0-2, 160 - David Loberg 1-1, 171 - Brian Zach 1-1, 189 - Jon Pieper 0-2.

Winside's Jordan Brummels (130) will make his return to state as he comes off a 3-1 decision over state-ranked No. 1 Casey Schalk of Cedar Rapids in Saturday's district championship

final at Stanton.

Senior Andrew Sok (135) will make his final appearance at state after a second-place finish off a 3-2 decision loss to Levi Melcher of Lindsay Holy Family.

Dewey Bowers (152), who placed fifth at state last year, tallied a 4-0 record at districts, including a pin of Kenny Wurdinger in 1:10 in the district championship final.

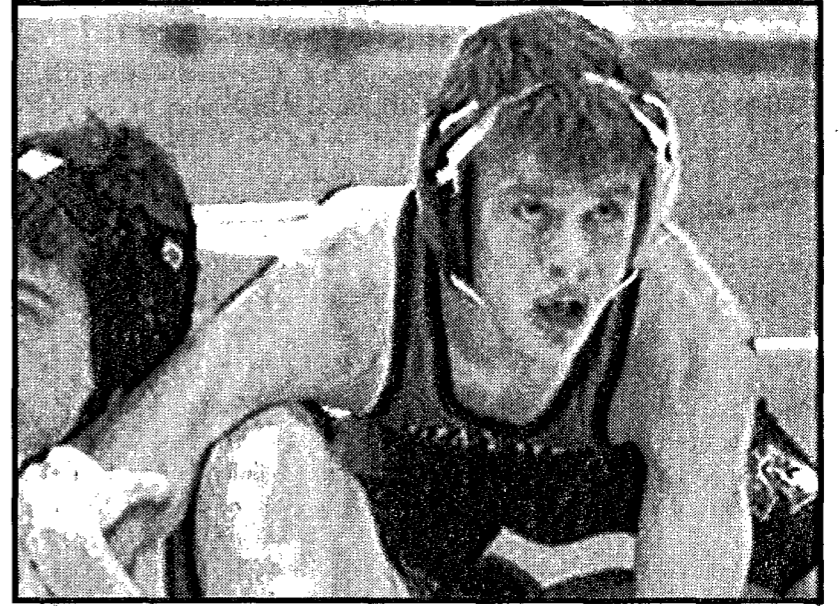
Tucker Bowers (145), will make his first trip to state this season and capped his 4-1 showing at districts with a 9-2 decision over Stanton's Chad Oestrich.

Other Winside finishes at dis-

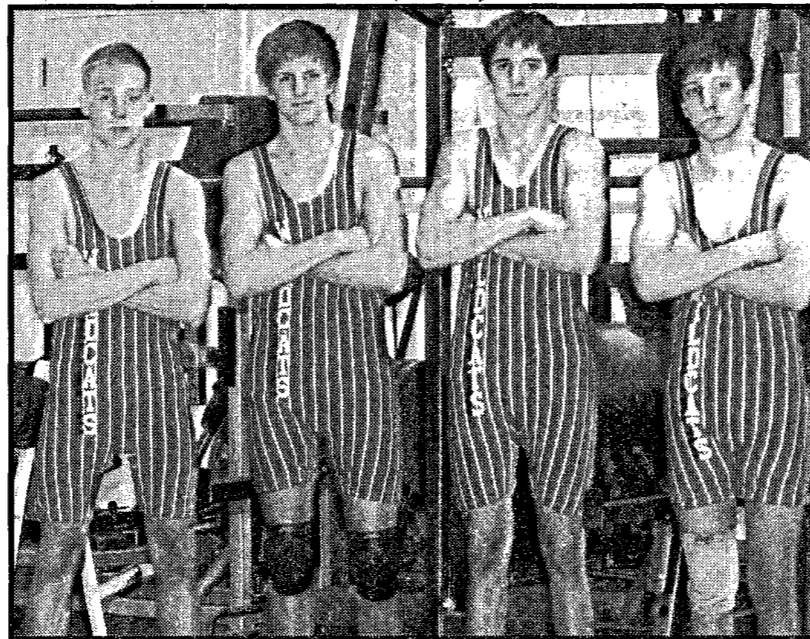
trict were: 140 - Josh Staub 3-2, 160 - Chris Thies 1-2, 171 - Ethan Taylor 2-2, Cody Lange 1-2.

District results from Wayne Herald coverage area teams Wakefield and Laurel-Concord, both who wrestled at Battle Creek last Friday and Saturday, were unavailable.

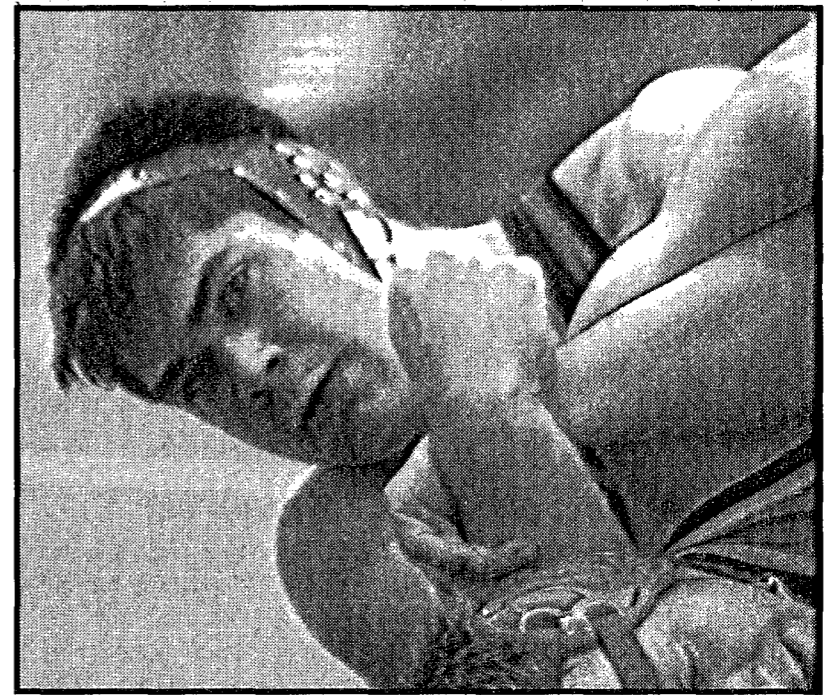
The Class B tournament was slated to start a 8:30 a.m. Thursday (today) and Class D gets underway at 4:30 p.m. Semifinals and consolation matches will run on Friday, with final matches set for 2 p.m. on Saturday.



Wayne High state qualifier Sheldon Onderstal



Winside state qualifiers (left to right) Jordan Brummels, Dewey Bowers, Tucker Bowers and Andrew Sok.



Wayne High state qualifier Bren Vander Weil

No place like Home

The incredible ride that's been the Wayne State women's basketball season made its final two home stops over the weekend as the Wildcats added two more wins and set a new school mark for consecutive victories.

The wins solidified the Wildcats at 21-2 on season and expected to set up a return home contest for WSC in the first round of the NSIC tournament on March 1.

Wayne State also moved up three spots in the national Division II polls earlier this week by cracking into the Top 20 at No. 20.

The Wildcats began the weekend with a dominant 91-58 victory over Bemidji State in Northern Sun Intercollegiate Conference play on Friday night at Rice Auditorium.

WSC shook off an early 13-12 deficit with a 7-0 run to jump out to a 19-13 that was sparked by Erin McCormick at the 11:19 mark in the first half.

The Beavers came back to pull within three points at 23-20 before the Wildcats went on another run en route to a 22-12 lead at intermission.

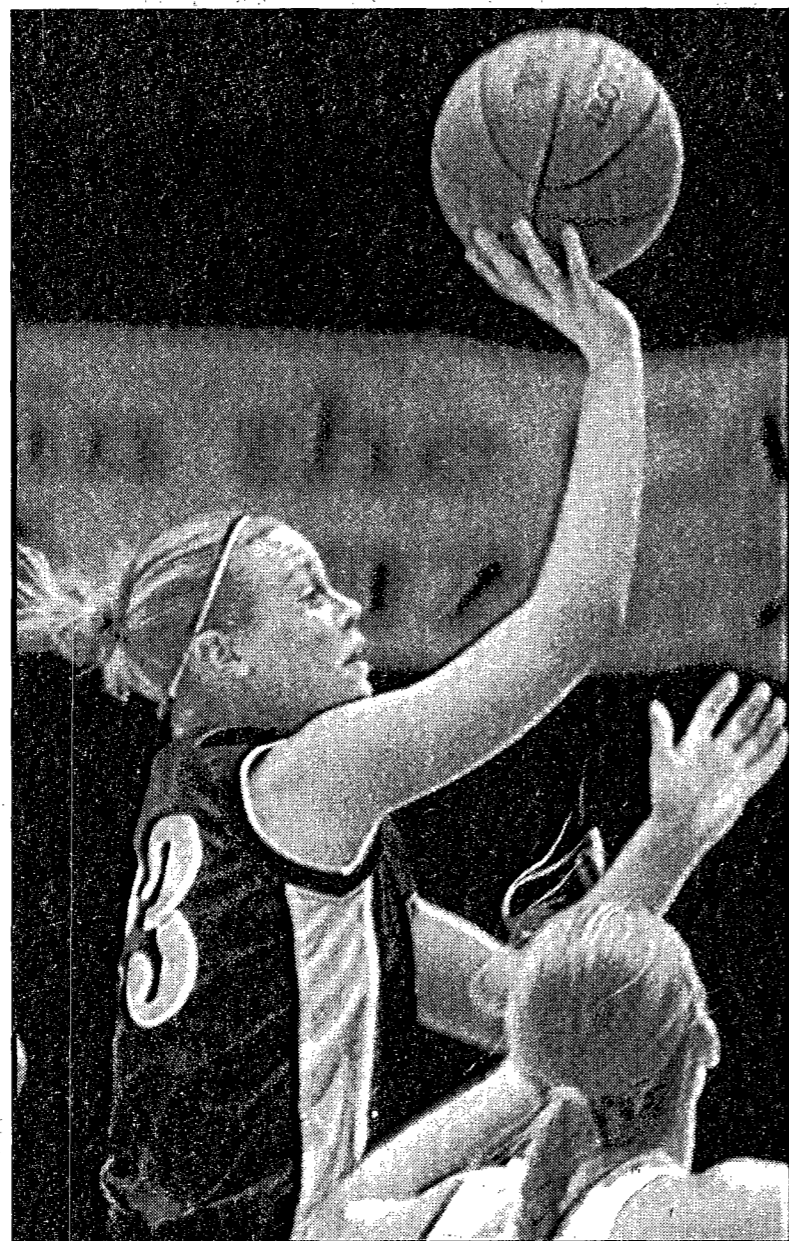
Amanda Covington led another WSC charge after the break to set off a 17-8 run with 12:40 left in the contest en route to the 91-58 final score.

The Wildcats opened the second half with a 17-8 spurt and led 62-40 following a layup by Amanda Covington with 12:40 remaining in the game. Bemidji State never came closer than the final score.

All 10 players scored for Wayne State in the win, led by McCormick's second double-double of the season, 19 points and a career-high 12 rebounds.

Nicole Gruntorad also reached double figures with 16 point, while Lauren Gustafson handed out a career-high 10 assists to go with nine points.

Wayne State shot 51.6 percent from the field on 33-of-64, including 13-of-28 from the three-point line. The Wildcats held a slim 37-33 advantage in rebounding thanks to McCormick's 12 rebounds.



Nicole Gruntorad takes to the air for a shot in last Saturday's home contest against Crookston.

Bemidji State 32 26 - 58
Wayne State 45 46 - 91

Wayne State scoring: Erin McCormick 19, Kristen Humphries 8, Lauren Gustafson 9, Allison Steffen 9, Nicole Gruntorad 16, Amanda Walker 6, Kylee McGill 2, Ashley Arndorfer 9, Jackie Knievel 6, Amanda Covington 7.

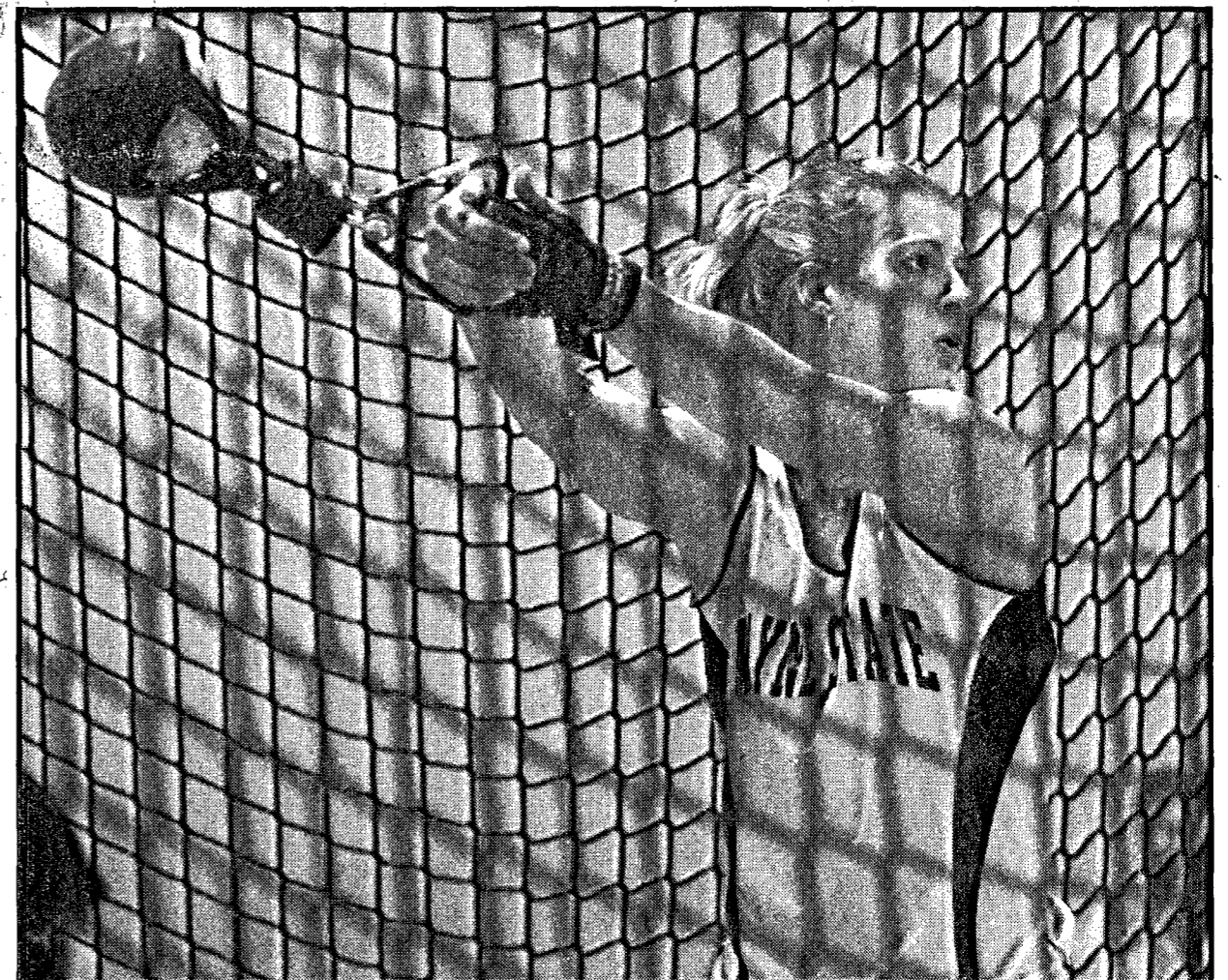
Several tears were shed by three seniors as they received special recognition on Senior/Parent's Night to close out the regular home season schedule with a 79-50 win against Minnesota-

Crookston on Saturday night at Rice Auditorium.

Seniors Nicole Gruntorad, Kristen Humphries and Ashley Arndorfer all received standing ovations as they approached the bench in the final minutes of play in a game that saw the Wildcats set a new school record for consecutive wins.

The 14 straight wins by WSC eclipsed the previous mark of 13 straight set by the 1976-77 team

See HOME, page 2B



Lindsey Stockwell placed second in the 20-pound weight throw at last Saturday's Wildcat Open Indoor track team. Wayne State's men's and women's indoor track teams posted 14 wins and set five new school records at the meet.

WSC indoor team fares well at home invitational

It was another day of spectacular performances for the Wildcat indoor track team.

The Wayne State indoor track and field teams recorded 14 wins and five new school records last Saturday at the Wildcat Open Indoor Track and Field Meet held at the WSC Recreation Center.

The Wildcat men's squad picked up nine wins and three new school records, while the women's team collected five wins and two new school marks.

Wayne State was one of 13 schools competing at the meet, along with Briar Cliff, Dakota State, Dana, Dordt, Midland Lutheran, Morningside, Mt. Marty, Northern State, Northwestern, University of Sioux Falls, South Dakota and York College.

Tim Pilakowski had a big day for the WSC men's team, winning the 55-meter dash (6.53 seconds), 200 meter dash (22.93), long jump (22-9 1/2) and second in the triple jump (45-6).

Freshman Ben Jansen set a new school record in winning the 600-meter run in 1:23.26, breaking the old mark of 1:23.80 set by Corey Kriz in 2004.

Matt Schneider picked up two wins, taking the one mile run in 4:23.76 and winning the 3,000-meter run in 9:01.65.

Freshman Ryan Williams took first in the 800 meter run (2:03.08) and Nate McIntire won the 1,000-meter run in 2:40.12.

The men's 3200-meter relay team of Nate McIntire,

Matt Schneider, Ryan Williams and Ben Jansen claimed first place with a time of 7:59.52.

Two new school records were set by a pair of freshman as Matt Doggett cleared 14-6 to place second in the pole vault and John Sloup took fifth in the 35-pound weight throw with a mark of 48-3 3/4.

Other top men's finishers included: J.J. Washington, second in the 55-meter dash (6.54); Matt Schaffer, second in the 400 meter dash (52.52); Ben Crabtree, second in the 3,000 meter run (9:03.03); Cole Liska, third in the triple jump (45-3); 1600 meter relay team (Kelly Brink, Ryan Williams, Ben Jansen, Matt Schaffer), second in 3:32.17; Kelly Brink, fourth in the 400 meter dash (52.85); Ben Crabtree, fourth in the one mile run (4:33.82) and Nathaniel Bergen, fifth in the 1,000 meter run (2:43.04).

Highlighting the WSC women's day was a first place finish by junior Tanna Walford in the high jump, tying her own school record with a mark of 5-7.

Teammate Jade Lippman, a freshman from Pierce, took sixth in the event with a personal best mark of 5-1.

Erin Oswald set a new school record by taking first place in the 600 meter run in 1:39.06, topping the old school mark of 1:42.45 set by Angie Kraus in 2003.

Other wins were recorded by Nicole McCoy in the one mile run (5:25.62), Erin Norenberg, who won the

See FARES, page 2B

Sports Notebook

City league basketball playoffs begin

WAYNE — The Wayne City Rec/Leisure Department conducted men's city basketball league playoff games on Feb. 8. Results were:

Team 6 — 58, Team 5 — 43

Team 6 leaders — Steve Heinemann 17, Derek Anderson 11, Pat Melena 9. **Team 5 leaders** — Tyler Kvols 17, Pat Arena 8.

Team 4 — 62, Team 2 — 49

Team 4 leaders — Kelly Herman 30, Lee Stegemann 21. **Team 2 leaders** — Brad Jones 13, Craig Walling 15, Randy Gamble 10.

Grade 7 team travels to North Bend

NORTH BEND — The Wayne Grade 7 City Rec/WBDA girls basketball team took third at North Bend Tournament on Feb. 4. Wayne lost to Blar 32-19 39-31 in the first game and defeated the Lady Raiders 40-15 in the third place game.

Wayne scoring vs. Blair: Jaime Belt 7, Taylor Stowater 5, Carissa Fehringer 4, Becca Jaixen 2, Mashayla Ruzicka 2.

Wayne scoring vs. Lady Raiders: Stowater 14, Fehringer 6, Rachel Gilliland 6, Jaixen 4, Beth Barelman 4, Rachel Maxson 4, Belt 2.

Grade 5 opens new season

The Wayne Grade 5 City Rec/WBDA boys basketball team went 4-1 to open the season at the Laurel Tournament on Feb. 4. Wayne downed Laurel 29-16, lost to Yankton 26-24, defeated the Laurel Jr. Cubs 57-8, beat O'Neill 30-22 and won 25-18 over the Wayne Grade 4 team.

Wayne scoring vs. Laurel: Eric Schoh 4, Drew Carroll 5, Danny Melena 3, Steve Sherman 1, Chris Rodgers 6, Brady Soden 6, Layne Hochstein 2. **Wayne scoring vs. Yankton:** Carroll 4, Hochstein 2, Melena 2, Rogers 12, Soden 4. **Wayne scoring vs. Laurel Jr. Cubs:** Carroll 4, Schoh 6, Hochstein 6, Melena 2, Rogers 6, Soden 6, Bradley Longe 3, Tyler Robinson 14, Sherman 4, Ramsey Jorgensen 6. **Wayne scoring vs. O'Neill:** Carroll 6, Melena 2, Rogers 8, Soden 12, Robinson 2. **Wayne scoring vs. Wayne Grade 4:** Carroll 7, Melena 5, Hochstein 4, Soden 8, Longe 2.

The team split games at the Wayne Tournament on Feb. 11. Stanton downed Wayne 26-16 in the first game of the tourney, while Wayne beat Battle Creek 34-25 in the second game.

Wayne scoring vs. Stanton: Schoh 2, Carroll 7, Hochstein 3, Melena 2, Sherman 2, Soden 5. **Wayne scoring vs. Battle Creek:** Carroll 8, Hochstein 14, Longe 2, Soden 10.

Parent's Night planned for Friday

WAYNE — The Wayne High boys basketball team and She Devils dance squad will host Parent's Night during the Pierce game at Wayne High on Friday, Feb. 17.

Volleyball league signup set

WAYNE — The Wayne City Recreation Department will sponsor women's league volleyball on March 9-April 20. Signup for the league, for players age 19-and-up, is due by Tuesday, Feb. 27. Players are responsible for organizing their own team. League play nights will be on Thursdays and signup fee is \$75 per team. Registration forms are available at the Community Activity Center.

Tournament volunteers needed

WAYNE — Volunteers are needed in various capacities for the 18th annual Wayne City Rec/WBNA boys and girls Grades 4-8 basketball tournament set for Saturday, Feb. 25. Those interested in helping at the tourney are encouraged to contact Jeff at the Wayne Community Activity Center at 375-4803.

Softball, baseball registration planned

WAYNE — Signup for summer league girls fast pitch softball and boys Little League and Pony League baseball registration will take place in the coming weeks. Softball signup will run Monday-Wednesday, Feb. 27-March 1 from 5-7 p.m. at the Wayne Activity Center. Fees for softball will be \$30 for the 10s, and \$40 for all other age groups. Baseball registration will run March 2-3 and March 6 from 5-7 each day at the the Activity Center. Registration is \$40. For information, call the Activity Center at 375-4803.

Home

(continued from page 1B)

hat finished the season with a 25-7 record.

The game was close early at Minnesota-Crookston held an 18-16 lead with 9:20 remaining before WSC went on an 11-0 run, to go up 30-18 with 5:47 left in the first half.

Wayne State went on to lead 39-26 at halftime and pulled away in the second half for the 79-50 win.

For the second straight night, all 10 players scored for the Wildcats and were paced by Gruntorad's double-double with 14 points and a career-high 11 assists.

McCormick added 13 points and Humphries finished with 12. The Wildcats shot 47.6 percent from the field on 30-of-63, including 7-of-20 from behind the arc and 12-of-16 at the charity stripe.

The Golden Eagles won the rebounding battle over WSC, while Gruntorad, Covington and Kylee McGill each grabbed five boards for WSC.

Wayne State will take its perfect conference record on the road to Minnesota this weekend with a stop at Concordia-St. Paul on Friday night and Winona State on Saturday.

Minn-Crookston 26 24 — 50
Wayne State 39 40 — 79

Wayne State scoring: Erin McCormick 13, Kristen Humphries 12, Lauren Gustafson 8, Allison Steffen 7, Nicole Gruntorad 14, Amanda Walker 2, Kylee McGill 4, Ashley Arndorfer 9, Jackie Knievel 6, Amanda Covington 5.

Arndorfer recognized

Senior guard Ashley Arndorfer was named to the ESPN The Magazine/CoSIDA Academic All-America District VII Third Team as voted on by members of the College Sports Information Directors of America last week.

Arndorfer, from Algona, Iowa, carries a 3.95 grade point average majoring in life science/pre-med. And averages 7.5 points per game for the Wildcats.

She currently ranks third all-time with 191 made three point baskets at WSC and is a two-time All-Academic selection in the Northern Sun Conference.

Fares

(continued from page 1B)

3,000 meter run in 11:02.21 and Katie Wilson, who place first in the shot put with a top mark of 45-9 1/4.

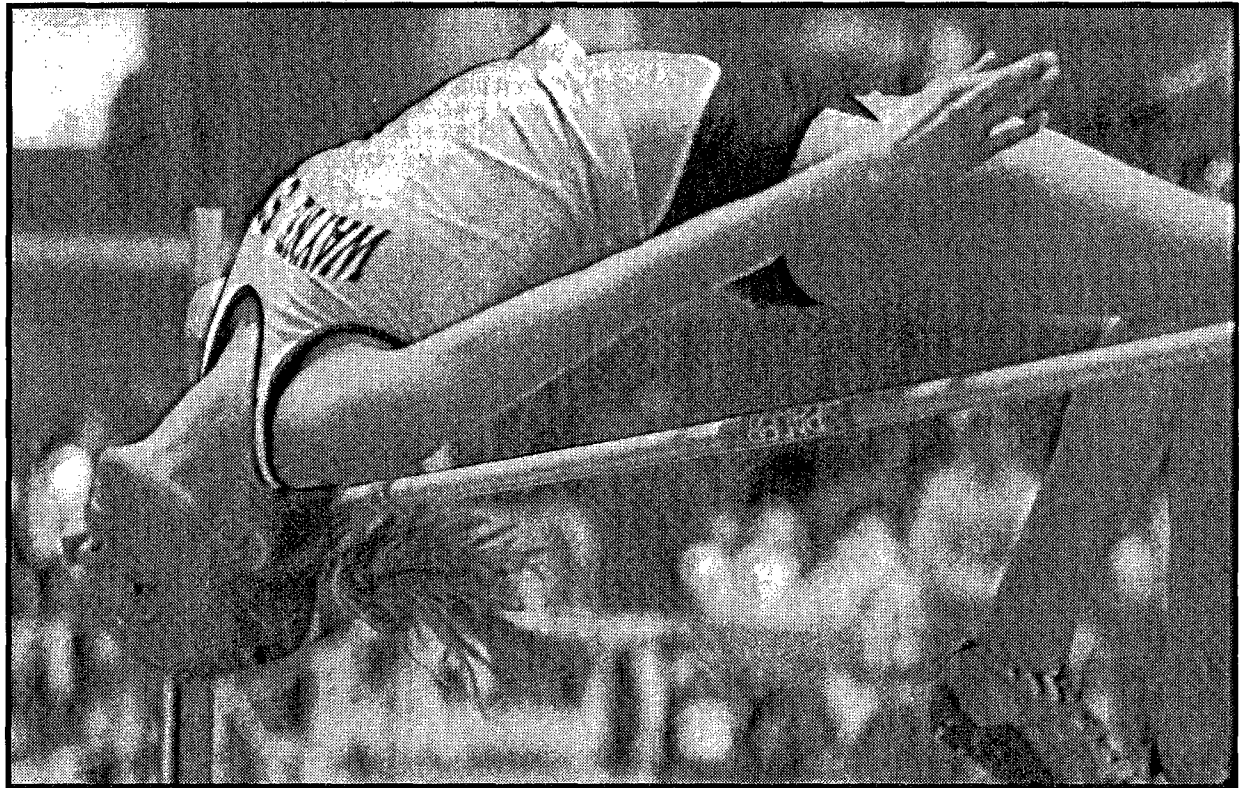
Second place finishes included Rachel Roebke in the 55-meter hurdles (8.50), Lindsey Stockwell in the 20-pound weight throw (53-5 1/2) and the 1600 meter relay team of Trisha Buss, Rachel Roebke, Erin Oswald and Ashley Smith taking second in 4:17.68.

Other top finishers included: Katie Wilson, third in the weight throw (51-6 1/2); Haley Reeves, third in the one mile run (5:28.53); Lacey Jensen, fourth in the weight throw (47-1 3/4); Trisha Buss, fifth in the 400-meter dash (1:02.85); Erin Oswald, fifth in the 1,000-meter run (3:18.59) and Ashley Smith sixth in the 800 meter run (2:32.64).

WSC will travel to the Prairie Wolf Open at Nebraska Wesleyan in Lincoln this Friday.



WSC's Ben Jansen gets encouragement from teammate Matt Schneider in the men's 3,200-meter relay on Saturday. Both runners also set new school records at the meet.



Junior Tanna Walford tied her own school record in the high jump with a jump of 5-7 at last Saturday's home invitational at Wayne State College.

Wayne advances to final in subdistrict basketball

As one season ends, so another begins.

The Wayne High girls basketball team advanced to the C1-4 subdistrict final after downing West-Point-Beemer 55-38 on Feb. 14 at West Point.

The subdistrict win came on the heels of the Blue Devils exciting 55-51 overtime win against Madison in the regular season home finale on Feb. 10.

WHS' win on Tuesday now sets up an earlier season rematch with Wisner-Pilger (15-7) in the subdistrict final slated for 7 p.m. on Thursday, Feb. 16 (tonight) at West Point Central Catholic.



Alesha Finkey passes the ball in last Friday's home win against Madison.

Wayne vs. Madison

For a second consecutive game, Wayne found the free throw line as the key to a victory.

Michelle Jarvi nailed a clutch free throw with just second left in regulation to send the game into overtime in Wayne's 55-51 home finale victory on Feb. 10.

The overtime period was sparked by a trey from Regan Ruhl to give WHS the advantage.

Jarvi finished with a double-double with 11 points and 12 rebounds, while Jean Pieper and Ruhl were also in double figures with 13 and 12 points respectively.

Madison 14 10 15 8 4 — 51
Wayne 19 8 10 10 9 — 55

Wayne scoring: Kayla Hochstein 5, Renee Theobald 1, Brooke Anderson 8, Jean Pieper 13, Regan Ruhl 12, Michelle Jarvi 11, Alesha Finkey 2, Nicole Rauner 3.

Wayne vs. West-Point-Beemer

Wayne secured a spot in the subdistrict finals with a 55-38 victory over West-Point-Beemer in action on Feb. 14 at West Point Central Catholic.

Senior efforts from Jean Pieper (16 points) and Kayla Hochstein (13) led the squad.

Hochstein and fellow senior Renee Theobald also sparked the defense with six steals apiece.

"It was great to see our seniors

Wayne vs. West-Point-Beemer

carrying the load and wanting to continue their season as long as they can," Wayne coach Eric Henderson said. "What a great defensive effort."

WP-B 6 10 13 9 — 38
Wayne 9 17 13 10 — 55

Wayne scoring: Kayla Hochstein 13, Renee Theobald 6, Brooke Anderson 2, Jean Pieper 16, Regan Ruhl 6, Michelle Jarvi 2, Kara Hoeman 1, Nicole Rauner 3, Sara Freichs 6.

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Monday Night Ladies Week #19 2/13/06	City League (Men's) Week #22 02/07/06	Hits and Misses Week #21 02/08/06
Wayne East/Prima 13 3 Melodee Lanes 10 6 Concord Comp. 9 7 Sterling Computers 7 8 Swan's 6 10 Stadium Sports 3 13	Wildcat Lounge 14 6 Godfather's Pizza 14 6 Logan Valley Golf 13 7 White Dog Pub 12 8 Brudigan Repair 11 9 Tom's Body Shop 9 11 Harder/Ankeny PC 4 16 Pac-N-Vision 3 17	Tacos & More 18 6 White Dog Pub 2 15 9 Fredrickson Oil 13 11 Property Exchange 12 12 Jensen Constr. 12 12 White Dog Pub 1 9 15 Schaefel Appl. 9 15 Downs Insurance 8 16

High Games and Series: Kris Robinson 201, Candy Guill 510; Stadium Sports 885, Wayne East Prime 2440.	High Series and Games: Doug Rose 238, 611; White Dog Pub 983, 2756. Butch Bathel 231, Rick Kay 219, Jayme Bargholz 217, Roy Swanson 214, Dusty Baker 206, Mark Klein 206, Joel Ankeny 203, Kevin Peters 202, Layne Beza 201.	High Games and Series: Candy Guill 274-649; White Dog 2 978-2720. 180+ games: Nikki McLagen 182, Sandra Gathje 204, Ardie Sommerfeld 183, Kristy Otte 187, Candy Guill 186-274-189. 480+ series: McLagen 482, Gathje 500, Guill 649, Otte 502, Sommerfeld 481, Deb Gustafson 486.
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Wednesday Nite Owls
Week #20 02/08/06

White Dog Pub 13 3 Uncle Dave's 1 9 7 Uncle Dave's 2 8 8 Melodee Lanes 8 8 Wildcat Lounge 6 10 Half-Ton Club 4 12

High Games and Series:
Krista Giese 238, 611; White Dog Pub 732, 2028.
Dusty Baker 229, Brad Jones 229, Casey Daehnke 213, Krista Giese 202.
Splits: Adam Hoffman 6-7-10, Roger Pilger 2-5-10.



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Area Basketball Roundup

Girls teams enter subdistrict play

Boys Basketball

Feb. 9

Wisner-Pilger 66, Laurel-Concord 50

WISNER—Wisner-Pilger took a 40-19 lead at the half and made the most out of Laurel-Concord turnovers in the 66-50 win.

LCHS was able pull within 10 points in the fourth quarter but Wisner-Pilger as able to hold on for the win.

Colten DeLong paced the Bears' effort with 15 points, while Pat Harrington added seven rebounds.

Wis-Pilger 19 21 14 12 - 66
L-C 9 10 18 13 - 50

Laurel-Concord scoring: Michael Patefield 7, Colten DeLong 15, Tate Cunningham 4, Heath Erwin 6, Eli Schantz 8, Tony Jacobsen 2.

Winside 57, Osmond 54

WINSIDE — Winside picked up a key 57-54 conference win over Osmond in the home finale on Feb. 9.

Marcus Messersmith poured in 27 points to lead the Wildcats and went 5-of-5 from the charity stripe. Jared Roberts contributed six assists in the winning effort in the see-saw battle.

Osmond 13 14 17 10 - 54
Winside 14 15 16 12 - 57

Winside scoring: Marcus Messersmith 27, Jared Thies 2, Mark Hawkins 16, Colby Langenberg 4, Jared Roberts 6, Matt Peter 2.

Feb. 10

Santee 69, Allen 61

SANTEE — Santee shot 62-percent from the field, including a 19-8 advantage in the second period, to post a 69-61 win over Allen.

"Our lack of intensity on defense resulted in this loss," Allen coach Matt Hingst said.

Chad Oswald was the Eagle's leading scorer with 13 points, while Kyle Sperry and Chris Blohm were also in double figures with 11 and 10 points, respectively.

Santee 10 18 18 23 - 69
Allen 10 9 19 28 - 61

Allen scoring: Chad Oswald 13, Kyle Sperry 11, Chris Blohm 10, Nathan Sturges 8, Scott Chase 8, Drew Diediker 6, Derek Hingst 4, Luke Sachau 1.

Neligh-Oakdale 35, Laurel-Concord 33

NELIGH — For the second time in as many weeks, Laurel-Concord squeezed out a two-point win over Neligh-Oakdale in a 35-33 Bear win.

In a rematch of the first round

game of the NENAC conference tournament, LCHS jumped out to an early lead.

The Warriors came back in the second quarter to pull ahead of the Bears by 17-16 at intermission.

Laurel-Concord was paced by Heath Erwin with 14 points and the difference maker in the contest was a the free throw line where LCHS was 7-for-10 on the night.

N-O 2 15 4 12 - 33
L-C 7 9 13 6 - 35

Laurel-Concord scoring: Philip Nelson 2, Michael Patefield 5, Colten DeLong 4, Tate Cunningham 7, Heath Erwin 14, Eli Schantz 3.

Girls Basketball

Feb. 9

Wisner-Pilger 48, Laurel-Concord 34

WISNER—Wisner-Pilger pulled away in the third quarter to pick up a 48-34 win over Laurel-Concord.

Kari Schroeder led LCHS with 10 points in the non-conference loss.

Wis-Pilger 13 15 15 5 - 48
L-C 10 11 7 6 - 34

Laurel-Concord scoring: Nicole Lubberstedt 6, Kim Lubberstedt 8, Kari Schroeder 10, Jenny Schroeder 2, Tarah Jelinek 2, Kacie Gould 6.

Osmond 45, Winside 29

WINSIDE — Osmond took a 45-29 win from Winside in the Wildcat's final home contest of the season.

Hillary Lienemann paced Winside with 10 points, while Josie Longnecker contributed seven.

Osmond 13 13 14 5 - 45
Winside 8 6 11 4 - 29

Winside scoring: Josie Longnecker 7, Hillary Lienemann 10, Amanda Pfeiffer 2, Shelby Meyer 2, Claire Elworth 6.

Feb. 10

Neligh-Oakdale 47, Laurel-Concord 40

NELIGH — Laurel-Concord came up short in a 47-40 conference loss at Neligh-Oakdale despite outscoring the Warriors 14-5 in the final frame.

Kari Schroeder finished strong for the Bears with 19 points in the Bears' regular season finale.

N-O 15 10 17 5 - 47
L-C 7 7 12 14 - 40

Laurel-Concord scoring: Nicole Lubberstedt 5, Kim Lubberstedt 6, Kari Schroeder 19, Brittany Thompson 4, Jenny Schroeder 3, Kacie Gould 3.

C2-6 Subdistrict at Wisner-Pilger

Feb. 13

Wakefield 37, Pender 25

WISNER—A strong showing after halftime gave Wakefield the push it needed to secure an opening round win over Pender.

Alissa Bressler paced the winning Trojans with 12 points.

Wakefield 8 8 10 11 - 37
Pender 4 6 2 13 - 25

Wakefield scoring: Amanda Nelson 3, Alissa Bressler 12, Shay Tullberg 5, Anna Brownell 5, Whitney Rouse 8, Kelsey Bard 4.

Feb. 14

Emerson-Hubbard 60, Wakefield 39

WISNER—Emerson-Hubbard's final surge in the fourth quarter was enough pull away from Wakefield to take a 60-39 semifinal win over Wakefield.

Anna Brownell and Bressler each tallied double-figures with 13 and 10 points, respectively.

Tuesday night's game was the final outing for Wakefield senior Amanda Nelson.

Wakefield 6 14 15 4 - 39
Em-Hub. 12 15 13 20 - 60

Wakefield scoring: Amanda Nelson 2, Alissa Bressler 10, Shay Tullberg 6, Anna Brownell 13, Whitney Rouse 2, Kelsey Bard 2.

C2-7 Subdistrict at Wausa

Feb. 13

Laurel-Concord 43, Osmond 27

WAUSA — Laurel-Concord's strong first and third quarters were enough to give the Bears a 43-27 first round win over Osmond.

LCHS shot 59 percent from the field and were paced by Kaci Gould and Kim Lubberstedt who score 11 and 10 points, respectively.

Osmond 9 5 2 11 - 27
L-C 18 5 11 9 - 43

Laurel-Concord scoring: Brittany Thompson 6, Kim Lubberstedt 10, Kari Schroeder 8, Jenny Schroeder 5, Tarah Jelinek 3, Kacie Gould 11.

Feb. 14

Hartington CC 53, Laurel-Concord 50 OT

WAUSA — The 6-3 Cedar Catholic scoring advantage in the overtime period was enough to give the top-seed Trojans the 53-50 win



Allen girls basketball coach Lori Koester watches the Tuesday night's subdistrict game at Laurel, while her senior daughter, Alissa, looks for an open teammate.

and end Laurel-Concord's season at 7-16. Kari Schroeder led LCHS with 13 points.

Tuesday's game was the final contest for two seniors, Brittany Thompson and Katie Bloomfield.

HCC 14 14 11 8 6 - 53
L-C 10 17 6 14 3 - 50

Laurel-Concord scoring: Brittany Thompson 10, Kim Lubberstedt 7, Kari Schroeder 13, Jenny Schroeder 4, Tarah Jelinek 2, Kacie Gould 4, Nicole Lubberstedt 5, Becky Hoelsing 5.

D1-6 Subdistrict at Norfolk Catholic

Feb. 13

Clarkson 37, Winside 16

NORFOLK — Winside closed out the season a 1-18 with a 37-16 loss to Clarkson in D1-6 subdistrict action on Feb. 13.

Winside's leading scorer with

Hillary Lienemann with seven points.

The contest marked the final game for three Wildcat seniors, Korinne Stubbs, Jessica Janke and Blaire Hokamp.

Clarkson 6 11 15 5 - 37
Winside 0 4 7 5 - 16

Winside scoring: Josie Longnecker 2, Hillary Lienemann 7, Amanda Pfeiffer 5, Sally Schwedhelm 2

D2-5 Subdistrict at Laurel-Concord

Feb. 13

Allen 41, Coleridge 34

LAUREL — Allen avenged an earlier loss to Coleridge in a 41-34 subdistrict win.

The Eagles used full court pressure to keep the Bulldog offense at bay, while Allen's offensive effort was paced by Brooke Stewart with 13 points.

Allen 10 11 8 12 - 41
Coleridge 9 2 14 9 - 34

Allen scoring: Brooke Stewart 13, Sarah Sullivan 12, Samantha Bock 7, Alissa Koester 4, Codi Hingst 3, Erin Keitges 2.

Feb. 14

Newcastle 52, Allen 30

LAUREL — A slow offensive Allen start allowed top-seed Newcastle to post a difficult challenge in a 52-30 Eagle loss.

Brooke Stewart tallied seven points to lead AHS.

The game was the final contest for seniors Samantha Bock, Erin Keitges Alissa Koester, Erin Stewart and Carla Rastede.

Allen 4 9 13 4 - 30
Newcastle 18 17 6 11 - 52

Allen scoring: Brooke Stewart 7, Sarah Sullivan 6, Samantha Bock 4, Jenny Warner 6, Codi Hingst 3, Erin Keitges 4.



Kim Lubberstedt brings the ball downcourt for Laurel-Concord, who ended the season on Tuesday in an overtime loss to Hartington Cedar Catholic at Wausa's subdistrict.

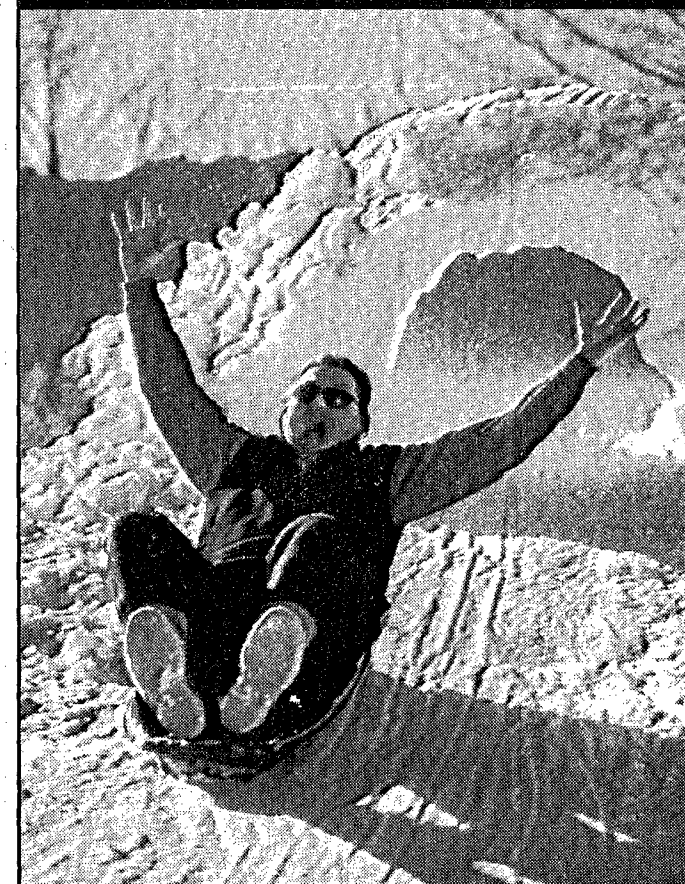


Winside's Claire Elworth sets up the offense in the Wildcat's subdistrict game against Clarkson in Norfolk on Monday evening.



Wakefield's Alissa Bressler drives to the basket on Monday's subdistrict game with Pender played at Wisner-Pilger.

Sleds don't come with airbags.



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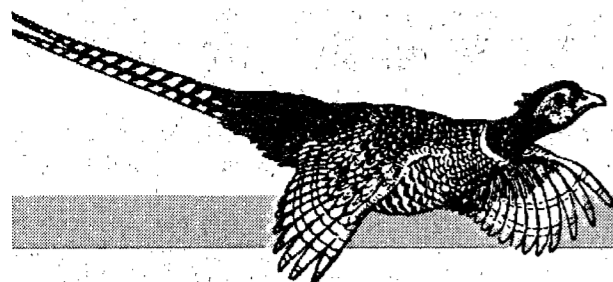
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SAFE WINTER DRIVING TIPS

- ➔ Clear snow and ice from windows, lights, windshield wipers, the hood, and the roof of your vehicle, before driving. The windshield-washer reserve should be filled with a freeze-resistant cleaning solution.
- ➔ When you see plows, stay at least 200 feet behind them.
- ➔ Leave room for stopping. Brake early and carefully.
- ➔ Don't use cruise control. The short touch of your brakes to deactivate the cruise control can cause you to lose control of your vehicle.
- ➔ Pay attention. Look ahead to see what other vehicles are doing. That way you will know about any impending road or weather conditions.
- ➔ Watch your speed. Even if your car handles well in snow and ice, other drivers' cars may not. Drive according to the conditions: Don't exceed the speed limit and drive slowly in harsh conditions. Don't try to out-drive bad weather.

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The Wayne Herald

Agriculture

Fabulous foods start in Nebraska

Nebraska has Dorothy Lynch, Wimmer's, Omaha Steaks, Valentino's, and Runzas. When I took friend Marlyce to a Husker football game, I treated her to her very first runza. She loved it, as all good Germans do.

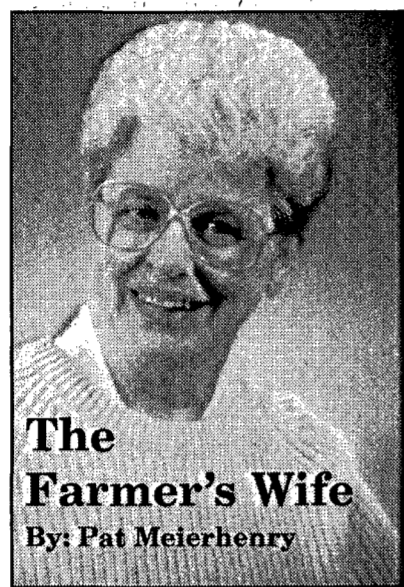
When my niece and her family come from Colorado Springs, they have to stop in Ogallala and buy runzas. When friend Marilyn comes from Phoenix, she takes frozen kraut sandwiches home. When Jon and Kris come from Kansas City, they stop in Nebraska City.

But Jon has a funny tale to tell in his search for a runza in Nebraska last Wednesday. On the spur of the moment, he and three KU grads decided to come to Lincoln for the basketball game. True, we had been badly beaten in Lawrence, but we had won a few games since then. This would be on the home court.

Since they didn't stop to eat on the way, they immediately headed for the runza concession at Devaney. There was a long line, and the three friends made it to the counter and each got one of the buns, just as Jon got there and

they ran out. Ran out of runzas! I never heard of such a thing.

So, they waited until half time and went back, the Kansas guys for a second one and Jon getting mighty hungry. Once again, a long line and once again, the last one



The Farmer's Wife
By: Pat Meierhenry

sold just as Jon got to the front. They suffered through the rest of the game and took off before it was over to search for a runza. There

was a café on south 27th, so they headed for it. Would you believe it? They were out of runzas! In Lincoln, the home of runza.

Never fear, Jon assured them, there was one more place on their way back to KC; the restaurant in Nebraska City. They left highway two and headed north to the green and yellow building. It was closed. After all, it was midweek, in a small town. They certainly had no reason to know that a Nebraska native had been on a search for the Nebraska sandwich all night. And so he had to go home without a runza, and his friends had to be satisfied with just one, early in the evening.

I told Jon I just believe he was not supposed to eat one last Wednesday, but who would have believed? He could remember when a roommate worked for Runza Hut and had to get up very early to start shredding cabbage and frying hamburger on the days of a home game.

Well, they didn't anticipate the good turnout for this basketball game. And the fan from the south went home disappointed in more ways than one. Life is not fair!

Livestock Market Report

The Norfolk Livestock Market had a run of 380 fat cattle at Friday's sale.

The market was steady on fat cattle; \$1 to \$3 higher on cows and steady on bulls.

Strictly choice fed steers, \$89 to \$91. Good and choice steers, \$88 to \$89. Medium and good steers, \$87 to \$88. Holstein steers, \$75 to \$83.50. Strictly choice fed heifers, \$89 to \$90.35. Good and choice heifers, \$88 to \$89. Medium and good heifers, \$87 to \$88. Heiferettes, \$65 to \$75.

Beef cows, \$52 to \$58. Utility cows, \$51 to \$52. Canners and cutters, \$49 to \$50. Bologna bulls, \$60 to \$72.75.

The stocker and feeder sale was held Thursday at the Norfolk Livestock Market. The market was \$1 to \$3 higher on light calves and steady on heavier calves. There were 400 head sold.

Good and choice steer calves, \$145 to \$155. Choice and prime lightweight calves, \$155 to \$165. Good and choice yearling steers, \$90 to \$95. Choice and prime lightweight yearling steers were \$90 to \$95. Good and choice heifer calves, \$135 to \$150. Choice and prime lightweight heifer calves were \$135 to \$150. Good and choice yearling heifers, \$90 to \$95.

The dairy cattle sale was held Monday at the Norfolk Livestock Market.

The market was higher on the five head sold. Crossbred calves, \$200 to \$300. Holstein calves, \$200 to \$300.

The sheep sale was held Monday at the Norfolk Livestock Market. There were 169 head sold.

The market was steady on all classes.

Fat lambs - 120 to 150 lbs., \$77 to \$82.

Feeder lambs - 40 to 60 lbs., \$90 to \$125; 60 to 100 lbs., \$75 to \$95.

Ewes - Good - \$60 to \$85; medium - \$40 to \$60; slaughter - \$30 to \$40.

The feeder pig sale was held

Monday at the Norfolk Livestock Market. There were 67 head sold. 50 to 60 lbs., \$45 to \$60, steady; 60 to 70 lbs., \$55 to \$65, steady.

were steady; sows were steady to \$1 lower.

U.S. 1's + 2's, 230 to 260 lbs., \$45 to \$45.85; 2's + 3's, 230 to 260 lbs., \$44.50 to \$45.50; 2's + 3's, 260 to 280 lbs., \$43.50 to \$45; 2's + 3's, 280 to 300 lbs., \$38 to \$44; 3's + 4's, 300 lbs. +, \$35 to \$38.



Butcher hog head count at the Norfolk Livestock Market on Monday totaled 178. Butchers

Sows - 350 to 500 lbs., \$30 to \$32. 500 to 650 lbs., \$32 to \$34. Boars - \$15 to \$30.

Have You Been Diagnosed with West Nile Virus?

Adults diagnosed with West Nile Virus anytime within the last 4 years may be eligible for a Nebraska Medical Center research study looking for a reason why people experience either mild or severe West Nile Virus infections.

Call the Clinical Trials Office at 552-2254 or 1-800-763-6858 for more information.



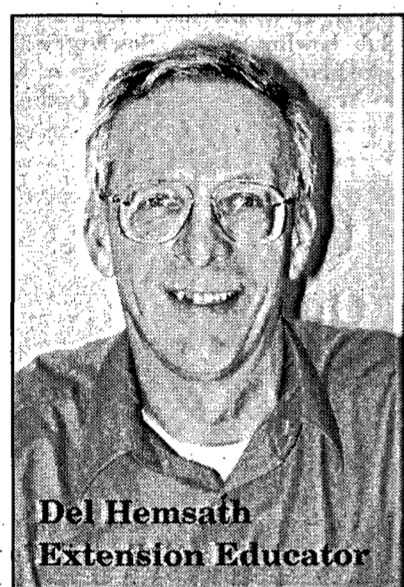
Weed control in alfalfa essential

It may not seem possible but in just a few weeks, warmer spring weather will green up the alfalfa fields and the winter annuals. Before that happens, though, maybe you should do a little weed control.

Bruce Anderson, University of Nebraska Forage Extension Specialist, shares his recommendations on the best approach for control of certain weeds in alfalfa.

Weeds like pennycress, downy brome, mustards, cheatgrass, and shepherd's purse are common in first cut alfalfa. They lower yields, reduce quality, lessen palatability, and slow hay drydown. If you walk over your fields today you probably will be able to see their small, green, over-wintering growth.

You can't do much to control these weeds once alfalfa starts growing. However, if you treat your alfalfa as soon as possible during this winter's spring-like weather, you can have cleaner, healthier



Del Hemsath
Extension Educator

alfalfa at first cutting. Several herbicides can help control winter annual grasses and weeds in alfalfa. They include Sencor, Velpar, Sinbar, Pursuit, Raptor, and Karmex. They all control mustard and pennycress.

Karmex and Pursuit do not control downy brome very well, but Karmex has enough residual soil activity that can help control a few summer annual grasses like foxtail and barnyardgrass.

To be successful, though, you must apply most of these herbicides before alfalfa shoots green-up this spring to avoid much injury to your alfalfa. During this mild winter weather would be a great time. If you wait and alfalfa shoots are green when you spray, your alfalfa growth might be set back two or three weeks.

Timing is everything when controlling winter annual weeds in alfalfa. So get ready now, in the next few weeks before alfalfa greens up, to take advantage of nice weather when you get it.

The Guide for Weed Management, 2006 edition has additional information about weed control in alfalfa. Contact your local extension office for copies or additional information.

Farm Credit Services of America to award 12 scholarships

Farm Credit Services of America (FCSAmerica) announced that 12 \$2,000 scholarships will be available to young people planning a career in agriculture for the 2006-07 academic year. The scholarships will be given to juniors or seniors studying at land grant universities in Iowa, Nebraska, South Dakota, and Wyoming.

"Investing in the education of tomorrow's producers and leaders is critical to the future of rural America," states Neil Olsen, FCSAmerica executive vice president. "Offering these scholarships is just one of the ways in which Farm Credit Services of America is helping to prepare and develop tomorrow's agricultural professionals."

Students interested in applying for an FCSAmerica scholarship must be college juniors or seniors

with a cumulative grade point average of 3.0. They must also be enrolled in the College of Agriculture with course work emphasis in Agribusiness or Economics, or enrolled in the College of Business Administration with course work emphasis in Agribusiness, Finance, Accounting, or Economics at Iowa State University, University of Nebraska at Lincoln, South Dakota State University or University of Wyoming. Qualifying applicants must also have an agricultural background or work related experience in agriculture.

Information on the program, including how to apply and application deadlines can be found on the company's website at www.fcsamerica.com.

College scholarships are just one facet of FCSAmerica's multi-

faceted Young and Beginning Producer Program. FCSAmerica also provides ag loans, Youth in Agriculture loans, business education reimbursement and educational and financial sponsorships to help young and beginning producers succeed.

Farm Credit Services of America is dedicated to financing the

growth of rural America, including the special needs of young and beginning producers. With 68,000 customers and assets of more than \$9 billion, FCSAmerica is one of the largest providers of credit and insurance services for farmers, ranchers, agribusiness and rural residents in Iowa, Nebraska, South Dakota, and Wyoming. Learn more at www.fcsamerica.com.

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<p>COMMUNITY MENTAL HEALTH & WELLNESS CLINIC 219 Main • Wayne, NE 68787 Naomi Smith LMHP, LADC Laticia Sumner, Counselor 402-375-2468</p>	<p>WAYNE VISION CENTER DR. DONALD E. KOEBER OPTOMETRIST Phone 375-2020 313 Main St. Wayne, NE</p> <p>Call 375-2600 if you'd like to advertise in the Health Directory</p>

Take a Leap, Discover 4-H. For over 100 years 4-H has been known for providing families the opportunity to develop the characteristics in which research has shown to be found in strong families.

So what is 4-H and how can it build strong families? 4-H is an informal, practical, learn-by-doing educational program for urban and rural youth. 4-H is designed to provide age appropriate opportunities for youth between the ages of 8 and 18.

What is a 4-H Club? 4-H clubs are groups of 4-H members with similar interests. 4-H clubs hold meetings to help members learn more about their projects and to experience group unity through club projects and community service.

What do my parents have to do? 4-H is a family organization. Parents do not have to become 4-H leaders, however most leaders do appreciate help and support from club parents. This help can range from being an assistant leader to



share a spiritual well-being or caring center that promotes sharing, love, and compassion.

Successful Management of Stress and Crisis - Families cre-

4-H News

COMBINATION KIDS 4-H CLUB

The Combination Kids 4-H Club met Feb. 5 at Our Savior Lutheran Church in Wayne.

There were 14 members present at the meeting. The minutes were read and approved. The Club members each made a Valentine card that would be sent to Danny Roeber of the 189th Transportation Company, and they made tray favors for the hospital as well. The Club members also agreed to help out at the WSO show on Feb. 25.

Matt and Tyler Poehlman each did a demonstration.

The next meeting is March 5, 2006 at the Our Savior Lutheran Church in Wayne.

Dacia Gansbom, News reporter

HI-RATERS 4-H CLUB

The Hi-Raters 4-H Club met Feb. 12 at BankFirst.

One member was missing and one new member was introduced.

The results of the Valentine Day Bake Sale were discussed.

Several items, including participating in Bake-n-Take Day, were tabled for the next meeting.

The next meeting will be Sunday, March 12 at Melodee Lanes for a club bowling party. Bowling will take place after the meeting.

Anna Osten, News reporter



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Open Mic With HELLDORADO
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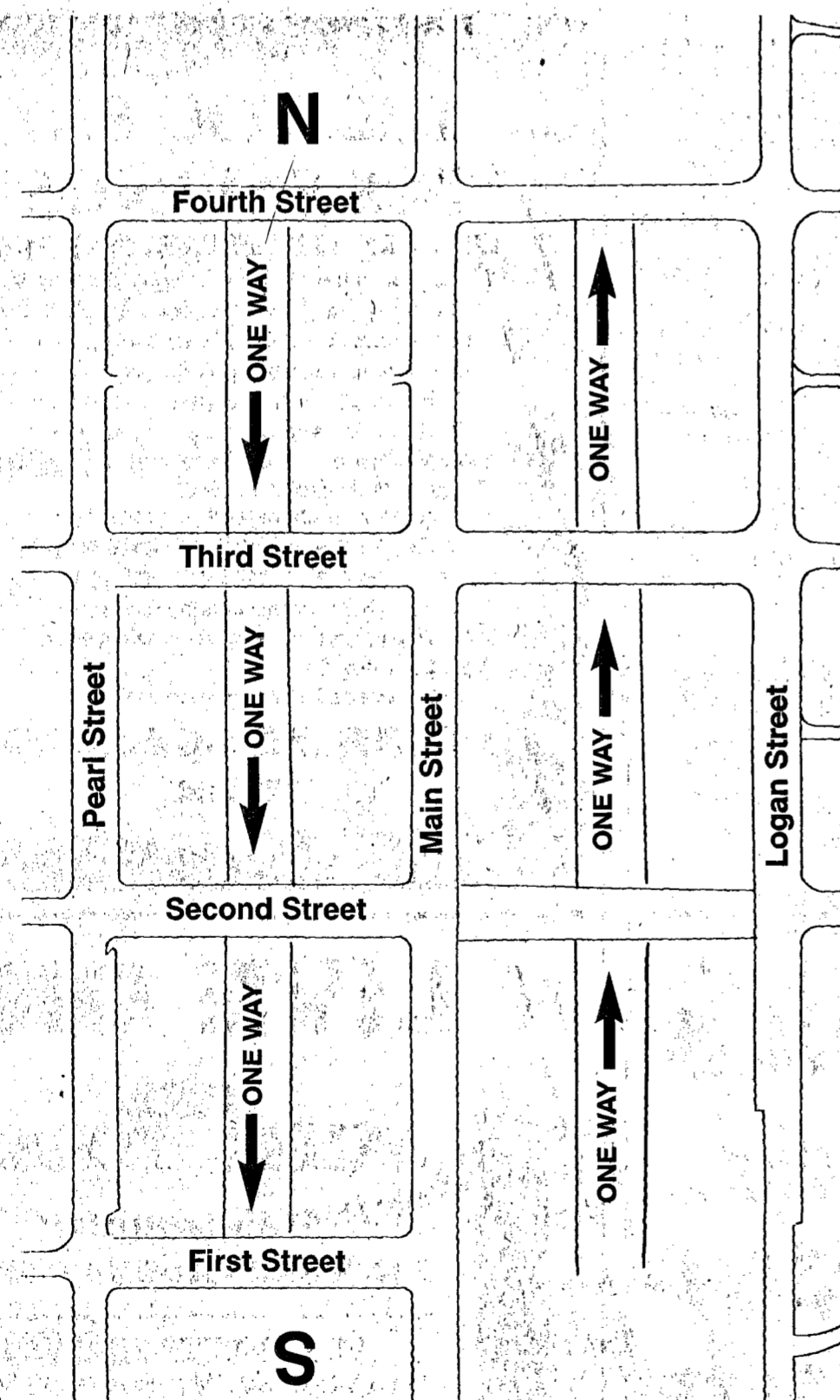
New One-Way Alleys In Downtown Wayne!

Downtown Wayne is getting ready for springtime reconstruction of Highway 15.

Starting February 13, downtown north and south alleys between 1st Street and 4th Street will be one-way.

The alley between Main and Pearl will run south between 4th and 1st street.

The alley between Main and Logan will run north between 4th and 1st street.



Clip, save, and copy this ad as a reminder for your family drivers and their vehicles.

Retailers, save, copy, and distribute this ad to your suppliers for alley deliveries.

Speech team competes at David City Invitational

The Wayne High School Speech team traveled to David City on Feb. 11 to compete in the David City Invitational.

The following individuals place at the event:

Emily Bruflat, 10th in Serious Prose;

Adam Wert, eighth in Serious Prose;

The Oral Interpretation of Drama team of Jenny Holm, Spencer Witt and Ryan Lewon, seventh;

Heidi Garvin, fourth in Extemporaneous;

Deniz Rudin, seventh in Extemporaneous and fourth in Entertainment;

The Duet team of Jenny Holm and Ryan Lewon, third; and

Maddie Jager, who led the Blue Devil Speakers with sixth place in Persuasive and runner-up honors in Informative.

"At least 350 students from 22 schools were entered in this tournament, by far our biggest of the year," said Dwaine Spieker, coach of the team.

As a team, Wayne finished in fifth place.

Next up for the Blue Devil Speakers is the Battle Creek

Invitational on Saturday, Feb. 18 which closes out the regular season. The Mid-States Conference Meet is at Norfolk Catholic on Feb. 25 and Districts Feb. 28 at Battle Creek.

Dean's List announced at University of Nebraska at Kearney

The University of Nebraska at Kearney has announced the names of students who have earned a place on the Deans' List for the fall semester.

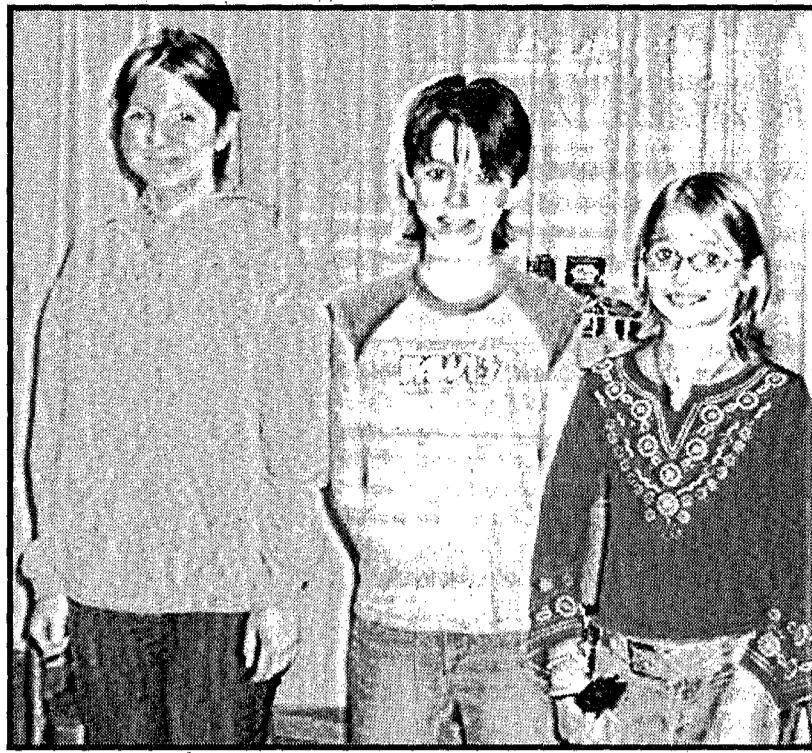
Area students named to this list include:

Andrea Liebsch of Allen; Alise Bethune and Kari Hochstein of Carroll; Andrea Berns and Toan Nguyen of Wakefield; Emily Brady, Wade Jarvi, Rachel Jensen and John Jensen of Wayne and Kayla Bowers and Aaron Lessmann (who earned a 4.0), both of Winside.

To earn a place on the UNK Deans' List, students must complete 12 hours or more (for which quality points - 4.0 for an "A," 3.0 for a "B" and 2.0 for a "C" - are awarded) with a grade point average of 3.5 or better on a 4.0 scale.

Courses taken on a credit/no credit basis do not earn quality points.

In recognition of their academic achievements, Deans' List students will receive a certificate from their respective deans.



Placing in the spelling bee contest held at Winside Public School were, left to right, Caroline Burris, Kayla Kruse, and Nazya Thies.

Winside students place in spelling bee

Pearl C. Ziegler Spelling Bee Contest for Grades 5-8 was held at Winside Public School on Feb. 8, 2006.

Mrs. Pearl C. Ziegler was born on March 9, 1905 in Hoskins, where she was raised. She graduated from Norfolk High School and attended Wayne State Teacher's College in Wayne. She taught at the Wayne County School in Hoskins for four years and was the first president of that PTA. Mrs. Ziegler passed away in November 2000, at the age of 95.

The family decided to establish an annual Spelling Bee contest in

Pearl Ziegler's name. Mrs. Ziegler and her sister Alice Tiedtke had won spelling contests when they were in elementary school, and Mrs. Ziegler's son, Delwyn Ziegler, had won the Wayne County Spelling Bee when he was at school in Hoskins.

Winside students were awarded: Caroline Burris - First-place \$150; Kayla Kruse - Second-place \$75; Nazya Thies - Third-place \$50.

Caroline Burris and Kayla Kruse went on to participate in the Wayne County Spelling Bee at the Wayne Middle School on Feb. 15.



Mark Patefield, Pharm. D.

U Save in Wayne has new pharmacist

Mark Patefield, Pharm. D. of Laurel, recently took over duties at U Save in Wayne. Pat Hammond of Norfolk has been pharmacist there since U Save bought the former Medicap Pharmacy.

Patefield received his training at Creighton University and is a 2005 graduate. He has been working at HyVee in Sioux City, Iowa. He is married to Christina, who is a pharmacist at Main Street Apothecary in Laurel.

"Having grown up in a small town, it is great getting back where you can really get to know customers and spend time with them," Patefield said.

He also noted it is exciting that U Save is building a new pharmacy in Wayne. Construction on the project should begin soon, depending on the weather. The new pharmacy will be built on 7th Street across from Subway. The new store will have two drive through areas.

U Save is a Nebraska based chain. Each U Save pharmacy is owned by Nebraska pharmacists. Patefield started working for U Save while he was in school.

U Save in Wayne is open weekdays from 9 a.m. to 6 p.m. and Saturdays from 9 a.m. to 1:30 p.m. There is delivery in Wayne. Anyone with questions can call them at 402-375-2922.

Cybercrime isn't inevitable because businesses are more empowered than they think

Cybercrime, spam, and phishing are all just part of living in the Information Age - or so many believe. A report recently released by the FBI found that nearly 90 percent of businesses had been victims of cybercrimes, but, disturbingly, only 10 percent of them reported the incident to law enforcement. Many said that they didn't know who to contact or that they didn't think law enforcement could do anything about it. Though cybercrime is unpredictable, there are ways that companies - and individuals - can prevent many cyberattacks. The National Crime Prevention Council (NCPC) advocates the following strategies for businesses and employees to create a safer cyber-environment, both at work and at home:

- Use file encryptions, and control access to sensitive and important files.
- If you've been the victim of a cybercrime, contact local law enforcement and the Internet Crime Complaint Center at www.ic3.gov. The Complaint Center is a partnership between the FBI and the National White Collar Crime Center.
- For more tips and tools to protect against cybercrime, visit www.ncpc.org to obtain a copy of Crime Prevention in the Information Age.
- Have your company's network and your personal computer protected by a firewall, and update and monitor it regularly.
- Use virus protection software, update it regularly to combat new and evolving viruses, and scan your systems frequently.
- Make sure that your computer has the most up-to-date security patches. Patches can be downloaded from your software vendor's website.
- Do not open email attachments from people you don't know; they may contain spyware, viruses or other harmful programs.
- Be careful when downloading free software from the Internet; it may contain spyware or adware.
- Back up important files and folders frequently.
- Use hard-to-guess passwords that cannot be found in any dictionary. Or, use a combination of names and numbers. Use different passwords for each program or system, and don't share them with anyone.

Crime Complaint Center at www.ic3.gov. The Complaint Center is a partnership between the FBI and the National White Collar Crime Center.

For more tips and tools to protect against cybercrime, visit www.ncpc.org to obtain a copy of Crime Prevention in the Information Age.

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Allen News

Missy Sullivan
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SWEETHEART CORONATION
The 2006 Sweetheart Coronation and Dance will be held on Saturday, Feb. 18 at the Allen Gym. The Coronation will begin at 7:30 p.m. with the dance following which will conclude at 11:30 p.m. Set up for the sweetheart will be that morning from 8 - 11:30 a.m.

SOUP SUPPER

NOTE!! - Serving at the Church which is now handicap accessible! Allen's First Lutheran Church is hosting their Annual Soup Supper on Sunday, Feb. 26 from 5 - 7:30 p.m.

Members will be serving Chili, Chicken Noodle, Oyster, Vegetable Beef and soups along with sandwiches, desserts, and a beverage.

The storm date will be March 5. Funds raised will be supplemented by Thrivent Financial for Lutherans.

VILLAGE BOARD

The Allen Village Board will have three positions open on the next election ballot.

If interested in being included on the ballot for a Village Board member, contact the Village Office for more information.

KINDERGARTEN ROUNDUP

Allen school is in the process of putting together the prospective student list for the 2006-2007 Kindergarten Class. If you are new into the district if you want to check to see if your son or daughter is on the list, please call the school. Kindergarten Roundup is set for April 28. All families with a prospective kindergartener will be

receiving informational letters.

SENIOR CENTER

Friday, Feb. 17: Baked ham, au gratin potatoes, 3 bean salad, mixed fruit.

Monday, Feb. 20: Chicken, potato casserole, beets, beach cobbler.

Tuesday, Feb. 21: Meatloaf, mashed potatoes, green beans, chery crisp.

Wednesday, Feb. 22: Spaghetti w/meat sauce, lettuce, mixed fruit, corn, pumpkin bars.

Thursday, Feb. 23: Roast pork, mashed potatoes, broccoli, pears, bread pudding w/raisin sauce.

Friday, Feb. 24: Salmon patty, sweet potatoes, peas, applesauce.

COMMUNITY BIRTHDAYS

Friday, Feb. 17: John Noe.

Saturday, Feb. 18: Linda Means, Cliff and Donna Stalling (A).

Sunday, Feb. 19: Lola Geiger, Rusty Dickens, Kay Freemont.

Monday, Feb. 20: Polly Kjer, Scott Roth, Shirley Woodward, Chase Johnson, Becky Ketelsen, Bo Ketelsen, Willie and Harriet Hagstrom (A).

Tuesday, Feb. 21: Josh Malcom, Vandel Rahn, Mercedes Greve, Mary Klemme.

Wednesday, Feb. 22: Pat Brentlinger, Drew Diediker, Jeannette Hohenstein, Angela Dowling, Scott Blohm, Fay and Marge Bock (A).

Thursday, Feb. 23: Marvin Oswald, Cindy Kraemer, Carl and Eileen Hedlund (A).

Friday, Feb. 24: Eric Oswald.

COMMUNITY CALENDAR

Friday, Feb. 17: Exercise Class

at Senior Center, 9 a.m.

Saturday, Feb. 18: Sweetheart Coronation at 7:30 p.m. with dancing following; JH G/B at Newcastle, 9 a.m.; Coffee and Rolls at Senior Center, 8 - 11 a.m.

Monday, Feb. 20: Exercise Class at Senior Center, 9 a.m.; Girls Sub Districts, TBA; FFA Week begins

Tuesday, Feb. 21: Somerset at Senior Center 1:30 p.m.; Boys Sub Districts, TBA; FFA Week -

Farmer's Breakfast at school, 8 a.m.

Wednesday, Feb. 22: Exercise Class at Senior Center, 9 a.m.; FFA week - Machinery Line up

Thursday, Feb. 23: Boys Basketball Sub Districts, TBA; FFA week - Dress up Day

Friday, Feb. 24: Exercise Class at Senior Center, 9 a.m.; Girls Basketball District Finals; FFA Week - Members Breakfast, 6:45 - 8:10 a.m.

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'04 Pontiac Grand Prix GT2 - Onyx black, 200HP, 3800 V6, heated leather seats, premium CD with steering wheel controls, keyless entry, power moonroof, tinted windows, new tires, alloy wheels. NADA Retail Says \$16,125. OUR PRICE \$13,995



'04 Chevy 3/4 Ton Ext. Cab Short Box 4x4 - 6.5 Turbo diesel silverado package, pwr. seat, pwr. pl. cloth interior, bucket seats, alum. wheels. OUR PRICE \$5,995




'04 Buick Rainier CXL - 4x4, AWD, 54K, tan in color, options include 275 h.p. inline 6 cyl., dual climate control, rear heat & air, premium CD sound with steering wheel controls, pwr. pl, pwr. heated leather front buckets, keyless entry, tinted windows, 4 wheel abs, fog lights, tow package & polished aluminum wheels with Michelin tires. Original sticker was over \$37,000. NADA Retail Says \$26,200. OUR PRICE \$17,995

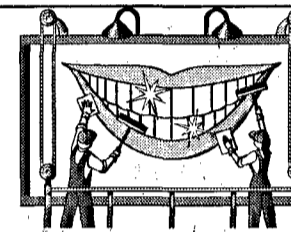


'02 Chevy 3/4 Ton Ext. Cab 4x4 LS - 84K, Pewter, 6.0 V8, pwr. pl, p. seats, premium CD sound, HD tow package, nerf bars, tool box, bed liner, fender flares, tinted windows, alum. wheels. No 5th wheel ball!!! Like new!!! NADA retail says \$20,125. OUR PRICE \$16,995

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Steve Coyne reads "Jill's Story" during the Wayne State College Division of Arts and Humanities and WSC Press Prose Fest 2006 on Feb. 9.

Prose Fest held on WSC campus

The Prose Fest was held throughout the day in the second floor lounge of the Humanities building on the WSC campus. This year's selection of authors included a diverse group of writers who came from a wide cross-section in both the geographical and literary sense.

Coyne's award-winning fiction has appeared in many magazines including The Southern Review, The Georgia Review, The North

American Review, The South Carolina Review, The Colorado Review and Prairie Schooner. Pulitzer Prize-winning author Anne Tyler selected his story, "Hunting Country," for Best of the South from Algonquin Books. Coyne teaches American literature and creative writing at Morningside College in Sioux City, Iowa.

For more information, please call Sandlin at (402) 375-7068.

Nebraska Young Artist award winners are announced

Sam Barg of Winside is among the winners of the ninth annual Nebraska Young Artist Award.

The award was announced by The Hixson-Lied College of Fine and Performing Arts at the University of Nebraska-Lincoln.

Seventy-six students from more than 40 high schools across the state have been selected to participate in the special day of activities on campus March 29. The Nebraska Young Artist Awards annually recognize 11th-grade students who are gifted and talented in the areas of visual art, dance, music and theatre. These students exemplify the pinnacles of creativity in one of the fine and performing arts.

Students applied for the recognition and submitted an example of their work. Applications were received from more than 140 students across the state. Hixson-Lied College of Fine and Performing Arts faculty chose students who will be recognized.

Honored students will take tours

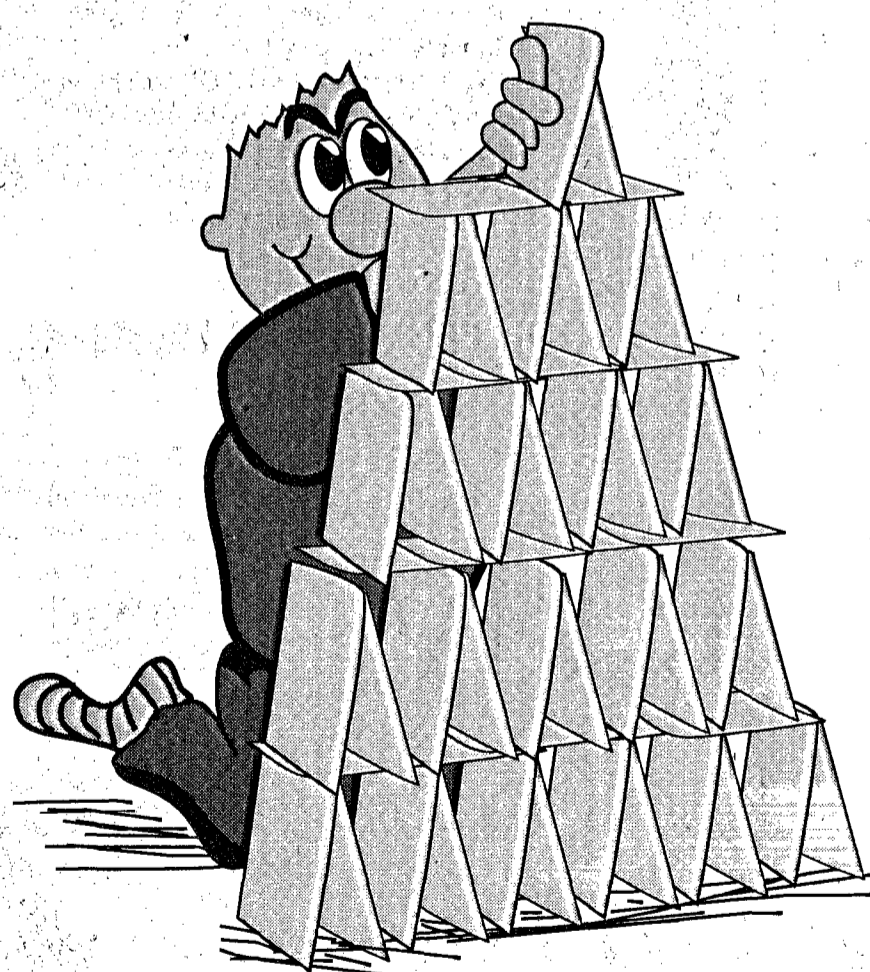
of arts facilities, attend classes and meet faculty and college students. Parents will also be invited, and they will take tours, as well as receive information on careers in the arts and college curriculum.

The day will conclude with an awards ceremony at 3 p.m. in the Sheldon Memorial Art Gallery auditorium. Students will receive a certificate and an original piece of artwork commissioned for this event made by sophomore Ben Kamprath, a printmaking student in the Department of Art and Art History.

Students selected to participate in the Nebraska Young Artist Awards will also be asked to nominate the teacher who provided them with the greatest amount of mentoring and support in the development of their special talents. The teachers will be invited to participate in the March 29 activities and those attending will be recognized during awards ceremony.

Barg was recognized for his musical abilities

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Northeast RC&D coordinator follows: Project Highlights: Waste Computer Collections



Sophomores in World Literature class, work with Terry Munson, Guidance Counselor at Wayne High on determining their interests and the best classes to take in high school to match those interests.

Wayne sophomore students conduct career planning unit

Results of the November PLAN test have been a long time coming for Wayne High School sophomores. Students took the pre-ACT test at Wayne State College in preparation for the Career Exploration Unit and the Research Paper Unit they will complete during the third quarter. Terry Munson, WHS guidance counselor, is currently directing students through the process of interpreting their test results, identifying their skills and aptitudes, understanding transcript information, and recognizing their occupational interests. Using the internet-based Nebraska Career Information System, the sophomores have spent about three weeks exploring their preferred career path, the occupational clusters that interest them, career pathways, specific occupations, required training, probable programs of study or majors and colleges and/or universities that offer the necessary certificate or degree. In anticipation of graduation, students also receive information on financial aid and investigate scholarship possibilities. All information compiled in the three weeks of career exploration with Mr. Munson will be used to write a research paper during sophomore English classes. Terri Hypse, WHS sophomore English teacher, will lead the 10th graders through the steps involved in the process of assembling a formal research paper. Students will gather sources using the high school library and internet subscription services as they prepare their proposals. The MLA documentation format will be used for note taking, citations, and works cited. The entire career/research unit lasts approximately seven weeks. When the students have finished the unit, they will have some ideas about future career possibilities for themselves, know where to find more career and scholarship information and will have written a three to five page research paper on the career of their choosing. "More importantly, the students will know the appropriate courses to take in high school to best prepare them for college and their chosen career field," Mrs. Hypse said.



Leo Ahmann joins staff of District

Leo Ahmann of Wayne has been added to the staff of the Northeast Nebraska Economic Development District located in Norfolk. Ahmann was the manager of the Main Street Wayne Program from 2000 to 2004. He was the Interim Executive Director of the Wayne Area Chamber of Commerce until November of this past year. He began work as a Community Economic Development Coordinator this week with NENEDD. The NENEDD is a multi-county economic development organization established in 1977. Thomas Higginbotham is the Executive Director. They serve a 16 county region, assisting communities with economic development projects. In the past 12 years, planning efforts by NENEDD has resulted in over \$80.2 million of grants and loans awarded to members for various economic development projects. The organization has assisted in the creation of 2,800 full-time equivalent jobs through business retention and expansion efforts. Since 1994, NENEDD has administered to community housing rehabilitation programs totaling nearly \$14 million in Federal and State funds. "I am very excited about the opportunity to help the communities I have been assigned. It will be challenging and rewarding to help in the economic growth of all of northeast Nebraska. It's a pleasure to be a part of an enthusiastic, positive, and professional staff," Ahmann said.

Donna Christiansen, project coordinator says the next collection will be Friday, April 7th at the RC&D office. Individuals, businesses and schools are all welcome to bring obsolete computer equipment for proper recycling. Watch for specific information about the event soon!

Shannon Trail - Just this week the Promoters were told that the Shannon Trail is now a certified segment of the National Lewis & Clark Trail! This means it will be listed on the National Park Service publications which many people across the country use to plan their vacation adventures. A ceremony of dedication for this certification will be held in late June.

Corps of Discovery Welcome Center - On March 1st the Center will be hosting a Bluebirds Across Nebraska workshop. Toni Merchen, Crofton and Lawrence Fuchs of Belden will share their love and knowledge about bluebirds. Come and learn, take a peek at these beautiful creatures, and maybe even go home with a bluebird box of your own. Watch for future information on this event.

Artist to Share Love of Digital Scrapbooking - Join us in an exciting adventure of capturing and celebrating your heritage in the new digital revolution of scrapbooking called "storybooking". If you love scrapbooking, you will love storybooking! It is faster and more affordable. A presentation and demonstration on this new and exciting online digital publishing is planned for Saturday, Feb. 18, 10 a.m. to noon at the RC&D Office in Plainview. Toni Nolze of Grafted Tree Engraving is the instructor. Pre-registration to the RC&D Office at 402-582-4866 is required & there's a \$5 fee.

Northeast Nebraska Water System - Maps and contact information are ready for the volunteers who will be canvassing the rural areas around the participating communities of Wausa, Magnet, McLean, Belden and Coleridge. If you live within a 4 mile area of this proposed project and you may be interested in rural water for your home or livestock, contact the RC&D Office & we'll see that a volunteer visits you.

Attitude Change - One county board & hopefully many more entities will adopt this "can-do" attitude. Can anyone really disagree with this project's goal of being "can do" people who want to see citizens, their efforts and the area succeed? Let's get this positive attitude into all organizations and agencies.

Klown Museum - The total donations are now at \$13,335, new

plans for the expansion have been drawn, grants are being considered, a welcome coffee for business-ers was held, an individual collection of clown dolls was recently donated and another is on the way. This group has renewed enthusiasm and is seeking construction bids for the expansion. Total dolls now part of this one-of-a-kind collection - 2,753!

Nebraska Natural Legacy Project - Yesterday approximately 80 people took part in a meeting to introduce the Nebraska Natural Legacy Plan to the area. Landowners were asked for their input on grassland concerns, on-the-ground activities needed to better manage grassland and wildlife habitat in the area, and things that have prevented participation in conservation activities. Lucas Negus, newly hired project leader will compile the information and pull a group of local landowners, resource providers and other partners together to develop a plan for implementing conservation practices on grasslands in the Verdigre & Bazile Creek Watersheds of northern Antelope County and most of Knox County.

Plainview Historical Society and Museum - Over 800 letters went out to citizens of Plainview & surrounding towns to explain the efforts of this group, their building's recent historical designation and future plans. Many responses came back with financial contributions to help the Society meet its goals.

Heartland Experience - "Fat tire" bikers come one, come all to the first Heartland Bike Ride and Scenic Farm Tours. There are four separate and unique bike rides on the weekends of June 16 and 17 as well as 23 and 24. See the enclosed flier for more details. This group is also offering school field trips that are inexpensive, fun and educational.

Western RC&D Conference - Nebraska award winners were Kent Neumann of Loess Hills RC&D as Outstanding Coordinator, Mary Krueger of Five Rivers RC&D received Outstanding Council Member award and the Newman Grove Schools Water Quality Youth Team came home with the Outstanding Youth Recognition award. About 190 people from 11 Western states participated in this 3-day event. Our own Bob Porter, Wayne led a good portion of the conference as President of the state association. For more information about this RC&D Council & their activities check out www.northeastrd.org. You'll find meeting minutes, reports, upcoming events & more at this site.

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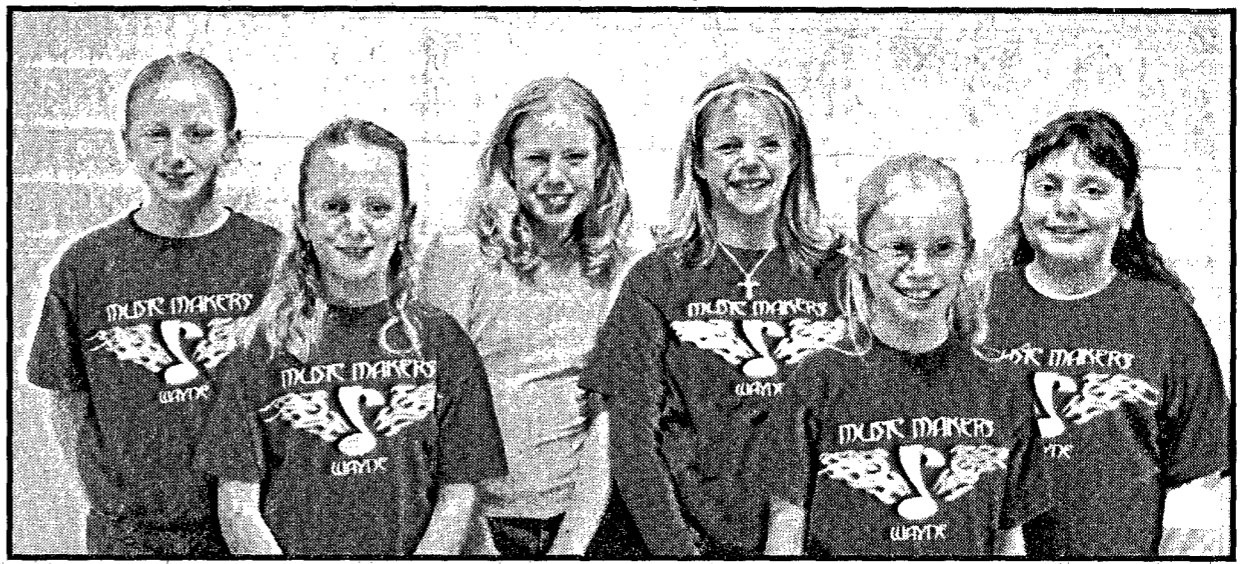
Students are recognized at honor coffee Monday night

An honor coffee was held prior to the Wayne Community Schools Board of Education meeting Monday night. Recognized were the following: Students receiving a 30 or more on their ACT test: Scott Baier, Emily Bruflat, Jesse Dunklau, Kayla Hochstein, David Loberg, Deniz Rudin, Adam Wert; Honor Choir: Doane: Jessica Dickey, Shannon Connolly; UNO: Emily Buryanek; Hastings College: Jessica Dickey;

Sing Around Nebraska: Brittney Peterson, Megan Wherley, Kori Witt, Burgandy Roberts, Sawyer Jager, Taylor Burke, Katelyn Matthes, Katlin Potter, Megan Stalling, Cassie Harm, and Alexis Reinert; Kimberlee McNamara, Samantha Long, Emily Orwig, Dacia Dickey, Sydney Burke, and Rachel Waddington. Seven students received a 30 or more on their ACT test which says a lot for education in the Wayne



Emily Bruflat School system.



Several students in fifth grade (above) and sixth grade (below) are involved in Sing Around Nebraska.

For the Honor Choirs: Students were selected by nomination to go to the Doane Vocal Festival. Jessica Dickey and Shannon Connolly participated in this event. The festival was held Jan. 8 and 9, with a concert on the evening of the 9th. More than 500 applied to participate in this event but only 180 were chosen. Kurt Runestad, a graduate of Wayne High, is director of choral activities at Doane.

Heartland Honor Choir (UNO) was held Jan. 20 and 21 with a concert on the evening of the 21st. Buryanek sang alto in the women's ensemble.

Hastings College Honor Choir was held Feb. 2, 3, and 4 with a concert given on the evening of the 4th. Jessica Dickey participated in this Honor Choir; it was her second year to attend.

Fifth and sixth graders participated in Sing Around Nebraska on Feb. 25 with practicing that day and a concert that evening. On Feb. 18 and 25, students involved in Sing Around Nebraska will be singing at 4 p.m. concerts at various sites in Nebraska.

Honor Coffees are held each month before the Wayne



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Shannon Connolly, left, and Emily Buryanek were among students recognized for Honor Choir.

Career Fair is held at WSC

Approximately 90 employers from throughout the region attended the WSC Career Fair on Feb. 14 on campus providing students with information and answering questions that students may have about their companies. The career fair provides an opportunity for students to find part-time, summer, co-op/internship and full-time employment opportunities with local and regional companies and summer camps.

Mosaic is an organization that provides support to about 3,600 clients through the efforts of over 4,800 staff members in 50 communities in 15 states and Great Britain. Mosaic works in Arizona, California, Colorado, Connecticut, Delaware, Illinois, Indiana, Iowa, Kansas, Nebraska, New Mexico, Tennessee, Texas, Utah and Wisconsin.

Mosaic provides people with disabilities the supports and advocacy they need to realize wholeness of life. WSC career services office.

Approximately 90 employers from throughout the region will attend the fair, providing students with information and answering questions that students may have about their companies. Some employers may interview the same day at the fair while others may schedule interviews at their place of employment.

The career fair provides an opportunity for students to find part-time, summer, co-op/internship and full-time employment opportunities with local and regional companies and summer camps.

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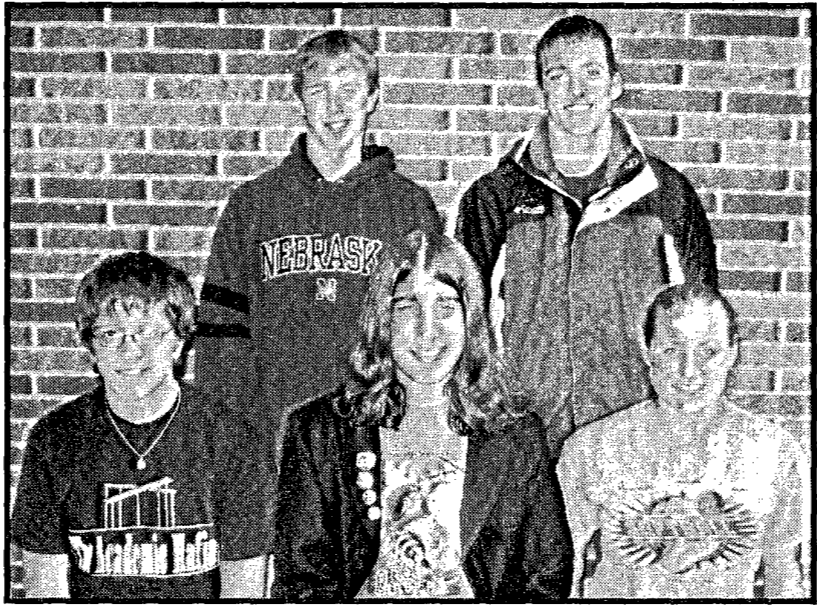
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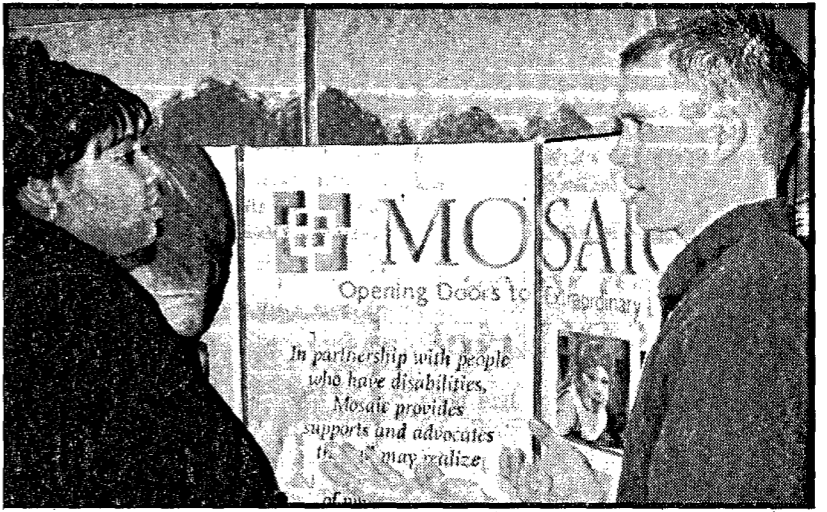
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Several students received 30 or more on their ACT test.



Wayne State College student YaMika O'Neal of Omaha talks about employment opportunities with Don Whitmire, a Wayne State College alumnus and representative of Mosaic during the WSC career fair, Feb. 14 in the student center on campus. WSC career services office sponsors the event.

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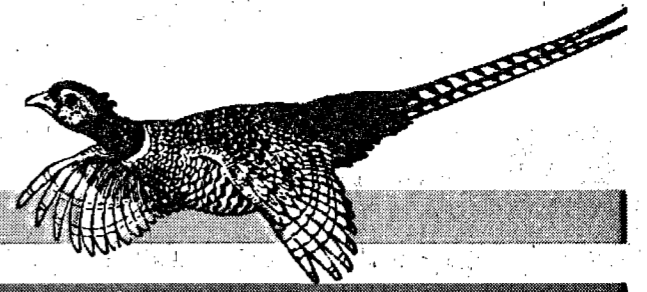
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this on a regular basis.

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So what is 4-H and how can it build strong families? 4-H is an informal, practical, learn-by-doing educational program for urban and rural youth. 4-H is designed to provide age appropriate opportunities for youth between the ages of 5 and 19. 4-H is one way that you and your family can be together to share the strong family qualities that you have.

For more information, contact the University of Nebraska-Lincoln Extension Office in your county or visit. 4h.unl.edu.

Engagements —



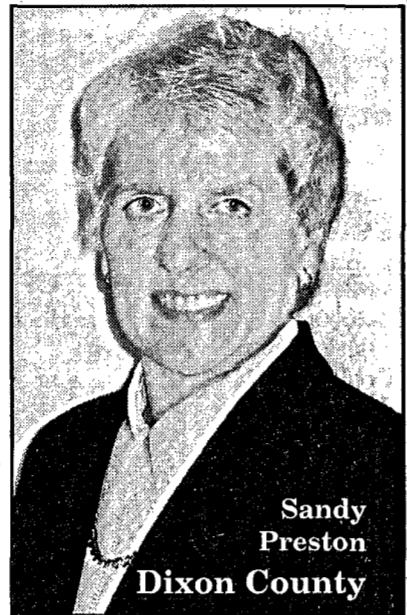
Schutte — Bartos

Lana Schutte, daughter of David and Connie Schutte of Allen and Jake Bartos, son of Keith and Nancy Bartos of Verdigre, are planning an April 8, 2006 wedding at Faith Community Church in O'Neill.

The bride-to-be graduated from Laurel-Concord High School in 1998 and received a Bachelor of Science degree in Community Health from the University of Nebraska at Lincoln in 2002. She is employed at Herbert Feed and Grain in Verdigre.

Her fiance graduated from Verdigre High School in 1995. He is a self-employed trucker and rancher at Verdigre.

Nikki Kay and Firman 1st Class Jon Eckley will be married on Feb. 24. Please join us for an Open House in their honor Sunday, Feb. 26 • 2-4 p.m. Our Savior Lutheran Church • Wayne



Sandy Preston
Dixon County

are groups of 4-H members with similar interests. 4-H clubs hold meetings to help members learn more about their projects and to experience group unity through club projects and community service.

What do my parents have to do? 4-H is a family organization. Parents do not have to become 4-H leaders, however most leaders do appreciate help and support from club parents. This help can range from being an assistant leader to organizing a member activity to providing refreshments for club meetings. Through parent involvement the whole 4-H experience can be enriched for the member by increasing quality family time.

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Dobias-Fredrickson wed in January ceremony

Angela Dobias and Todd Fredrickson were married Jan. 7, 2006 in a winter wedding ceremony at Grace Lutheran Church in Wayne.

Pastor Carol Lilienkamp officiated at the ceremony.

The bride is the daughter of Calvin and Cathy Dobias of Atkinson. The groom's parents are Roger and Denise Fredrickson of Wayne.

Grandparents of the couple are Ray and Rudy Dobias of Atkinson, JoAnn and the late Anthony Aschoff of West Point, Gene "Swede" and Shirley Fredrickson and Donald and Margaret Kay, all of Wayne. Great-grandmother is Rose Fredrickson of Wayne.

Matron of Honor was Kay Reiser of Spencer.

Bridesmaids were Sarah Heesacker of Omaha, Ranessa Kaczor of Carroll, Malissa Fredrickson of Phoenix, Ariz. and Suzi Campbell of Nebraska City. Junior bridesmaid was Shelbey Williams of Union Lake, Mich.

Flower girls were Summer Jackson of Allen and Alexis Gamble of Lincoln.

Craig Fredrickson of Wayne was Best Man.

Groomsmen were Brent Gamble of Springfield, Brian Gamble of Wayne, Mike Williams of Las Vegas, Neb. and Arnie Schwartz of Pierce.

Junior groomsman was Christopher Dobias of Atkinson.

Candlelighters were Jean Dobias of Atkinson and Kelsie Meyer of Auburn.

Danae Kemnitz of Carroll and Tanya Gamble of Wayne were personal attendants.

Ushers were Craig Dobias and

Dusty Dobias, both of Atkinson, Josh Starzl of Wayne and Jay Jackson of Allen.

A reception and dance were held immediately following the ceremony at the Wayne City Auditorium.



Mr. and Mrs. Fredrickson

Mike and Brenda Dobias of Atkinson and Butch and Jodi Kay of Wayne were host couples.

The bride is a 2000 graduate of Atkinson West Holt High School and a 2005 graduate of Wayne State College with a degree in Business Administration: Public Accounting/ Finance. She is employed by the Wayne State College accounting office.

The groom is a 1993 graduate of Wayne High School. He is employed at Fredrickson Oil Company of Wayne.

After a honeymoon trip to Jamaica, the couple is at home in Wayne.

Miller conducts meeting of Winside auxiliary

The Winside Auxiliary met on Monday evening on Feb. 13 at the #252 Post Home.

President Pat Miller called the meeting to order. Chaplain Anderson read a prayer and six members recited the Pledge of Allegiance and the Preamble.

Secretary Kathy Jensen read the January minutes and Treasurer Greta Grubbs gave her report. Both reports were approved as read.

A donation will be made to the Winside Post-Prom and other bills were paid.

The Auxiliary hosted an after-school pizza and pop informative meeting on Feb. 6, with 2005 Girls Stater Blaire Hokamp showing a video. The girls had the opportunity to ask questions and the applicants were interviewed by a committee of Auxiliary members.

A Girls Stater and Alternates for 2006 have been chosen and will be announced at a later date.

Valentine cards have been sent to servicemen Lynn Junck and John Neel.

Each unit has been asked for patriotic donations for door prizes for the District Convention in Pender on Saturday, March 18.

President Miller distributed new monthly hostess serving lists to members and personally "thanks" everyone who furnished desserts for the January Legion soup supper.

The meeting closed with a moment of silence for those departed. The Charter will be draped at the March meeting for member of 61 years, Irene Ditman.

Chaplain Anderson read "The Four Chaplains Sunday" and President Miller read "Til We Meet Again." The meeting was adjourned. The hostesses were Pat Miller and Marilyn Morse.

The next meeting will be Monday, March 13. The hostesses will be Greta Grubbs and Carol Rempfer. The 7:30 p.m. meeting will also include "spring cleaning" and all members are encouraged to attend.

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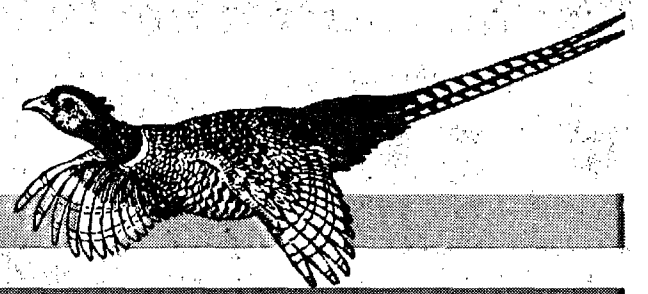
Happy 45th Anniversary Mom & Dad Grandma & Grandpa



Love, Jeff, Jacki, Jason, Tiffany, Jacob & Jalyn

Faith

The Wayne Herald



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CALVARY BIBLE EVANGELICAL FREE
502 Lincoln Street
(Calvin Kroeker, pastor)
(Mike and Jenny Kresnik and Jason and Leslie Gangwish, youth leaders)

Sunday: Adult Sunday School, 9:30 a.m.; Worship, 10:30; GYM (God's Youth Ministry - 9th to 12th grade), 7 p.m. Wednesday: Junior High Youth Group, 7 p.m.; AWANA, 7.

FAITH BAPTIST Independent - Fundamental
208 E. Fourth St. - 375-4358 or 355-2285 (Pastor Ron Lamm)

Sunday: Sunday school, 10 a.m.; Worship, 11; Evening worship, 6:30 p.m. Wednesday: Prayer service, 7:30 p.m.

FIRST BAPTIST
400 Main St.
www.firstbaptistwayne.org (Douglas Shelton, pastor)

Sunday: Sunday School, Adult and children's classes, 9:15 a.m.; Prayer and Fellowship, 10:15; Worship, 10:30. Wednesday: Bible study, 7 p.m.

FIRST CHURCH OF CHRIST (Christian)
1110 East 7th St.
www.waynefcc.org office@waynefcc.org (Troy Reynolds, minister)

Sunday: Prayer Time, 9 a.m.; Sunday School, 9:30; Worship, 10:30; College Bible Study, 5:30

p.m.; Home Bible Study, 7. Wednesday: Youth group, 7 p.m. Thursday: Home Bible study at various homes, 7 p.m.

FIRST PRESBYTERIAN
216 West 3rd St.
375-2669 (Rev. Ray McCalla, pastor)

Saturday: Presbytery at First Presbyterian Church in Tekamah, 10 a.m. Sunday: Worship Service, 9:45 a.m.; Fellowship time with Gerrie Christensen and Karen and Ken Marra as hosts, 10:45; Sunday School, 11; Worship at Premier Estates, 2:30 p.m. Wednesday: Christian Education Committee and Sunday School Teachers' meeting, 5 p.m.; Confirmation class with Pastor Ray, 6:30 p.m.; Workshop to prepare Quiet Books and bags, 6:30. Thursday: Worship service on Cable Channel 19, 11 a.m.

FIRST TRINITY LUTHERAN
Altona
57741 847th Road, Wayne)

Missouri Synod (Keith Kihne, pastor)
Parsonage - 375-1291 Cell - 369-2977

Sunday: Sunday School, 9 a.m.; Worship service with Holy Communion, 10:15.

FIRST UNITED METHODIST
6th & Main St.
(Rev. Mary Tyler Browne, pastor)

Saturday: Safe Sanctuary Training, 8 to 11 a.m.; Training the Trainer, 11 a.m. to 12:30 p.m. Sunday: Seventh Sunday after

Epiphany. Worship Service, 8:15 and 9:30 a.m.; Fellowship time after each service; Mission Committee luncheon after 9:30 service; Sunday School, 10:45. Monday: President's Day. Cub Scouts, 6:30 p.m. Tuesday: Friends of the Library Potluck, 6 p.m.; Disciple Bible Study, 7. Wednesday: Naomi, 1:30 p.m.; Theophilus, 1:30; Kings Kids, 3:30 p.m.; Bell Choir, 6 p.m.; Confirmation, 6:30; Chancel Choir, 7; Gospel Seekers, 7. Thursday: Siouxland Blood Bank at Fire Hall, 8:30 a.m. to 3 p.m.

GRACE LUTHERAN
Missouri Synod
904 Logan
grace@gracewayne.com (The Rev. Carl Lilienkamp, Senior Pastor)
(The Rev. John Pasche, Associate pastor)

Sunday: Lutheran Hour on KTCH, 7:30 a.m.; Worship, 8 and 10:30 a.m.; Sunday School, 9:15; Progressive Dinner, 4 p.m.; Adult Information, 7 p.m. Monday: Bell Choir, 6:30 p.m.; Worship with Holy Communion, 6:45 p.m.; Sunday School Teachers, 7:30. Tuesday: C.S.F. Devotions, 9 p.m. Wednesday: Men's Bible Study, 6:30 a.m.; Bible Study, 9; Senior Group luncheon, noon; Choir, 6:30 p.m.; Midweek, 6:30. Thursday: Sewing, 1:30 p.m.

JEHOVAH'S WITNESSES
Kingdom Hall
616 Grainland Rd.

Sunday: Public meeting, 10 a.m.; Watchtower study, 10:50. Tuesday: Congregation Book Study, 7:30 p.m. Thursday: Theocratic Ministry School, 7:30 p.m.; Service Meeting, 8:20.

OUR SAVIOR LUTHERAN
421 Pearl St. • 375-2899 (Pastor Bill Koeber)
oslc@oslcwayne.org

Friday: Hannah Circle, 2 p.m. Saturday: Worship, 6 p.m. Sunday: Worship, 8 and 10 a.m.; Adult Education and Sunday School, 9:15; National Youth Gathering Meeting, 9:15; Worship, 7 p.m. Monday: Worship & Music Committee, 6 p.m. Tuesday: Bible Study at Tacos & More, 6:45 a.m.; Staff meeting, 9:30; Men Who Love Beef, 6 p.m.; Christian Education Committee, 7; Couples Bible Study, 7:30. Wednesday: Men's Bible Study, 7 a.m.; Oaks Devotions, 3:30 p.m.; God's Music Makers, 6 p.m.; Joyful Noise rehearsal, 6; Adult Choir rehearsal, 7; GPS, 7; Charity Circle, 7:30. Thursday: Sewing, 9:30 a.m.; ChemoCaps, 7 p.m.

PRAISE ASSEMBLY OF GOD
1000 East 10th St. • 375-3430 (Steve Snead, Pastor)

Sunday: Worship celebration, 10:30 a.m.; Nursery, pre-school and Elementary ministries available. Wednesday: Family night, 7 p.m.; nursery, newborn through 2 years; Rainbows, 3-5 years; Missionettes, girls, K-6th; Royal Rangers, boys, K-6th; Youth meeting, 7th - 12th; Adult Prayer.

ST. MARY'S CATHOLIC
412 East 8th St.
(Fr. Mark Tomaszewicz, pastor)

375-2000; fax: 375-5782; E-mail: parish@stmaryswayne.org
Friday: Mass, 8 a.m. Saturday: Confessions one-half hour before Mass. Mass, 6 p.m. Sunday: Confessions one-half hour before Mass. Mass 8 and 10 a.m.; Spanish Mass, 6 p.m. Monday: No Mass. Tuesday: Mass, 8 a.m.; Pastor Council, rectory meeting room, 7 p.m. Wednesday: Mass, 8:15 a.m.; Religious Education classes, 7 p.m. Thursday: No Mass; RCIA, rectory meeting room, 7 p.m.

Allen

FIRST LUTHERAN
(Karen Tjarks, TEEM)

Saturday: Mission Cluster meeting at Wausa. Sunday: Worship Service, 9 a.m.; Sunday School, 10. Tuesday: Internship Committee meeting at First Lutheran, 6 p.m. Wednesday: Confirmation, 4 p.m. Thursday: Cluster Pastors' meeting in Yankton.

UNITED METHODIST
(Rev. Dimond, pastor)

(Pastor Sara Simmons, pastor) (Ken Johnson, ass't. pastor)
Sunday: Worship Service, 9:30 a.m.; Sunday School, 9:45; Coffee Hour, 10:30.

Carroll

BETHANY PRESBYTERIAN
(Gail Axen, pastor)

Sunday: Worship, 9 a.m.

ST. PAUL'S LUTHERAN
(Rev. Timothy Steckling, pastor)

Sunday: Worship Service, 8 a.m.; Sunday School, 8:50. Wednesday: Catechism at Winside, 4 p.m.

UNITED METHODIST CHURCH
(Rev. Mary Tyler Browne, pastor)

Sunday: Seventh Sunday after Epiphany. Sunday School, 9:30 a.m.; Worship Service, 11 a.m. Monday: Presidents' Day. Tuesday: Carroll Advisory Board, 6:30 p.m.

Concord

CONCORDIA LUTHERAN
(Karen Tjarks, TEEM)

Sunday: Sunday School, 9:30

a.m.; Worship Service, 10:45 a.m. Tuesday: Internship Committee meeting at First Lutheran, 6 p.m. Wednesday: Confirmation, 4 p.m. Thursday: Cluster Pastors' meeting in Yankton.

ST. PAUL LUTHERAN
East of town
(Willie Bertrand, pastor)

Sunday: Communion Sunday. Bible Study, 8 a.m.; Worship, 9; Worship at Wakefield Health Care Center, 2:45 p.m. Wednesday: Bible Study at Immanuel, 7:30 p.m. Thursday: St. Paul Ladies Aid, 2 p.m.

EVANGELICAL FREE
(Pastor Todd Thelen)

Sunday: Sunday School, 9:30 a.m. Morning Worship, 10:30 a.m.; Choir, 6 p.m.; Junior High and Senior High Youth Group, Evening Bible Study and Children's Choir, 7 p.m. Wednesday: Awana/JV, "Pass the Purple Cow," 7 p.m.; Adult Bible Study/Prayer, 7.

Dixon

ST. ANNE'S CATHOLIC
(Fr. James McCluskey, pastor)

Sunday: Mass, 10 a.m. Tuesday: Mass, 8 a.m. Wednesday: Religious Education classes, 7.

Hoskins

PEACE UNITED CHURCH OF CHRIST
(Olin Belt, pastor)

Sunday: Sunday School (Coffee Hour), 9:30 a.m.; Worship Service, 10:30.

TRINITY EVANG. LUTHERAN
(Rodney Rixe, pastor)

Sunday: Trinity Bible Hour, 9 a.m.; Worship service with The Lord's Supper, 10 a.m.; Church Council meeting, 11. Tuesday: Worship at Heritage of Bel Aire, 1 p.m.; P.I.E. Meeting, 7:30. Wednesday: Confirmation class, 4:45 - 6:15 p.m.; Choir practice, 7:30. Thursday: Worship at Madison House, 1:30 p.m. Friday: WELHS Basketball Tournament.

ZION LUTHERAN
(Lynn Riege, pastor)

Sunday: Sunday School, 9:15 a.m.; Worship Service with Holy Communion, 10:30 a.m.

Wakefield

CHRISTIAN CHURCH
3rd & Johnson
Internet web site:
http://www.geocities.com/Heartland/Acres/1262

(Bill Chase, Interim pastor) (Kobey Mortenson, Youth pastor)
Sunday: Christian Hour, KTCH, 8:45 a.m.; Prayer Warriors, 9; Sunday School, 9:30; Praise and Worship, 10:30.

EVANGELICAL COVENANT
802 Winter St.
(Ross Erickson, pastor)

(Dennis Wood, Minister to Youth)

web site: http://www.blomnet.com/church/wakecov
e-mail: wakecov@blomnet.com

Friday-Sunday: Explorer Retreat. Sunday: Sunday School, 9:30 a.m.; Worship, 10:45; Senior High, 5. Tuesday: Ladies Meet for prayer, 9 a.m.; Video on Local Cable, 10 a.m. and 7 p.m. Wednesday: Confirmation 4:15 p.m.; Snak Shak, 5:45; Pioneer Club and Junior High, 6:15; Adult Bible Studies, 6:30; Hearts Afire, 7:30 p.m. Thursday: Men's Bible Study at Tacos & More, 7 a.m.

IMMANUEL LUTHERAN
4 North, 3 East of Wayne
(Willie Bertrand, pastor)

Sunday: Communion Sunday. Bible Study, 9:15 a.m.; Worship, 10:30; Worship at Wakefield Health Care Center, 2:45 p.m. Wednesday: Bible Study at Immanuel, 7:30 p.m.

PRESBYTERIAN
216 West 3rd
(Susan Banholzer, pastor)

Sunday: Worship, 11 a.m.

ST. JOHN'S LUTHERAN
West 7th & Maple
(Rev. Terry L. Buehe, pastor)

Sunday: Worship, 9 a.m.; Sunday School and Adult Bible Study, 10:15; Youth Bible Study, 7 p.m.

SALEM LUTHERAN
411 Winter Street
(Jerome Cloninger, pastor)

Saturday: Northeast Cluster, 11 a.m.; Worship, 6:30 p.m. Sunday: Bells, 8 a.m.; Sunday School, 9; Worship with Communion, 10:30. Monday: Quilt Day, 9:30 a.m.; Mutual Ministry, 7 p.m.; SPIRE deadline. Tuesday: Bible Study, 10 a.m.; WOW, 6:30 p.m.; Altar Guild, 6:30. Wednesday: Tape/Video, 9:30 a.m.; No WOW; Confirmation, 4:30 p.m. Thursday: Video on local Cable; WELCA, 2 p.m. Saturday: Worship with Communion, 6:30 p.m.

Winside

ST. PAUL'S LUTHERAN
218 Miner St.
(Pastor Timothy Steckling)

Sunday: Bible Study, 9:15 a.m.; Sunday School and fellowship, 9:30; Worship, 10:30.

TRINITY LUTHERAN
(PMA Glenn Kietzmann)

Sunday: Sunday School, 9:30 a.m.; Worship service, 10:30.

UNITED METHODIST
(Carol Jean Stapleton, pastor)

(Parish Assistants - Freeman Walz and Christine Walker)
Sunday: Sunday School, 10 a.m.; Prayer and Share, 10:45; Worship Service, 11:15 a.m. Monday: Parish Disciple Study at Pierce, 7 p.m. Wednesday: Pastor in Pierce office 1 p.m..

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Wayne church hosts recital

The First Presbyterian Church hosted a recital on Sunday night which included singing, clarinet music, piano pieces, the Handbell choir and Chimes.

The Reverend Ray McCalla and his wife Rev. Rachelle McCalla sang a duet 'Tak'n My Time by Denté & Peacock with Mr. McCalla



Jay O'Leary, above, plays his clarinet solo 'Victor's Tale' during the Presbyterian Recital on Sunday evening while the Reverend Ray McCalla, below, plays a Recorder through his nose.



Trinity Lutheran WELCA meets for February meeting

The Trinity WELCA group met on Feb. 8. in the church basement. President Kathy Jensen opened with a reading entitled "Works of Love" for Valentines Day. The bible study lesson was on "Angels and Guidance" from Acts chapters 8 and 10.

also playing two musical numbers with a recorder. McCalla enlightened the packed church with a rendition with a recorder played through his nose.

He was also part of a quartet which sang 'Leaning on the Everlasting Arms' along with Dean Metz, David McElwain and Mark McCorkindale.

McCorkindale sang a baritone solo 'Vittoria, mio cuore by Carissimi and he teamed up with Kaki Ley for a duet entitled The Gift of Love.

Jay O'Leary played a clarinet solo 'Victor's Tale' by John Williams. O'Leary said the music to this piece from the movie 'The Terminal' was released less than two weeks ago and he quite possibly was the first in Nebraska to play it.

Piano pieces were played by Jane O'Leary, Jacob Pulfer, Luke Pulfer, Marta Pulfer, Brittney Peterson and Jared Peterson. Hannah McCorkindale was to play a clarinet solo as well as a piano solo but was sidelined with the flu.

The Handbell Choir and Chimes played three numbers including 'A Scottish Melody, Amazing Grace & Etude in G.' Jay O'Leary is the director of the group.

Mother-to-Mother meeting to be held

Breastfeeding is a simple and natural process, but you may need support and information on correct positioning, working and breastfeeding, avoiding problems, and overcoming any difficulties that may occur.

Attending La Leche League meetings can help you learn about breastfeeding from other nursing mothers. Being in touch with La Leche League can give you the network of support you need.

La Leche League will meet noon-1pm, Monday, Feb. 20 at 410 Main in Wayne. Children are welcome at all LLL functions.

Call Karen at 402-254-6724 for further information.

Briefly Speaking

PEO Chapter ID conducts February meeting

WAYNE — PEO Chapter ID met Feb. 9 in the home of Donna Ewing.

Tracy Keating and Kaki Ley were co-hostesses. Kathy Conway gave the program on "Peace." The next meeting will be Monday, March 13 in the home of Jennifer Phelps. Glenda Reinert and Rita Keller are co-hostesses. The program will be given by Glenda Reinert.

Donna Shufelt hosts Qwesters

AREA — The John G. Neihardt Chapter of Qwesters met Feb. 6 at the home of Donna Shufelt with Julie Claybaugh as co-hostess.

Ten members and one guest attended. Roll call was recalling a front porch memory. After the business meeting, Donna Shufelt gave a presentation about the Biltmore Estate in North Carolina.

The next meeting will be Monday, March 6. Guests are always welcome at the meetings. Anyone interested in joining the group is asked to contact any member.

PEO Chapter gathers

AREA — PEO Chapter AZ met Feb. 7 in the home of Kris Giese. Martha Broderson and Jan Liska assisted the hostess.

Amy Bowers read her President's letter; telling of the chapter's activities and accomplishments for the year. Annette Rasmussen gave the program on Women in Business.

The next meeting will be Tuesday, Feb. 21 at 4 p.m. with Jean Griess as hostess.

School Lunches

ALLEN SCHOOLS

(Feb. 20 - 24)
Monday: Breakfast — Cereal and donut. Lunch — Hamburger, bun, French fries, peaches, pudding.

Tuesday: Breakfast — Cereal & omelet. Lunch — Chicken fried steak, mashed potatoes, gravy, mandarin oranges, roll.

Wednesday: Breakfast — Toast and sausage links. Lunch — Salisbury steak, baked potato, broccoli, roll.

Thursday: Breakfast — Cereal & coffee cake. Lunch — Taco salad, lettuce, cheese, pears, cookie.

Friday: Breakfast — Cereal & pancakes. Lunch — Hot dog, bun, corn, mixed fruit, cake.

LAUREL-CONCORD SCHOOLS

(Feb. 20 - 24)
Monday: Breakfast — Omelet. Lunch — Corn dog, macaroni & cheese, lettuce/dressing, apple juice.

Tuesday: Breakfast — French toast. Lunch — Roast turkey, mashed potatoes & gravy, green beans, pears, roll.

Wednesday: Breakfast — Sausage wrap. Lunch — Super nachos, tater tots, banana, cinnamon bread.

Thursday: Breakfast — Breakfast egg wrap. Lunch — Deli sandwich, oven fries, baby carrots, pineapple.

Friday: Breakfast — Pancakes. Lunch — Breaded beef patty, mashed potatoes, gravy, peas & carrots, peaches, bread. Alternate — Chef Salad.

Milk and juice available for breakfast. Milk, chocolate milk, orange juice available each day.

WAKEFIELD

(Feb. 20 - 24)
Monday: Chicken sandwich, mixed vegetables, strawberries.

Tuesday: Pizza pockets, fresh vegetables, cookies, pears.

Wednesday: Turkey melt, French fries, fresh fruit.

Thursday: Spaghetti, lettuce, breadstick, peaches.

Friday: Chicken fried steak, broccoli & cheese, buns, mixed fruit.

WAYNE

(Feb. 20 - 24)
Monday: Chicken nuggets, green beans, wheat dinner roll, pineapple, cookie.

Tuesday: Pizzawiches, lettuce, pineapple, cake.

Wednesday: Spaghetti, corn, French bread, apple crisp.

Thursday: Cheeseburger, peas, peaches, cookie.

Friday: Sub sandwich, French fries, pears, cookie.

Milk served with each meal. Also available daily: chef's salad, roll or crackers, fruit or juice, dessert.

WINSIDE

(Feb. 20 - 24)
Monday: Breakfast — Cereal. Lunch — Chicken fried steak, mashed potatoes, mandarin oranges, roll.

Tuesday: Breakfast — Bagels. Lunch — Mini corn dogs, Cheetos, corn, peaches.

Wednesday: Breakfast — Egg wrap. Lunch — Barbecue pork on bun, Fritos, orange slices, oatmeal no

bake cookie.

Thursday: Breakfast — Muffin. Lunch — Quesadilla, lettuce, pears, cookie, pudding cup.

Friday: Breakfast — Donut. Lunch — Salisbury steak, mashed potatoes, carrots or green beans, roll.

Grades 6-12 have choice of salad bar daily. Served daily for breakfast is yogurt, toast and juice.

St. Paul ladies meet

St. Paul Ladies Aid of Winside met Feb. 1 with 16 members and Pastor Steckling present.

President Daisy Janke presided at the meeting.

Faye Mann had devotions on the Book of Act. The hymn, "My Faith Looks Up to Thee" was sung.

Pastor Steckling gave the Bible Study from Corinthians 11.

The minutes were read and the treasurer's report was given.

Thank you notes were read from Betty Miller, Gladys Rohde, Hilda Bargstadt, Marguerite Janke, Irene Ditman, Richard and Pat Jenkins, Pvt. Jacob Rappe, Mace Kant, Camp Luther, seminary student Michael Stänfest and family and the Otto Carstens family.

Daisy Janke and Arlene Allemann are on the Visitation Committee for February.

Get well cards were signed for Irene Ditman and Christine Lueker. The birthday song was sung for Arlene Allemann, Marilyn Leighton and Esther Carlson.

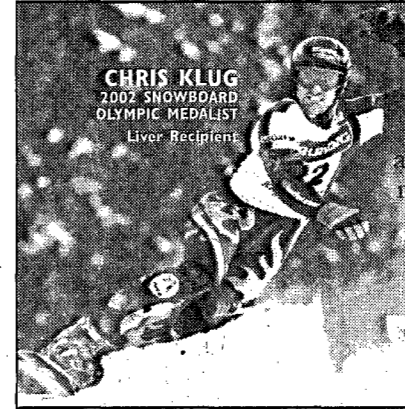
Roll call was taken and the meeting closed with The Lord's Prayer and table prayers.

Hostesses were Erna Hoffinan and Faye Mann.

The next meeting will be held Wednesday, March 1. Hostesses will be Daisy Janke and Susie Schmidt.

New Arrivals

KEENAN — Jeremy and Kay (Damme) Keenan of Dakota City, a daughter, Kylie Anna Jade, 8 lbs., 1 oz., born Feb. 6, 2006. Grandparents are Randy and Robin Nelson and LeRoy and Eileen Damme, all of Winside. Great-grandparents are Ella Berg of Winside, Agnes Keenan of Wayne and Les and June Niemann of Lebanon, Ore.



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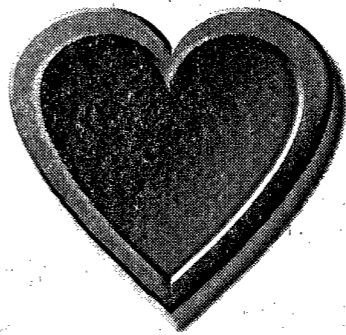


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Saturday: 8:00 a.m. - 10:00 a.m.

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Wanted ... Church news

The Wayne Herald would like to print information and schedules from area churches.

All information submitted to the Herald by Monday at 5 p.m. (delivered to the Herald office) or emailed by 8 a.m. on Tuesday will be included in that week's edition of the paper.

Articles may be mailed to P.O. Box 70, Wayne, Neb. 68787 or emailed to clara@wayneherald.com

The Herald thanks its readers and area ministers for their cooperation in our effort to keep informed on the happenings at various churches.

Joy Circle learns about Tanzania

The Joy Circle of Our Savior Lutheran Church met in the Social Room of the church on Feb. 8. There were 24 women in attendance.

Ruth Grone opened the meeting with devotions from "Expressions." The theme was "How Shall We Live Each Day that We Have."

The group decided to make Comfort Kits to be given to the Red Cross.

The speaker for the day was Esther Oberg of Wakefield. She teaches English as a Second Language there. From 1951-1991 she taught in a school in Tanzania. She was at MAASAE Girls Lutheran Secondary School.

The Spring Gathering will be held Saturday, April 22 at Immanuel Lutheran Church in Coleridge.

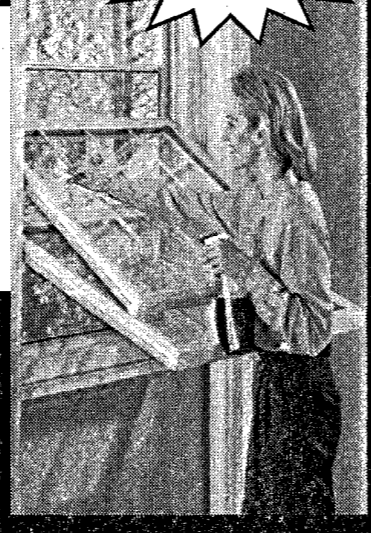
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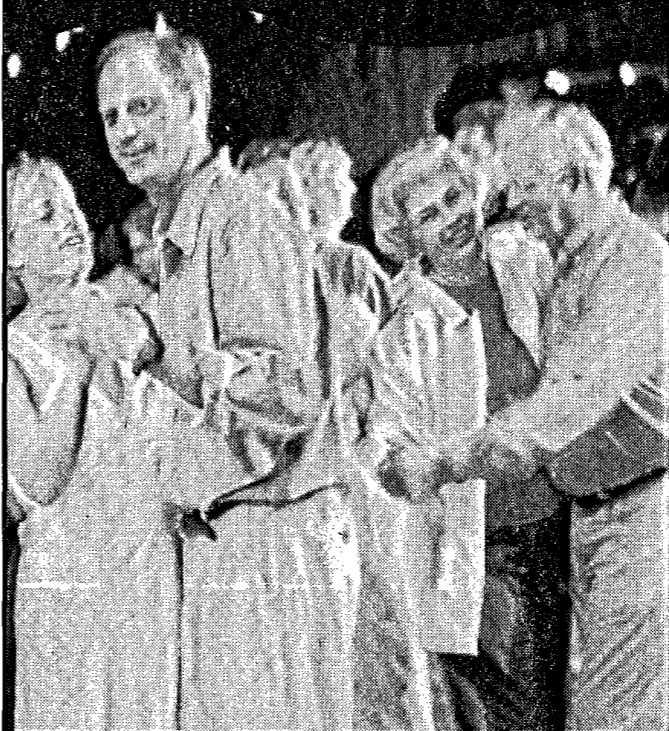


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Candidates will be selected by Feb. 27th.

Hoskins News

Hildegarde Fenske
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DORCAS SOCIETY
Peace United Church of Christ Dorcas Society met at the church on Feb. 2.
Newly elected Vice President Donna Asmus presided. She read "God's Gift of Love."
Pastor Olin Belt gave the opening prayer.
Betty Miller was a guest. Eight members and Pastor Belt answered roll call.
Adeline Anderson was the hostess and the group sang her favorite hymn, "In the Garden."

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The secretary's report was given and approved and the treasurer's report was accepted. Communications were read and Pastor Belt thanked all of those who contributed to the Youth Group's soup and dessert luncheon. Proceeds were to be sent to Kamp Kaleo.
There will be a pancake feed on Ash Wednesday, March 1.
Plans are being made to observe the church's 125th anniversary on Sept. 18, 2006.
During the month, many cards were sent.
The birthday song was sung for Geraldine Benton. Members closed the meeting with The Lord's Prayer.
The Bible study was on Isaiah, Chapters 63-64

Senior Center Calendar

(Week of Feb. 20 - 24)
Monday, Feb. 20: Morning walking; Pool, 1 p.m.; Cards and quilting; Business meeting; Music with Pat Cook.
Tuesday, Feb. 21: Morning walking; Cards and quilting; Bowling; Barb Leuschen speaker.
Wednesday, Feb. 22: Morning walking; Cards and quilting; Pool, 1 p.m.
Thursday, Feb. 23: Morning walking; Quilting; Pitch party, 1:15 to 3 p.m.
Friday, Feb. 24: Morning walking; Pool and cards, 1 p.m.; Quilting and bingo.

Jorgensen to receive Distinguished Service Award



Michele Jorgensen

Michele Jorgensen, SPED paraprofessional at Wayne Elementary School, was notified she is recipient of a Distinguished Service Award given by the Nebraska Association of Special Education Services and the Nebraska Department of Education. She was nominated by several teachers, administration and Wayne community families. She will go to Lincoln to the NASES and NDE joint meeting on Feb. 21 to receive her award at a luncheon ceremony.
Jorgensen has worked in Special Education at Wayne Elementary for 17 years. She is married to Steve Jorgensen and has three daughters, Cody and Cassie Mrsny and Cali Jorgensen. They have a grandson, Keagan Mrsny.
Jorgensen thanked everyone who nominated her as well as NASES and NDE for choosing her for the award. She noted she loves her job and has had the pleasure of learning from and working with superior faculty, staff and administrations of the Wayne Community Senior Center.

Jorgensen ended by saying, "It is such an honor to be a part of the growth and development of the children of the Wayne community." Schools.
She especially thanks her stepmother, Cindy Milligan, who talked her into applying for the position years ago and Principal David Lutt for hiring her and giving her the opportunity to start on the path of learning which has grown into a rewarding career.

Senior Center Congregate Meal Menu

(Week of Feb. 20 - 24)
Meals served daily at noon
For reservations, call 375-1460
Each meal served with bread, 2% milk and coffee
Monday: Ham, creamed potatoes, mixed vegetables, pasta salad, apricots.
Tuesday: Salisbury steak, au gratin potatoes, cauliflower, apple toss salad, oatmeal cake.
Wednesday: Oven fried chicken, mashed potatoes & gravy, green beans, fruit slush, ice cream.
Thursday: Beef salad sandwich, Wisconsin cheese soup, marinated tomatoes, two fruit salad, apricot nectar dessert.
Friday: Pork steak, mashed potatoes & gravy, glazed carrots, blender pear salad, rye bread, strawberries.

Looking for correspondents

The Wayne Herald would like to hire correspondents in the following towns: Carroll, Wakefield, Dixon, Concord, Laurel, Winside.
If you are interested in gathering news, let us know by calling 402-375-2600 or toll free: 1-800-672-3418.

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I'm a nurse and Dr. Feidler would see patients at the hospital where I worked. I thought he was an excellent physician. He dealt with a lot of foreign objects in emergency situations. I would say he's the best that I know."



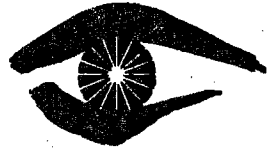
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Faith Regional Health Services is proud to welcome

Lawrence Rubens, M.D. Orthopaedic Surgery

Dr. Rubens has joined Faith Regional Orthopaedic Services. Bringing 25 years of orthopaedic practice experience to Faith Regional Dr. Rubens specializes in arthroscopic reconstructive surgery of the shoulder, elbow, hip, knee and ankle, as well as orthopaedic extremity trauma and total joint reconstruction. He is the Medical Director of Orthopaedic Trauma for Faith Regional's Emergency Department.

Dr. Rubens received his medical degree from the University of Michigan School of Medicine, Ann Arbor, MI. He completed his Orthopaedic Surgery Residency at Henry Ford Hospital in Detroit, as well as two Orthopaedic Trauma Fellowships at University of Nevada School of Medicine, Reno, NV and University of Saarland, Homburg, West Germany. He is board certified by the American Board of Orthopaedic Surgery. Prior to joining Faith Regional Orthopaedic Services, Dr. Rubens was in practice at Norfolk Medical Group.

Faith Regional Orthopaedic Services clinic is located at Medical Offices North, first floor, 301 N. 27th Street, in Norfolk. For an appointment call (402) 844-8158.

FAITH REGIONAL
Orthopaedic Services
Medical Offices North
301 N. 27th Street
Norfolk, NE 68701
Phone: 402.844.8158

Lawrence Rubens, M.D.
General Orthopaedic Surgery



American Heart Month

Another heart care first, BryanLGH pioneers Stereotaxis technology in Nebraska

When it comes to heart care, the BryanLGH Stereotaxis system puts the medical center in elite company.

At BryanLGH we're treating coronary artery disease and heart rhythm problems with a new type of magnetic navigation system - so advanced it's available at only 30 of America's benchmark facilities.

"Stereotaxis represents the next evolution in what's being done in the electrophysiology lab," notes cardiac electrophysiologist Andrew Merliss, MD, of the BryanLGH Heart Institute. "This new technology allows us to manipulate catheters to areas that are difficult to reach using conventional techniques."

He points out that this automated catheter advancement system has performed flawlessly during biventricular pacemaker implants and other procedures in the EP lab at BryanLGH Medical Center East.

Drawn to magnetic navigation-Components of the Stereotaxis system include the Niobe Magnetic Navigation System(r) and the AXIOM(r) Artis dFC - Siemens' top digital fluoroscopic imaging system.

Stereotaxis features 2,000-pound super conducting magnetic assemblies and advanced computer software. From a control room outside the patient suite or from the patient's side, Dr. Merliss and other specially trained physicians navigate magnetic-tipped equipment through the patient's arteries or heart chambers. The system's computer software and magnets outside the patient's body work in tandem to allow physicians to guide wires and catheters with great precision.

Physicians can navigate to places within the heart that they couldn't get to as easily or as safely before. The computer - which doesn't rely on an operator's dexterity - advances and manipulates the catheter, so there's unprecedented stability and less risk of complications than with conventional cath techniques.

"Using the remote control joy stick requires you to become sort of a Nintendo expert, as modern medicine keeps moving toward computer- and image-driven methodologies," Dr. Merliss says. "That's what's

exciting - this field is extremely attractive because challenges change daily and you're constantly on the forefront of what's new."

Who benefits-"Physicians are using this magnetic navigation system primarily for placing electrophysiology catheters and manipulating wires during biventricular pacemaker implants and other interventional cardiology procedures," says cardiac and vascular services director Eric Hoelsing.

"We can get catheters to lesions in difficult places more effectively, and when the U.S. Food & Drug Administration approves other catheters being tested, we'll be able to greatly expand the range of procedures available with Stereotaxis."

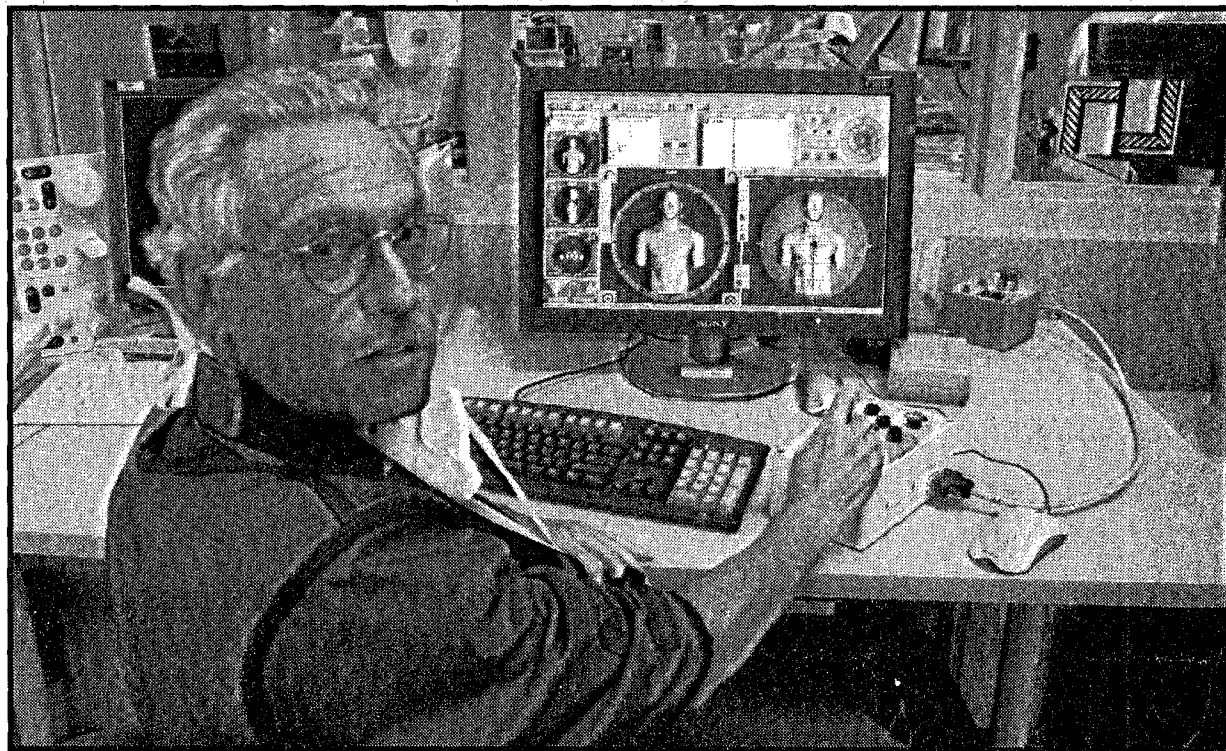
Dr. Merliss estimates that procedure time will be greatly reduced, so patients and staff

members will be exposed to much less radiation.

Forward thinking- Besides this new equipment in the EP lab, the cardiac and vascular department is growing in other ways. It's expanded and will have six labs later this year, when a new peripheral vascular lab opens with a Siemens setup that features three-dimensional image reconstruction.

"BryanLGH has been very cooperative in supporting the electrophysiology program here," says Dr. Merliss. "Being the first in the region to have Stereotaxis positions us to take advantage of continuing advancements and confirms the medical center's commitment to sustaining a technological edge that helps our patients."

For more information call BryanLGH Heart Institute, (402) 483-3333.



Dr. Andrew Merliss, BryanLGH Heart Institute, pauses at the controls of the new Stereotaxis system, outside the electrophysiology suite at BryanLGH East

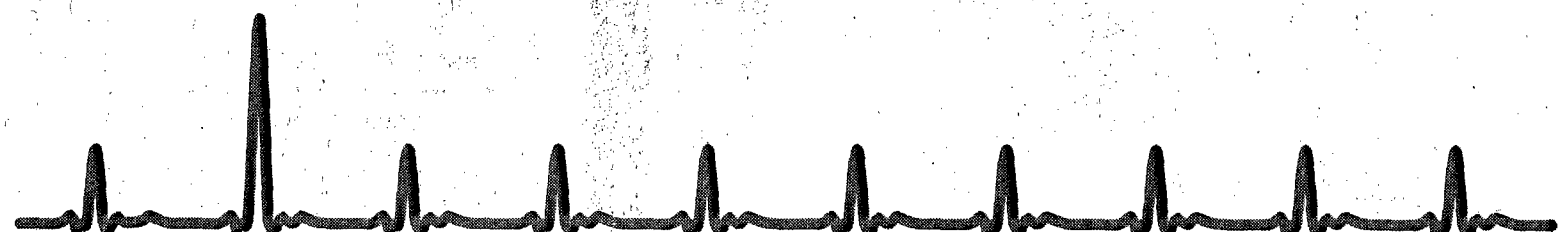
Simple recipe for better health

If one of your resolutions is to live healthier this year, the American Heart Association offers up a simple recipe: Get active and eat better. It's easy when you take these healthy, step-by-step directions to heart: Start by Turning Activity to "On" - The body benefits from being physically active for at least 30 minutes each day. Regular activity can help you use more calories and build long-term heart health.

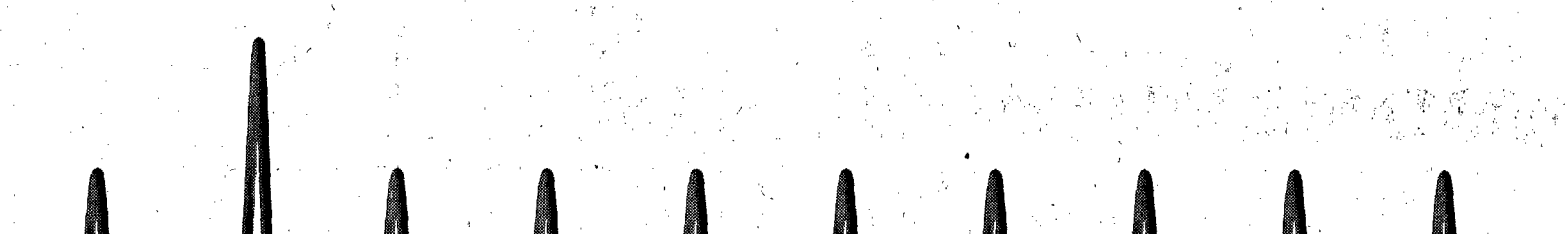
That's important because heart disease and stroke continue to be America's No. 1 and 3 killers. So turn off the TV and video games and take walks with the family. Stride briskly

See RECIPE, page 6C


> Cardiology



1986
Our First Heart Transplant




1996
Our First Mechanical Heart Assist Device



2006
20 Years and Beating Strong

Here's to another 730 million beats.

We've accomplished a great deal since our first heart transplant in 1986. We've served as Nebraska's only continuous heart transplant program for more than 20 years. Achieved survival rates that exceed the national average. Helped pioneer the use of the mechanical heart assist device. Participated in national research and provided outreach and patient education to all parts of the state. Today, the beat goes on as we continue to move forward with the most innovative and leading edge approach to heart disease.





Celebrate healthy hearts

Members of the Wayne Senior Center celebrated many years of healthy hearts by wearing red on Feb. 3, Go Red Day. Many area businesses and local residents observed National Wear Red Day which was promoted by Northeast Nebraska Public Health, WSC Service Learning students (Exercise Science and business students), American Heart Assoc., and the Nebraska Cardiovascular program.

Recipe

continued from page 1A

through the entire mall before stopping to shop. Take the stairs rather than the elevator. In short, get up and move!

Add a Healthy Diet - Good food and good health are ingredients that DO go together in this simple, healthy living recipe. It's just a matter of selecting the right combination of foods to fuel your body and satisfy the tastes you love.

The first step in building your family's healthy and flavorful eating plan, says the American Heart Association, is to select a wide variety of foods low in saturated fat and cholesterol. Then, to complete your good nutrition resolution:

- Fill your grocery cart with plenty of fresh fruits and vegetables, which are naturally low in saturated fat and cholesterol.

- Choose whole grain products, including oatmeal, rice and whole-grain breads.

- Select lean protein sources such as skinless poultry, fish,

American Heart Association

Products displaying the heart-check mark meet American Heart Association food criteria for saturated fat and cholesterol for healthy people over age 2.

heartcheckmark.org

Shoppers can quickly find ingredients for heart-healthy recipes by looking for the familiar heart-check mark.

- legumes and extra-lean meats.
- Substitute low-fat, low-cholesterol snacks for traditional high-fat, empty-calorie snacks.
- Look for the American Heart Association's red heart with the

white check mark on food labels to identify foods low in saturated fat and cholesterol.

Blend with Smart Shopping - With so many foods in the grocery store, it's hard to spot heart-healthy choices. That's why the American Heart Association created the heart-check mark. Backed by science, the distinctive red heart with the white check mark helps you easily and reliably identify heart-healthy foods that can be part of a sensible eating plan. Food packages bearing the simple logo meet the association's criteria for heart-healthy levels of saturated fat and cholesterol for healthy people over age 2.

To make shopping even faster, create your list of heart-healthy foods online before you go.

Log on to heartcheckmark.org. Click on "My Grocery List." Select, print and shop.

Serve Sensibly - Remember to keep your eyes on serving size. Oversized portions aren't allowed in a recipe for good health.

Transplant and artificial heart program anniversaries renew hope, celebrate successes

On March 3, 1986, a visionary team of physicians and nurses, backed by the support of 40 departments at BryanLGH Medical Center, performed the first heart transplant in Lincoln.

In March, they will mark their 20th anniversary as Nebraska's longest, continuous and most successful heart transplant program. And at the same time, their 10th anniversary as a leader in the field and provider of artificial heart assist devices.

Restoring lives- A month later, in April 1986, Donna Elsasser of Lincoln became the second of 131 patients to receive heart transplants at BryanLGH.

"I needed a transplant because of heredity," Elsasser says 20 years after the historic procedure. "Idiopathic familial cardiomyopathy leading to a poorly functioning heart is common in my family, so I became a candidate as my health declined."

She followed stories about pioneering surgeries and the first mechanical hearts with interest but wasn't satisfied a transplant would help until physicians convinced her the time was right.

"I was fortunate that, just 12 hours after I agreed to go on the transplant list, an organ became available - and right before my forty-second birthday," she recalls.

The following years have included visits to the transplant clinic at BryanLGH East every six months as well as annual examinations, but she notes with pride that she's never been hospitalized because of complications from her transplant.

"People have to realize that transplants can restore patients' lives and give others a chance to go on, so I hope that many more will please consider becoming organ donors," Elsasser adds.

Hers is one of many success stories for the BryanLGH pro-

gram. It's the longest continuing heart transplant program in Nebraska and the only Medicare approved adult heart transplant program in our state. Survival rates for heart transplant patients here have been consistently longer than the national average.

Artificial hearts debut here- In 1996 cardiac, thoracic and transplant surgeon Ed Raines, MD, and members of the BryanLGH heart team started an artificial heart program that has evolved into a national leader for implanting ventricular assist devices (VADs).

"The VAD program here at BryanLGH has turned a corner to become a major player on a national level with regard to this therapy," notes Dr. Raines. "It has become a flagship program for this institution and offers our patients options for their heart failure that few programs can."

The two most recent heart transplant recipients also benefited from electric-powered HeartMate(r) left ventricular assist systems.

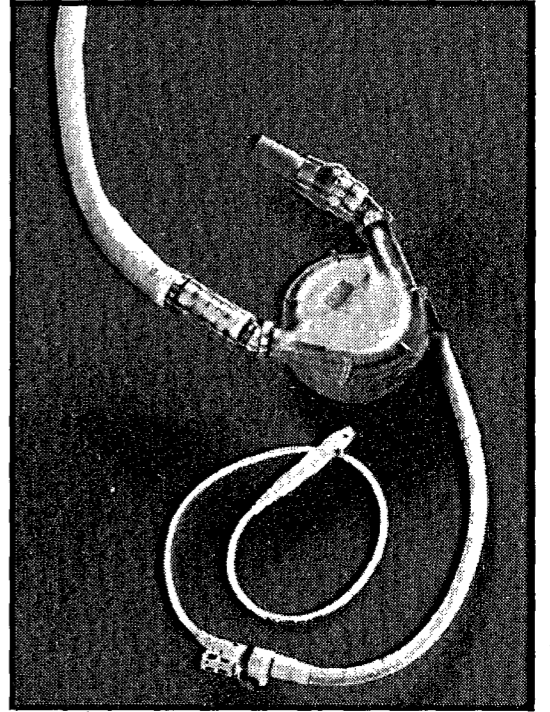
Brian Bencken of Lincoln received a VAD in June 2005 because he suffered from ischemic cardiomyopathy (ineffective pumping of the heart). The portable HeartMate allowed him to live at home while waiting for a donor heart.

Bencken became the 130th heart transplant patient on Nov. 23, and Kathryn Stull of Gothenburg received the 131st heart transplant on Dec. 21. Stull had undergone a VAD implant in July 2004 for temporary support until her heart transplantation surgery.

The HeartMate device measures only about four inches in

diameter and weighs less than three pounds, so it can be placed in the abdominal cavity near the cardiovascular system to assist the pumping function of the heart's left ventricle.

These devices have proved to be very successful in helping patients by serving as a "bridge" for them as they await donor hearts. And recent stud-



Electric-powered HeartMate(r) ventricular assist devices have helped many patients improve while they wait for donor hearts.

ies indicate that for some, this artificial heart can help improve quality of life and longevity even if suitable donor hearts do not become available. This, then, is using the artificial heart as ongoing life therapy or destination therapy.

BryanLGH is the only medical center in Nebraska designated by the Centers for Medicare and Medicaid Services as a destination therapy VAD facility.

There's more on the horizon! Even smaller models of the HeartMate are being developed, further expanding the range of possible candidates.

To learn more about the transplant program at BryanLGH, call (402) 481-3933.

Despite its name, heart failure can be fought

Though cancer is claiming more and more victims each year, heart disease remains the foremost cause of death in Americans. According to the American Heart Association, 70.1 million Americans suffer from some type of cardiovascular disease, with roughly 10 percent of those sufferers being victims of a heart attack and nearly 5 million of those suffering from congestive heart failure.

Perhaps the most difficult obstacle to overcome with respect to heart failure is making people know they have it. Despite the implied totality of its name, heart failure does not mean your heart just stops. Rather, heart failure gradually develops and taxes your heart to the point where it needs to work especially hard just to maintain normal function, such as pumping your blood. It is typically the result of a heart attack or an extended period of high blood pressure.

There are distinctive characteristics that act as indicators of heart failure. For instance, trouble breathing when resting or lying down, and waking up breathless in the middle of the night can be signs.

Another symptom not to take lightly is fatigue. Those who might be on the doorstep of heart failure tire more easily than is normal for someone their age and might experience edema, a swelling of the feet, ankles or legs. If you find yourself or a loved one to be tiring despite a lack of activity, consult a physician and ask for a cardiovascular examination.

Excessive coughing is also a telltale sign of heart failure. A hacking cough when lying in bed or a cough that produces ample and continuous mucus is

a sign that heart failure might be setting in. While each of these symptoms might seem commonplace in the elderly, they all imply something worse than just "getting old," and further attention is necessary if you or someone you love is exhibiting these symptoms.

Though heart failure is typically not recognized until its more advanced stages, there are a number of precautions one can take to limit one's risk of heart failure.

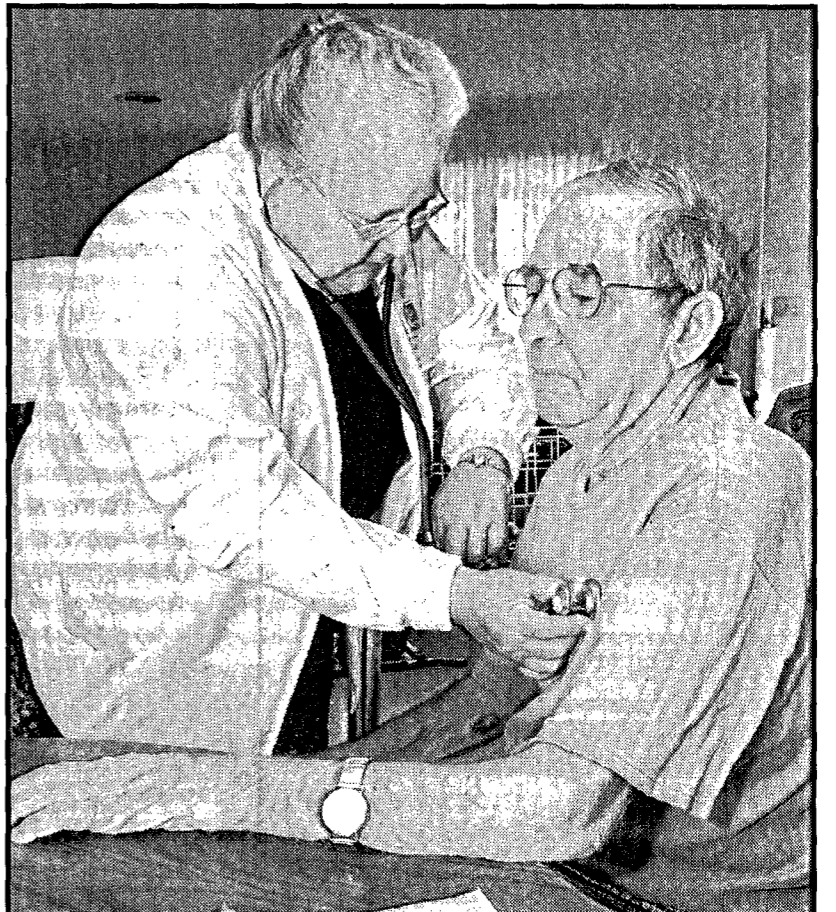
One such precaution is exercising at a rate and frequency prescribed by your doctor. Consult with a physician, as opposed to an athletic or personal trainer, and work with him or her to develop an appropriate routine.

Another thing to do is watch your weight. Large fluctuations

in body weight can be extremely taxing on your heart, whether you're dropping pounds or gaining them. Maintaining a steady weight or, if you're trying to lose weight, dropping pounds gradually allows your heart to tackle a more predictable workload.

Limiting your intake of salt can also go a long way in reducing your risk for heart failure. Sodium has long been linked to high blood pressure, something that is a direct cause of heart failure.

It is wise to remember the prevalence of heart failure. Though its name might imply fatality, there are a number of steps you can take to lower your risks of falling victim to heart failure. To learn more, visit Heart Failure Society of America at www.aboutHF.org



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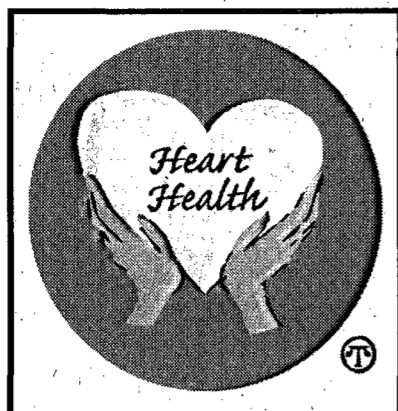
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Heart disease is the #1 killer of women

One in three American women dies of heart disease. Unfortunately, most women don't know. The Heart Truth. Only about a third know that it is the leading cause of death for women. The Heart Truth is that many women don't take their risk of heart disease seriously—or personally. Women often fail to make the connection between risk factors, such as high blood pressure and high cholesterol, and their own risk of developing heart disease.



Risk Factors for Heart Disease

- Smoking
- High blood pressure
- High blood cholesterol
- Overweight/obesity
- Physical inactivity
- Diabetes
- Family history of early coronary heart disease

•Age (for women, 55 and older)

•Poor nutrition

Signs and symptoms of heart attack in women:

- Chest pain, pressure, squeezing, fullness or discomfort that lasts for more than a few minutes or goes away and comes back.
- Nausea
- Dizziness

- Unexplained weakness, anxiety, or fatigue without chest pain
- Pressure/pain in upper back, shoulders, neck, arm, or jaw
- Clammy sweats, heart flutters, paleness
- Stomach/abdominal pain
- Shortness of breath/difficulty breathing

Tips for heart health:

Don't smoke, and if you do, quit. Women who smoke are two to six times more likely to suffer a heart attack than non-smoking women. Smoking also boosts the risk of stroke and cancer.

Aim for a healthy weight. It's important for a long, vigorous life. Overweight and obesity cause many preventable deaths.

Get moving. Make a commit-

ment to be more physically active. Aim for 30 minutes of moderate-intensity activity on most, preferably all, days of the week.

Eat for heart health. Choose a diet low in saturated fat and cholesterol, and moderate in total fat that includes whole grains, fruits, and vegetables.

Know your numbers. Ask your doctor to check your blood pressure, cholesterol (total, LDL, HDL, triglycerides), and blood glucose. Work with your doctor to improve any numbers that are not normal.

What to do if heart attack warning signs occur:

- Call 911 immediately. If the person is not breathing, begin CPR immediately.
- Insist that hospital staff members take your complaints seriously, do not make you

wait, and give you a thorough cardiac evaluation.

Questions to ask your doctor:

Getting answers to these questions will give you vital information about your heart health and what you can do to improve it. You may want to bring this list to your doctor's office.

1. What is my risk for heart disease?
2. What is my blood pressure? What does it mean for me, and what do I need to do about it?
3. What are my cholesterol numbers? (These include total cholesterol, LDL or "bad" cholesterol, HDL or "good" cholesterol, and triglycerides.) What do they mean for me, and what do I need to do about them?
4. What are my "body mass index" and waist measurement? Do they indicate that I

need to lose weight for my health?

5. What is my blood sugar level, and does it mean I'm at risk for diabetes?
6. What other screening tests for heart disease do I need? How often should I return for checkups for my heart health?
7. What can you do to help me quit smoking?
- How much physical activity do I need to help protect my heart?
8. What is a heart-healthy eating plan for me? Should I see a registered dietitian or qualified nutritionist to learn more about healthy eating?
9. How can I tell if I'm having a heart attack?

(source: Nebraska Health and Human Services System). More information can be found at www.hhss.ne.gov/hearttruth

When delicious meets nutritious: recipes for heart health

Here's some terrific news: what's good for your heart is great for your taste buds. As the recipes that follow show, you don't have to lose flavor to gain health. Heart-healthy cooking simply means making dishes that are low in saturated fat, total fat, cholesterol, and sodium. As an added bonus, these dishes have fewer calories than those higher in fat.

The recipes that follow will even tempt children. That's important, because good eating habits need to start early. So, cook up some "Classic Macaroni and Cheese" and "1-2-3 Peach Cobbler" and teach your kids or grandkids how delicious good health can taste. Chances are, they'll want another lesson.

These recipes were specially developed by the National Heart, Lung, and Blood Institute (NHLBI). If this collection whets your appetite for more information on healthy eating or other health-health topics, visit the NHLBI online at www.nhlbi.nih.gov/Enjoy.

ENTREES

Zucchini Lasagna
(Say "Cheese" because this healthy version of a favorite comfort food will leave you smiling)

1/2 lb. lasagna noodles, cooked in unsalted water
3/4 c. mozzarella cheese, part-skim, grated
1 1/2 c. cottage cheese*, fat free
2 1/2 c. zucchini, raw, sliced
2 tsp. basil, dried
2 tsp. oregano, dried
1/4 c. onion, chopped
1 clove garlic
1/8 tsp. black pepper

1. Preheat oven to 350 degrees F. Lightly spray 9 x 13-inch baking dish with vegetable oil spray.

2. In small bowl, combine 1/8 c. mozzarella and 1 Tbsp. Parmesan cheese. Set aside.

3. In medium bowl, combine remaining mozzarella and Parmesan cheese with all of the cottage cheese. Mix well and set aside.

4. Combine tomato sauce with remaining ingredients. Spread thin layer of tomato sauce in bottom of baking dish. Add third of noodles in single layer. Spread half of cottage cheese mixture on top. Add layer of zucchini.

5. Repeat layering.
6. Add thin coating of sauce. Top with noodles, sauce, and reserved cheese mixture. Cover with aluminum foil.

7. Bake for 30-40 minutes. Cool for 10 to 15 minutes. Cut into six portions.

Yield: Six servings Serving size: 1 piece
Each serving provides: Calories: 276
Total fat: 5 g Saturated fat: 2 g
Cholesterol: 11 mg Sodium: 380 mg
Total fiber: 5 g Protein: 19 g
Carbohydrates: 41 g Potassium: 561 mg

*Use unsalted cottage cheese to reduce the sodium content to 196 mg per serving.

Baked Salmon Dijon

This salmon entree is easy to make and a delicious treat for

family and friends.

1 c. fat free sour cream
2 tsp. dried dill
3 Tbsp. scallions, finely chopped
2 Tbsp. Dijon mustard
3 Tbsp. lemon juice
1 1/2 lbs. salmon fillet with skin, cut in center
1/2 tsp. garlic powder
1/2 tsp. black pepper
As needed, fat free cooking spray

1. Whisk sour cream, dill, onion, mustard, and lemon juice in small bowl to blend.

2. Preheat oven to 400 degrees F. Lightly oil baking sheet with cooking spray.

3. Place salmon, skin side down, on prepared sheet. Sprinkle with garlic powder and pepper. Spread with the sauce.

4. Bake salmon until just opaque in center, about 20 minutes.

Yield: six servings Serving size: 1 piece (4 oz.)
Each serving provides: Calories: 196
Total fat: 7 g Saturated fat: 2 g
Cholesterol: 76 mg Sodium: 229 mg

Barbecued chicken
(Fall under the spell of this Southern-style, sweet barbecue sauce)

5 Tbsp. (3 oz) tomato paste
1 tsp. ketchup
2 tsp. honey
1 tsp. molasses
1 tsp. Worcestershire sauce
4 tsp. white vinegar
3/4 tsp. cayenne pepper
1/8 tsp. black pepper
1/4 tsp. onion powder
2 cloves garlic, minced
1/8 tsp. ginger, grated
1 1/2 lbs. chicken (breasts, drumsticks), skinless

1. Combine all ingredients except chicken in saucepan. Simmer for 15 minutes.

2. Wash chicken and pat dry. Place on large platter and brush with 1/2 of sauce mixture.

3. Cover with plastic wrap and marinate in refrigerator for 1 hour.

4. Place chicken on baking sheet lined with aluminum foil and broil for 10 minutes on each side to seal in juices.

5. Turn down oven to 350 degrees F and add remaining sauce to chicken. Cover chicken with aluminum foil and continue baking for 30 minutes.

Yield: six servings Serving size: 1/2 breast or two small drumsticks
Each serving provides: Calories: 176
Total fat: 4 g Saturated fat: 1 g
Cholesterol: 81 mg Sodium: 199 mg
Total fiber: 1 g Potassium: 392 mg
Carbohydrates: 7 g

Stir-fried beef and vegetables
(Stir-frying uses very little oil, as this tasty dish shows)

2 Tbsp dry red wine
1 Tbsp soy sauce
1/2 tsp sugar
1 1/2 tsp ginger root, peeled, grated
1 lb boneless round steak, fat-trimmed and cut across grain

into 1 1/2-inch strips
2 Tbsp vegetable oil
2 medium onions, each cut into 8 wedges
1/2 lb fresh mushrooms, rinsed, trimmed and sliced
2 stalks celery, bias-cut into 1/4-inch slices
2 small green peppers cut into thin lengthwise strips
1 c water chestnuts, drained, sliced
2 Tbsp cornstarch
1/4 c water

1. Prepare marinade by mixing together wine, soy sauce, sugar and ginger.

2. Marinate meat in mixture while preparing vegetables.

3. Heat 1 Tbsp oil in large skillet or wok. Stir-fry onions and mushrooms for 3 minutes over medium-high heat.

4. Add celery and cook for 1 minute. Add remaining vegetables and cook for two minutes or until green pepper is tender but crisp. Transfer vegetables to warm bowl.

5. Add remaining 1 Tbsp oil to skillet. Stir-fry meat in oil for about 2 minutes, or until meat loses its pink color.

6. Blend cornstarch and water. Stir into meat. Cook and stir until thickened.

7. Return vegetables to skillet. Stir gently and serve.

Yield: 6 servings Serving size: 6 oz
Each serving provides: Calories: 179
Total fat: 7 g Saturated fat: 1 g
Cholesterol: 40 mg Sodium: 201 mg
Total fiber: 3 g Protein: 17 g
Carbohydrates: 12 g
Potassium: 552 mg

SIDE DISHES

Classic Macaroni and Cheese
(Here's a scrumptious, lower-fat version of a favorite dish)

2 c macaroni
1/2 c onions, chopped
1/2 c evaporated skim milk
1 medium egg, beaten
1/4 tsp black pepper
1 1/4 tsp black pepper
1 1/4 c (4 oz) lowfat sharp cheddar cheese, finely shredded
As needed, nonstick cooking spray

1. Cook macaroni according to directions, but do not add salt to the cooking water. Drain and set aside.

2. Spray casserole dish with nonstick cooking spray. Preheat oven to 350 degrees F.

3. Lightly spray saucepan with nonstick cooking spray. Add onions and saute for about 3 minutes.

4. In another bowl, combine macaroni, onions and rest of ingredients and mix.

5. Transfer mixture into casserole dish.
6. Bake for 25 minutes or until bubbly. Let stand for 10 minutes before serving.

Yield: 8 servings Serving size: 1/2 c
Each serving provides: Calories: 200
Total fat: 4 g Saturated fat: 2 g
Cholesterol: 34 mg Sodium: 120 mg
Total fiber: 1 g Protein: 11 g
Carbohydrates: 29 g
Potassium: 119 mg
Sweet potato custard

(Sweet potatoes and bananas combine to make this flavorful, lowfat custard)

1 c sweet potato, cooked, mashed
1/2 c banana (about 2 small), mashed
1 c evaporated skim milk
2 Tbsp packed brown sugar
2 egg yolks (or 1/3 c egg substitute), beaten
1/2 tsp salt
1/4 c raisins
1 Tbsp sugar
1 tsp ground cinnamon
As needed, nonstick cooking spray

1. In medium bowl, stir together sweet potato and banana. Add milk and blend well.

2. Add brown sugar, egg yolks, and salt, mixing thoroughly.

3. Spray 1-qt. casserole with nonstick cooking spray. Transfer sweet potato mixture to casserole dish.

4. Combine raisins, sugar and cinnamon. Sprinkle over top of sweet potato mixture.

5. Bake in preheated 325 degree F oven for 40-45 minutes or until knife inserted near center comes out clean.

Yield: 6 servings Serving size: 1/2 c
Each serving provides: Calories: 160
Total fat: 2 g Saturated fat: 1 g
Cholesterol: 72 mg* Sodium: 255 mg
Total fiber: 2 g Protein: 5 g
Carbohydrates: 32 g
Potassium: 488 mg
(*if using egg substitute, cholesterol will be lower.)

DESSERTS

Apple Coffee Cake
(Apples and raisins keep this cake delectably moist- which means less oil and more heart health)

5 c tart apples, cored, peeled, chopped
1 c sugar
1 c dark raisins
1/2 c pecans, chopped
1/4 c vegetable oil
2 tsp vanilla
1 egg, beaten
2 c all-purpose flour, sifted
1 tsp baking soda

1. Combine cinnamon, vanilla, cornstarch, peach nectar, and pineapple or peach juice in saucepan over medium heat. Stir constantly until mixture thickens and bubbles.

2. Add sliced peaches to mixture. Reduce heat and simmer for 5-10 minutes.

3. In another saucepan, melt margarine and set aside.

4. Lightly spray 8-in. square glass dish with cooking spray. Pour in peach mixture.

2 tsp ground cinnamon
1. Preheat oven to 350 degree F. Lightly oil 13x9x2 inch pan.
2. In large mixing bowl, combine apples with sugar, raisins, and pecans. Mix well and let stand for 30 minutes.
3. Stir in oil, vanilla, and egg.
4. Sift together flour, soda, and cinnamon, and stir into apple mixture about 1/3 at a time - just enough to moisten dry ingredients.
5. Turn batter into pan. Bake for 35-40 minutes. Cool cake slightly before serving.

Yield: 20 servings Serving size: 3 1/2 in. x 2 1/2 in. piece
Each serving provides: Calories: 196
Total fat: 8 g Saturated fat: 1 g
Cholesterol: 11 mg Sodium: 67 mg
Total fiber: 2 g Protein: 3 g
Carbohydrates: 31 g Potassium: 136 mg

1-2-3 Peach Cobbler
(Try this healthier, mouth-watering take on a classic favorite)

1/2 tsp ground cinnamon
1 Tbsp vanilla extract
2 Tbsp cornstarch
1 c peach nectar
1/4 c pineapple or peach juice (can use juice from canned peaches)

2 cans (16 oz each) peaches, packed in juice, drained, (or 1 3/4 lb fresh), sliced
1 Tbsp tub margarine
1 c dry pancake mix
2/3 c all-purpose flour
1/2 c sugar
2/3 c evaporated skim milk
As needed, nonstick cooking spray

1/2 tsp nutmeg
1 Tbsp brown sugar
1. Combine cinnamon, vanilla, cornstarch, peach nectar, and pineapple or peach juice in saucepan over medium heat. Stir constantly until mixture thickens and bubbles.

2. Add sliced peaches to mixture. Reduce heat and simmer for 5-10 minutes.

3. In another saucepan, melt margarine and set aside.

4. Lightly spray 8-in. square glass dish with cooking spray. Pour in peach mixture.

5. In another bowl, combine pancake mix, flour, sugar and melted margarine. stir in milk. Quickly spoon this mixture over peach mixture.
6. Combine nutmeg and brown sugar. Sprinkle mixture on top of batter.

7. Bake at 400 degrees F for 15-20 minutes until golden brown. Cool and cut into 8 squares.

Keeping the "heart" in your favorite recipes- With a few changes, you can keep the heart in family favorites and add the health. Here's how:

Dairy products: •Cook with lowfat, fat free, nonfat dry, or evaporated fat free milk. •Bake or cook with 3 egg whites and 1 egg yolk, instead of 2 whole eggs. Or, use 2 egg whites or 1/4 c of egg substitute, instead of 1 whole egg.

Spices and flavorings: •Use a variety of herbs and spices in place of salt, and choose low-sodium bouillon and broths.

Oils and butter: •Use cooking oil spray to lower fat and calories. •Use a small amount of vegetable oil, instead of lard, butter or other fats that are hard at room temperature.

Meats and poultry: •Choose lean cuts of meat and remove any visible fat. •Remove skin from chicken and other poultry before cooking.

Sandwiches and salads: •Use fat free or lowfat dressing, yogurt or mayonnaise. •For salad dressing, use equal parts water and vinegar, and half the oil.

Soups and stews: •Remove fat from homemade broths, soups, and stews by preparing them ahead and chilling them. Before reheating, lift the hardened fat off the surface.

Breads: •Make muffins, quick breads, and biscuits by using no more than 1-2 Tbsp of fat for each c of flour. •For muffins or quick breads, use 3 ripe, well-mashed bananas, instead of 1.2 c butter or oil. Or, substitute a c of applesauce for a c of butter, margarine, oil or shortening.

Desserts: •Make a pie crust with only 1/2 c margarine for every 2 c flour. Use soft margarine (liquid or tub types). •For chocolate desserts, use 3 Tbsp of cocoa for every ounce of baking chocolate. If you need to replace the fat in chocolate, add up to 1 Tbsp of vegetable oil. •Make cakes and soft-drop cookies by using no more than 2 Tbsp of fat for each c of flour.

criteria when choosing heart care

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Heart issues don't deter runner

By Clara Osten
Of the Herald

When asked about his running career, 75 year old Pat Finn of Carroll is quick to list all those he is indebted to and downplay his successes.

"Road races were everywhere - Pender, Beemer, West Point, Wisner, Pilger, Winside, Pierce, Plainview, Coleridge, Hartington, Laurel and Allen. It was easy to enter some 30 races a year," Finn said.

Names abound when Finn remembers his early running days.

"Sid Hillier, Terry M. Meyer, Cliff Ginn, Terry A. Meyer, Doris Meyer, all of Wayne, Norvin Hansen, the editor of the Pender paper, Dr. Cutshall from Winside, who is over 80 years old, and the list goes on. All these and many more have shown me so much common courtesy. It cost them nothing, yet I will remember them forever," he said. Also on his list is his 1946 classmate, Charles Carhart and Bob and David Carhart who "gave me lots of encouragement."

Finn said road runs were introduced to this area in the early 1970s.

"Pat Gross (of Wayne) devoted a lot of time to running. Initially, I resisted when he encouraged me to get involved. My work load was too heavy and races were on Sunday," Finn said.



Pat Finn holds the trophy he earned at the 2002 Verdigre Kolache Day race in which he earned the first place over-all male award.

Finn's athletic career began long before his formal running career.

"Starting in 1946, I was a

Golden Glove boxer. We boxed in Norfolk, Omaha, Wayne and Ponca during the winter months. I kept in condition by running. I continued boxing for approximately 10 years," he said.

Finn noted that he has always been 'walk oriented.'

I walked where I needed to go and kept in shape that way," he said.

His first race was the Wayne Turkey Trot in November of 1971.

It was a five kilometer (approximately three miles) and I did okay, considering I had no experience. I did, however, strike up some wonderful acquaintances," Finn said.

More than 40 years later, Finn is still running races. He has raced against some of the same people on numerous occasions and, "sometimes I beat them and sometimes they beat me."

Among the most notable of Finn's races are a 2002 Verdigre race and a 2005 Worthington, Minn. race.

"In Verdigre, I was the first overall male in the race. I won by blocks in a time of 32 minutes for 3.8 miles. Verdigre can be so hot in early June. Our

house is not air conditioned, so I stood the heat and humidity better than some," he said.

In the Worthington race on Sept. 17, 2005 Finn won the 75 years of age and older category and beat two-time All American Bob Bartling who had only lost two races up to that time.

Also noteworthy in his career was a 10 kilometer race in Omaha in 1990.

"I won the 60 and over age group and set an all time record in that race," he said.

Throughout the past 40 years Finn has experienced relatively few health problems.

"I did have knee problems one year, but still managed to run about 25 races. I didn't do anything and in the fall, the pain went away."

In 2003 Finn experienced health problems that probably would have ended most runners' careers.

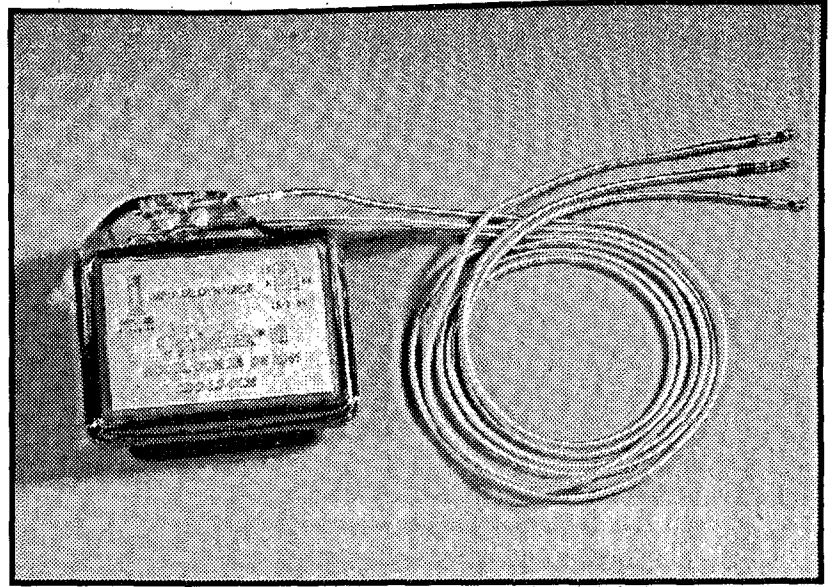
"That spring, I felt sluggish, but I had no pain. There was a slight tingling in my upper chest so in July my son (Alan) convinced me that I needed to get medical treatment," he said.

He first sought treatment in Wayne and was immediately sent to Sioux City, Iowa where he underwent triple bypass surgery.

"I spent 14 days in the hospital due to some complications. But, by March of 2004 I was running again. I ran in the St. Patrick's Day race in Wisner and a total of 12 races that year," he said.

As Finn approaches his 76th birthday (March 3), he continues to run two to four miles a day.

Finn is currently preparing to run in the St. Patrick's Day race in Wisner and stay active in what he considers the only "mood altering sport."



The Optimizer(r) implantable pulse generator is being tested as a potential congestive heart failure treatment.??

Heart failure patients helped

BryanLGH leads in Optimizer clinical study

BryanLGH Heart Institute is participating in a clinical study to help determine the safety and effectiveness of a new implantable pulse generator known as the Optimizer(r) system for treating congestive heart failure.

Cardiac electrophysiologist Andrew Merliss, MD, of the BryanLGH Heart Institute is the principle investigator for the study in Lincoln.

"One of the biggest problems in this country is the number of patients who have damage to the heart muscle from heart attacks, untreated coronary artery disease or other causes," he notes. "These result in hearts that pump less strongly, which cause devastating shortness of breath or chest pain."

"The Optimizer is an exciting technology with the potential to treat those who have moderate to severe heart failure."

The most common forms of heart failure are treated with

drugs and electrical devices such as pacemakers and implanted defibrillators, but these are not effective for all patients. The Optimizer option allows physicians to strategically place electrical impulses within the heart to improve the function of the heart muscle.

About 400 patients will be enrolled in the FIX-HF-5 (Fix Heart Failure 5) study across America - and study sponsor Impulse Dynamics says BryanLGH is one of the leaders in enrolling patients.

"We've already placed the device in several patients, who are doing extremely well. It's early, but preliminary indications are that this is very, very promising as something that will strengthen the heart muscle without additional medication," Dr. Merliss concludes.

For more information, contact BryanLGH Heart Institute, (402) 483-3333.

Heart healthy resources for women

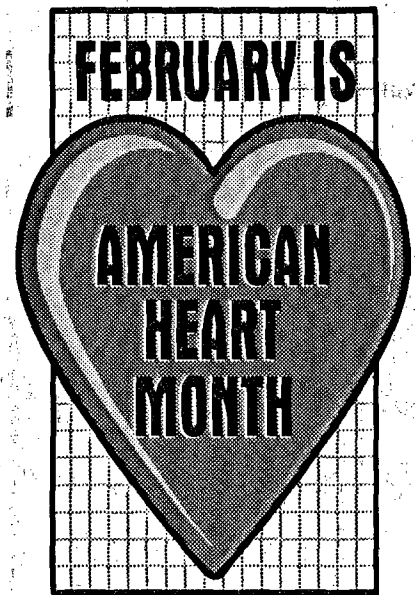
Women are known to juggle family, work and activities, but they may be ignoring risk factors for heart disease, the number one killer of women in the United States. The good news is that women can take simple steps to reduce the risk of get-

ting and dying from this disease.

The U.S. Department of Health and Human Services' Office on Women's Health is supporting two important Web sites. For Your Heart is a simple, interactive Web site that provides women with personalized information on heart disease risk factors and prevention.

Heart Healthy Women is the online source for information on the diagnosis and treatment of heart disease in women. The site features separate educational sections for women with heart disease and their health care providers.

To learn more, visit www.womenshealth.gov/ForYourHeart/ and www.hearthealthywomen.org, or call the Women's Health Help Line at 1-800-994-9662 or 1-888-220-5446 for the hearing impaired.



Heart disease #1 killer

Too few people realize that heart disease is the no. 1 killer of women and men but the good news is that heart disease can be prevented. Above, a display at Wayne State College Exercise Science Practicum II students, raises awareness of heart disease. Tammy Evetovich is the instructor of the class.

Women, too, must be wary of heart disease

Though many might believe heart disease to be a distinctly male affliction, women as well are highly susceptible. The No. 1 killer of American women, heart disease claims an estimated 240,000 women each year. In addition, the American Heart Association (AHA) points out that a greater percentage of women (44 percent) die of heart attacks within a year of their first heart attack than do men (27 percent). Such statistics hammer home the fact that heart disease is not just for men, but something that should concern everyone.

For women, cardiovascular disease (which includes heart disease and stroke) causes more deaths per year than the next five most common causes combined. Detection, therefore, is essential as both a preventative and lifesaving measure. With that in mind, here's a few warning signs that you might already be on your way to a heart attack or stroke, courtesy of AHA.

Heart Attack
While some of these symptoms might seem just a part of the aging process, persistence of any of these symptoms could be a sign of something worse. If any of these symptoms arrive seemingly out of the blue or become a daily problem, get to a

doctor immediately and have yourself examined.

•Chest discomfort. Typically, you will feel uncomfortable pressure or squeezing in the center of your chest. Either can last several minutes or frequently appear, then go away and return again.

•Upper body discomfort. Again, if you're older, don't necessarily assume that upper body aches are just part of the aging process. Persistent pain or discomfort in the arms, back, neck, jaw or even your stomach are symptoms of a heart attack.

•Shortness of breath. Shortness of breath after physical activity is one thing, but if you're feeling a shortness of breath when sitting or doing any activity that you wouldn't associate with feeling winded, you might be nearing a heart attack.

•Miscellaneous indicators. Heart-attack sufferers have also been known to experience cold sweats, nausea and lightheadedness leading up to their heart attacks. Any of these symptoms necessitate a trip to the doctor, as it's always better to play it on the safe side.

Stroke

Though these symptoms can arrive rapidly and afford you little or no time to react, if you or someone you know begins

feeling any of these, act immediately by dialing 911 and informing them someone might be suffering from a stroke. Doing things quickly is essential, as clot-busting drugs administered in the first three hours have been proven to greatly reduce the risk of long-term disability.

•Sudden numbness or weakness. Numbness or weakness of the face, arm, or leg, especially when limited to just one side of the body, is a telltale sign you're suffering the early stages of a stroke.

•Sudden confusion or disorientation. A clear-cut sign of a stroke is if all of sudden you don't understand what's going on around you or you're struggling to speak.

•Sudden difficulty with vision. A rapid decline in your ability to see anything at all or blurred vision is another sign of a pending stroke. In these instances, if you live alone, it's best to know at all times where your telephone is or to carry a cellular phone so you can quickly dial 911 for help.

•Sudden difficulty walking or staying balanced. Immediate dizziness and a lack of coordination can come in a moment's time. If you're feeling this at all, scream for help as soon as possible. The dizzier you get, the greater the chances are that you will fall and further hurt yourself or, perhaps, hit your head and become unconscious. Call out immediately for help the moment you start feeling faint.

While many people, men and women alike, most closely associate heart attacks and strokes with men, the facts prove that women suffer greatly from both diseases as well.

To learn more about heart disease and how it afflicts women, visit the Women's Heart Health Day (February 1) Web site at www.libov.com/nwhhd.

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Call: 402-375-2600, Fax: 402-375-1888, or Visit Our Office: 114 Main Street, Wayne, NE.

POLICIES — *We ask that you check your ad after its first insertion for mistakes. The Wayne Herald is not responsible for more than ONE incorrect insertion or omission on any ad ordered for more than one insertion. *Requests for corrections should be made within 24 hours of the first publication. *The publisher reserves the right to edit, reject or properly classify any copy.

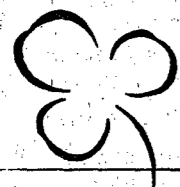
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HELP WANTED

Dietary Manager

Experience preferred. Also prefer applicant to have taken the dietary class.

Bring resume to:



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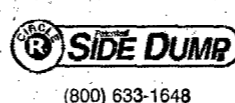


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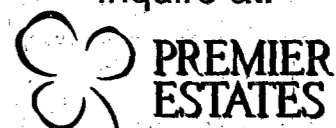
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BELLEVUE PUBLIC SCHOOLS

Bellevue Public Schools is anticipating openings in the following areas for 2006-07:

- Drama Debate
- Industrial Technology
- Secondary Vocal Music
- Family Consumer Science
- Special Education (all areas)
- Elementary Media Specialist
- Secondary Core Subject Areas
- Speech Language Pathologists
- World Languages (Spanish, German, French)

- Head Track
- Head Softball
- Head Volleyball

Call Larissa McCann, 402-293-4032 for an application. See website or call for other areas. www.bellevuepublicschools.org Equal Opportunity Employer

HELP WANTED!!

Driver needed for Thursday morning deliveries in Wayne.

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Call 375-2600 and ask for Al

The Wayne Herald



114 Main Street
Wayne, NE 68787
402-375-2600

Wayne Community Schools

High School Special Education Teacher

Wayne Community Schools seeks a dynamic, knowledgeable individual to teach 9th-12th grade Special Education for the 2006-2007 school year. Qualified candidates must possess a Nebraska Teaching Certificate, K-12 and Special Education Endorsement. The position will remain open until March 19th, 2006.

Send letter of application, resume, credentials, and a copy of your current teaching certificate to:

Dr. Joseph Reinert, Superintendent
Wayne Community Schools
611 West 7th Street
Wayne, NE 68787
EOE

The City of Wayne is now accepting applications for Pool Lifeguards for the 2006 Summer Season

Applicants must show that they have a good work record and that they are dependable and mature in their work habits. Current certifications and experience required. Applications may be obtained at City Hall, 306 Pearl Street. Persons interested should return their application and resume to the Personnel Office at City Hall or the City Clerk's office no later than Friday, March 10, 2006. The City of Wayne is an Equal Opportunity Employer. Job descriptions are available at City Hall.

HELP WANTED: Part-time construction help needed immediately. Full-time help needed during spring and summer. S&S Construction (402)-258-3930.

HELP WANTED full time to run heavy equipment. Experienced or will train. For information, call Schmitt Construction, Inc. at 402-256-3514.

Custodian I

Wayne Community Schools seeks an individual for a Part-Time Custodian I position of 20-25 hours per week. A qualified candidate must have a high school diploma and a valid driver's license. Applications and a complete job description are available at the Wayne Community Schools District Office. A background check will be concluded prior to an individual being hired. Applications will be accepted until March 30, 2006

Send Applications to:
Dr. Joseph Reinert, Superintendent
Wayne Community Schools
611 West 7th Street
Wayne, NE 68787

Customer Service Representative

Kelly Services and Ameritas are looking for customer service representatives to work for a growing insurance company in Wayne, NE. Qualified candidates must:

- have previous customer service experience
- possess a working knowledge of Microsoft computer applications
- enjoy working with a variety of people

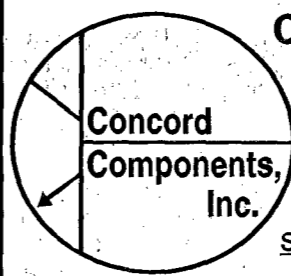
Submit resumes to 3850@kellyservices.com or 513 N Main Street, Wayne, NE 68787.

Kelly Services is an EOE employer.

Applications are being taken for:

- 3 Stock entry/data entry positions
- 2 parts technician positions

Submit application or apply in person to:



Concord Components, Inc.

1700 Industrial Dr.

Wayne, NE 68787

Fax: 402-375-5004

or email in word form to:

shelli@concordcomponents.com

HELP WANTED: Full time employment, CDL required, home weekends and most nights. Apply at Pender Grain, Inc. 402-385-3003.

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WANTED KIDS CLOTHES!! \$ for your kids clothes! Interested? Call Wendi @402-584-2302. Must be in good condition. You can check out my store on Ebay at Dixon Chic Fashions.

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HELP WANTED: Ag position. Crop production, cattle. Ph. 402-375-4086. This is an opportunity to demonstrate or develop a diverse blend of talent and abilities.

Administrative Office Assistant

Full-time position in professional office. Computer proficiency in MS Word and Excel, Attention to detail required. Basic accounting knowledge a plus. All applications confidential. Send resume to Box 75, Wayne, NE 68787

Classified deadlines for The Wayne Herald are:
Display Ads Monday at 5 p.m.
Snap Ads Tuesday at 10 a.m.

Accepting Applications for SWIMMING POOL MANAGER

The City of Wakefield is now accepting applications for a seasonal full-time Swimming Pool Manager for the 2006 season.

Applicants must have good work habits and be able to work independently. The successful candidate must be able to supervise life guards, operate, clean and manage all pool facilities, work with the public and work with children. This person must be a role model for safety and work ethic. A current certification is required, along with references.

Interested persons may obtain an application at the City Office at 405 Main Street, Wakefield, Nebraska. Applications must be returned no later than March 31, 2006 at 5:00 p.m. Applications can be mailed to City of Wakefield, P.O. Box 178, Wakefield, Nebraska 68784. EOE.



ACCEPTING APPLICATIONS FOR SWIMMING POOL LIFE GUARDS AND ASSISTANT POOL MANAGER

The City of Wakefield is now accepting applications for seasonal full-time and seasonal part-time Life Guards for the 2006 season.

The City of Wakefield is now accepting applications for a seasonal full-time Assistant Pool Manager for the 2006 season.

Applicants must have good work habits and show dependability. Current certifications are required, along with references.

Interested persons may obtain an application at the City Office at 405 Main Street. Applications must be returned no later than April 15, 2006 at 5:00 p.m. Applications can be mailed to City of Wakefield, P.O. Box 178, Wakefield, Nebraska 68784. EOE.



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CLASSIFIEDS

THANK YOU

FOR SALE

Our sincere thanks to the Wayne Volunteer Fire Department for their immediate response to the alarm at Antiques on Main on Saturday, January 28. Thank you for your professionalism in locating the problem! Also, thanks to Casey of Mitchell Electric for fixing the lights. We appreciated everyone's efforts on our behalf!
Cap and Nana Peterson

I WANT to thank the Friends of the Museum and Gary at Mines Jewelry for the ladies' watch I won in their raffle at Christmas! Vickie Damme

Annie and Berniece McCorkindale, wife and daughter of Specialist Luke McCorkindale of the 189th, would like to give a special thanks to Jammer Photography for their kindness and generosity in taking ours as well as other families' pictures of the 189th's to send a special Valentine by e-mail to the ones we love and care for so very much.

A big thank you to everyone who sent cards, notes, pictures, and to those who wished me a "Happy Birthday" It was great to have coffee with so many at Quality Foods.

A special thank you to my family for helping make this a memorable birthday.
Merlin Frevert

Words cannot express my sincere appreciation for receiving the Chamber of Commerce Educator of the Year award. I know many individuals contributed to this process, and I am extremely grateful. Education provides an opportunity to "make a positive difference" and to grow with others around you. Thanks to the Chamber for providing this recognition.
-Jean Lutt

310 Main 375-1280
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Hoodwinked
-PG-
Evenings 7:00 & 9:15 p.m.
Saturday & Sunday Matinees 1:00 & 3:10 p.m.
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HOT TUB. Super Sunday Sale, February 19, 1p.m. - 4 p.m., final closeout pricing on all 2005 models, scratch & dent specials, rebuilt trade-ins, demo models, other Super Sunday bargains. Prices as low as \$995. Hot Tub Warehouse, 1644 "O" Street, Lincoln, 402-475-6767.

USED POOL tables for sale. Over 200 tables starting at \$495. 7', 8', 9' pocket tables and 10' snooker tables. Call today 402-326-1227.

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OLD GUITARS wanted! Fender, Gibson, Gretsch, Martin, D'Angelico, Stromberg, Rickenbacker and Mosrite. 1930s thru 1960s. Top cash paid! 1-800-401-0440.

WOLFF TANNING beds. Buy direct and save! Full body units from \$22 a month! Free color catalog. Call today! 1-800-842-1305, www.np.estan.com.

IRRIGATION TECHNICIAN: Zimmatic/Casé IH dealership needs irrigation technician. Experience required. Competitive wages, great benefit package. Resume to: Fairbanks International, PO Box 571, Lexington, NE 68850.

EXPERIENCED CASE IH tractor or combine technicians. Good pay and benefits. Send resume to Fairbanks International, PO Box 556, Holdrege, NE 68949 or call 402-356-4145.

FULL AND/OR part-time Speech Pathologist openings for 2006-07 school year. Salary \$36-45K plus tuition reimbursement. Contact Joe Lenz, Northeast Area Schools, 605-466-2206.

TECHNICIAN POSITIONS available. Minimum of 3 yrs. agricultural equipment experience required. Apply on-line at www.kanequip.com or call Randal at 888-456-2041.

OWNER-OPERATOR/Company Drivers: Tired of being on the road weeks at a time? Bennett Truck Transport, a manufactured home transport company needs owner operators to transport homes in the Midwest. We have late model trailers available for lease-purchase. Home weekends and most nights. Requirements: 23 years old, 2 years commercial experience, a clean MVR and a class A CDL. We pay to train. For more information please call Darien at 1-888-774-3348.

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FOR ALL your excavation work, site clearing, and dozer tree removal, call BENSCHOTER PLUMBING & HEATING at Laurel, 402-256-9665.

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STORAGE UNITS available. Size 14' x 31', \$50 per month. If you wish to store a single boat or car, \$20 per month. Please contact Dave Zach at 375-3149 or Jon Haase at 375-3811.

TWO PEOPLE to share rent with one other person. Two bedrooms available in house next to college. \$150/month, plus utilities, per person. Ph. 402-202-9042.

BOSE RENTALS in Laurel has 2-bedroom apartments for rent. Stove, refrigerator, washer/dryer furnished. Call 256-9128.

BOSE RENTALS in Laurel now has beautifully furnished suites. Rent one weekly/daily. Call 256-9128.

FOR RENT in Winside: Completely remodeled 4-BR, 1 1/2 bath house, new windows, high-efficiency furnace, central air. Dishwasher. Reasonable rent. No pets. No smoking. Deposit/References required. Ph. 402-286-4839. Leave message.

FOR RENT OR SALE: Possible trade. Remodeled 2-bedroom Mobile Home. Lot included. Attached garage, also large room and deck. No Pets. Phone 402-632-4542

FOR RENT: 2 bedroom trailer house. All appliances. Ph. 375-4290.

FOR RENT: 4-bedroom house, 1/2 block from campus. Washer/dryer, off street parking. Available immediately. Ph. 375-3180.

FOR RENT: Large, clean one-bedroom apartment, 1202 Main (yellow house across from Niehard). Off street parking, \$350/mo. Includes heat, garbage, sewer and water. Ideal for couple. Private entrance. Ph. 402-494-3712.

FOR RENT: Main Street commercial property. Available January 1, 2006. Approximately 2000 sq. ft. Contact 402-375-1616.

FOR RENT: Nice 1, 2, 3, and 4 bedroom apartments. All new heat pumps and central air. No parties. Call 375-4816.

FOR RENT: One-bedroom apartment with fridge and stove. \$280/mo. Owner pays heat, water, sewer, trash. Ph. 402-256-9417.

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ALL REAL estate advertised herein is subject to the Federal Fair housing Act which makes it illegal to advertise "any preference, limitation, or discrimination because of race, color, religion, sex, handicap, familial status or national origin, or intention to make any such preference, limitation, or discrimination." State law also forbids discrimination based on these factors. We will not knowingly accept any advertising for real estate which is in violation of the law. All persons are hereby informed that all dwellings advertised are available on an equal opportunity basis.

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2 bedroom, partial finished basement.
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701 Alma, Laurel \$75,000

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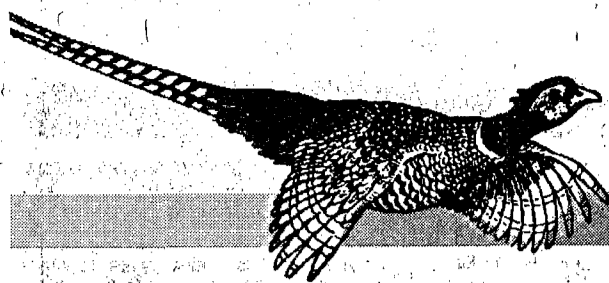
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The Wayne Herald

Legal Notices

DELINQUENT TAX LIST FOR YEAR 2006

Wayne County Treasurer's Office
Wayne, Nebraska
February 6, 2006

Notice is hereby given that in compliance with the revenue laws of the State of Nebraska, Karen McDonald, County Treasurer of Wayne County, Nebraska, will on Monday the sixth day of March, 2006 from 9:00 A.M. to 4:00 P.M. at the office of the County Treasurer in the County Court House at Wayne Nebraska, offer at public sale and sell the following real estate for the amount of the taxes due thereon together with interest and advertising costs for the year 2004 and previous years and delinquent special taxes if any are unpaid. Said sale will continue from day to day until all such taxes have been offered for sale. The amounts listed below do not include interest and advertising.

Table with columns for Parcel ID, Description, and Amount. Lists various parcels with their respective owners and delinquent tax amounts.

Table with columns for Parcel ID, Description, and Amount. Continuation of the delinquent tax list, listing parcels owned by Spahr, Taylor & Wachob, Westwood, Wayne Tracts, etc.

Table with columns for Description and Amount. Lists items like Sidewalk 93-1, Sidewalk 99-1, City Resolution 99, etc.

Abbreviations for this legal: PS - Personal Services, OE - Operating Expenses, SU - Supplies, MA - Materials, ER - Equipment Rental, CO - Capital Outlays, RP - Repairs, RE - Reimbursement.

WAYNE COUNTY BOARD PROCEEDINGS

Wayne, Nebraska
February 7, 2006
The Wayne County Board of Commissioners met in regular session at 9:00 a.m. on Tuesday, February 7, 2006 in the upstairs conference room of the Courthouse. Roll call was answered by Chairman Nissen, Members Miller and Wurdeman, and Clerk Finn.

No. 06-06: WHEREAS, Nebraska State Statute 32-903 states in part that the county clerk shall create precincts composed of compact and contiguous territory within the boundary lines of legislative districts; and

WHEREAS, the ES&S AutoMARK voter assist terminals were chosen by the State of Nebraska to meet federal requirements of the Help America Vote Act; and the stipulation for the state to provide these to counties is all precincts with less than 250 ballots cast at the General 2004 election must be combined with another precinct; and

WHEREAS, a public hearing was conducted on Tuesday, February 6, 2006 to receive public input on the proposed merger of Chapin/Hancock and Winside precincts for election purposes as these precincts did not meet the 250 ballot cast requirement;

NOW, THEREFORE, BE IT RESOLVED, by the Wayne County Commissioners that Chapin/Hancock and Winside precincts are merged for election purposes effective with the 2008 primary election.

Board of Equalization: Did not convene
Fee Reports: Debra K. Allemann, Clerk of District Court, \$807.50 (January Fees).
Claims:
GENERAL FUND: Salaries, \$1,512.00; Albin, Mark D, OE, 893.09; All Native Office, SU, 22.99; Aquila, OE, 1,117.75; AVAYA Communication, OE, 1.95; Biemann, Sharolyn, RE, 31.15; Bomgaars, RP, SU, 48.98; Broadwing Telecommunications Inc., OE, 256.55; Business Telecommunication, RP, SU, 592.00; Cellular One, OE, 154.84; Colfax County Sheriff, OE, 15.50; Connecting Point, OE, 47.85; Copy Write Publishing, SU, 61.72; Dakota County Clerk, OE, 250.00; Eakes Office Plus, SU, RP, 374.24; Enertech, RP, SU, 620.00; Finn, Debra, RE, 62.30; Floor Maintenance, SU, 178.68; Grone, Amanda, OE, 100.00; OIS Office Solutions, SU, RP, 288.69; Junck, Jo, PS, 1,448.12; KONE, RP, SU, 198.98; Kool Communications, OE, 560.30; Lenser, Kristina, OE, 50.00; Lockers, The, OE, 55.00; Microfilm Imaging Systems, ER, 285.00; Midwest Office Automation, RP, 82.50; MIPS Inc, SU, CO, 2,036.35; Moyer, Moyer, Egle, Fuller & Montag, OE, 56.25; Mueeting & Stoffler, OE, 342.94; Nebraska County Court Assn, OE, 25.00; NeoPost, RP, 174.00; Olds Pieper & Connolly, OE, 263.94; Panida, Inc., SU, 65.00; Perkins Office Solutions, SU, 124.48; Pollard, Jerry, OE, 369.20; Qwest, OE, 872.05; Redfield & Company Inc., SU, 166.83; Region IV Inc., OE, 2,877.25; Security Shredding Services, OE, 36.00; US Bank, OE, 1,619.82; United Bank of Iowa, ER, 474.00; United Healthcare of the Midlands, PS, 69,420.87; Warnings Insurance, OE, 5,209.00; Wayne County Clerk of Dist Court, OE, 120.00; Wayne Herald/Morning Shopper, OE, 805.79; Wayne, City of, OE, 3,000.00; Wayne, City of, OE, 948.03; Western Office Products Plus, SU, RP, 237.29; Zach Oil Co, MA, 54.00.

COUNTY ROAD FUND: Salaries \$27,396.00; ACE Industrial Supply, SU, 144.35; Alltel, OE, 109.44; Aquila, OE, 461.93; Backus Sand & Gravel, MA, 18,297.29; Bomgaars, SU, 35.28; Carhart Lumber Company, SU, 5.58; Carroll Station Inc., The, MA, 273.76; Cellular One, OE, 319.44; DMC Repair, RP, SU, 81.56; Eastern NE Telephone Company, OE, 47.51; Farmers Cooperative, Pilger, OE, RP, SU, MA, 3,144.61; Fredrickson Oil Company, RP, SU, MA, 418.62; Hradek Diesel Inc., RP, 212.37; Menards, SU, 50.64; Midwest Service & Sales Co., MA, 48.50; Murphy Tractor & Equipment Co, RP, 572.57; Nebraska Machinery Company, RP, 1,668.72; Nebraska Sand & Gravel, MA, 3,597.94; Nore, Inc, RP, 1,090.71; Northeast Equipment, RP, 61.39; Northeast Nebraska Public Power Dist, OE, 280.18; Northeast Nebraska Telephone Co, OE, 52.90; Qwest, OE, 40.36; S&S Willers Inc., MA, 1,117.41; Schmode's Inc, RP, 28.40; Schulz Land Surveying, CO, 327.30; Wayne Auto Parts, RP, SU, 955.80; Wayne County Clerk, CO, 32.00; Wayne, City of, OE, 147.08; Weldon Industries, Inc., RP, 122.85; Winside, Village of, OE, 176.35; Zach Oil Co, MA, 5,168.41.

SNOW REMOVAL & EQUIPMENT FUND: Nebraska Machinery Company, ER, 3,000.00
LODGING TAX FUND: Northeast Nebraska Travel Council, OE, 35.00
REAPPRAISAL FUND: Duffy, Dawn, RE, 10.53; MIPS Inc, SU, 218.34; Reeg, Joyca, RE, 102.88

INHERITANCE TAX FUND: Beiermann, Merlin, PS, 12.00; Holdorf, Willard, PS, 46.18; Jensen, Dean D., OE, 1,108.85; Kraemer, Maxine, PS, 25.00; Lindsay, Russell Jr., PS, 14.00; Meyer, Leon F., PS, 15.00; Morris, Orgetta C., PS, 25.00; Owens, Eleanor, PS, 14.00; Rees, Dorothy, PS, 16.00; Stipp, Doris M., PS, 23.00

COUNTY IMPROVEMENT FUND: Otto Construction, Inc., CO, 28,491.00
NOXIOUS WEED CONTROL FUND: Qwest, OE, 32.88; Wayne, City of, OE, 31.79
Meeting was adjourned.

Debra Finn, Wayne County Clerk

STATE OF NEBRASKA)
) ss.
COUNTY OF WAYNE)
I, the undersigned, County Clerk of Wayne County, Nebraska, hereby certify that all of the subjects included in the attached proceedings were contained in the agenda for the meeting of February 7, 2006, kept continually current and available for the public inspection at the office of the County Clerk; that such subjects were contained in said agenda for at least 24 hours prior to said meeting; that the said minutes of the meeting of the County Commissioners of the County of Wayne were in written form and available for public inspection within 10 working days and prior to the next convened meeting of said body.

IN WITNESS WHEREOF, I have hereunto set my hand this 10th day of February, 2006.

Debra Finn, Wayne County Clerk
(Publ. Feb. 16, 2006)

MORE LEGALS ON PAGE 12C

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Statement of Nondiscrimination. Pierce Telephone Company, Incorporated is the recipient of Federal Financial assistance from the Rural Utilities Service, an agency of the U.S. Department of Agriculture and is subject to the provisions of Title VI of the Civil Rights Act of 1964, as amended, Section 504 of the Rehabilitation Act of 1973, as amended, the Age Discrimination Act of 1975, as amended, and the rules and regulations of the U.S. Department of Agriculture (USDA) prohibits discrimination in all its programs and activities on the basis of race, color, national origin, age, disability, and where applicable, sex, marital status, familial status, parental status, religion, sexual orientation, genetic information, political beliefs, reprisal, or because all or part of an individual's income is derived from any public assistance program. (Not all prohibited bases apply to all programs.) Persons with disabilities who require alternative means for communication of program information (braille, large print, audiotape, etc.) should contact USDA's TARGET Center at (202) 720-2600 (voice and TDD). The person responsible for coordinating this organization's nondiscrimination compliance efforts is Mary Jane Fogle, president. Any individual, or specific class of individuals, who feels this organization has subjected them to discrimination may obtain further information about the statutes and regulations listed above from and/or file a written complaint with this organization; or write to USDA, Director, Office of Civil Rights, 1400 Independence Avenue, S.W., Washington, D.C. 20250-9410, or call (800) 795-3272 (voice), or (292) 720-6382 (TDD). Complaints must be filed within 180 days after the alleged discrimination. Confidentiality will be maintained to the extent possible: "USDA is an equal opportunity provider, employer, and lender."

Legal Notices

NOTICE TO CONTRACTORS
 CALL ORDER 320
 FEDERAL PROJECT NO. STPE-3217(1)
 LOCATION: ON A COUNTY ROAD, WINSIDE
 SOUTHWEST
 COUNTIES: WAYNE
 The Nebraska Department of Roads will receive sealed bids for WAYNE COUNTY IN

Room 104 of the Central Office Building at 1500 Hwy 2 at Lincoln, until 1:30 P.M. on March 09, 2006. At that time the bids will be opened and read for BITUMINOUS
 BIDDING PROPOSAL FORMS WILL BE ISSUED AND A CONTRACT AWARDED TO A CONTRACTOR WHO IS QUALIFIED FOR BITUMINOUS

Length: 0.3 MILE
 START DATE 10/10/2006
 WORKING DAYS 10
 Price Range \$0 to \$100,000
 Plans and specifications may be seen beginning February 14, 2006 at the Lincoln Central Office and February 21, 2006 at the District Engineer's Office at NORFOLK

Additional letting information may be found at the Nebraska Department of Roads Web Site at <http://www.dor.state.ne.us/letting/>.
 This project is funded under the Federal-Aid Highway Act, all appropriate Federal requirements will apply.
 (Publ. Feb. 9, 16, 23, 2006)

NOTICE TO BIDDERS
 Sealed bids for furnishing lawn mowing services and for lawn fertilizing/weed control services for the courthouse grounds and for the Health & Human Services grounds will be received by Wayne County, Nebraska, at the office of the Wayne County Clerk, 510 Pearl, PO Box 248, Wayne, NE 68787, until 4:00 p.m. on Monday, March 6th, 2006.
 Wayne County reserves the right to waive technicalities and irregularities and the right to reject any or all bids.
 Debra Finn
 Wayne County Clerk
 (Publ. Feb. 16, 23, 2006)

68787, was informally appointed by the Registrar as Personal Representative of the Estate.
 Creditors of this Estate must file their claims with this Court on or before April 9, 2006 or be forever barred.
 (s) KimBerly Hansen, Deputy Clerk of the County Court
 PO Box 248
 Wayne, Nebraska 68787
 Leta F. Fornoff, #20276
 1627 E. Military Ave.
 Fremont, NE 68025
 (402) 721-3037
 Attorney for Applicant
 (Publ. Feb. 9, 16, 23, 2006)
 1 clip

Business & Professional Directory

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Certified Public Accountant
Kathol & Associates P.C.
 104 West Second Wayne
 375-4718

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Busch Light
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 Warm or COLD
 \$10.33

6 Month Payment Plan
 The Wayne Community Activity Center is now offering a new 6-month payment plan for a 1-year membership to include all categories (excluding college student memberships) for those citizens not receiving a City of Wayne utility bill. A one-sixth payment is due at time of purchasing the membership. The remaining amount to be paid in five equal installments, due on the same day each month, for the remainder of the 6-month payment plan.
 Family, \$39.05; Adult Married Couple, \$28.33; Adult Single, \$22.18; Senior Citizen Married Couple, \$15.53; Senior Citizen Single, \$11.09; high School, \$13.75; Middle School, \$10.20. (Above figure include tax)
Wayne Community Activity Center
Punch Card Prices
 Punch Card (10 visits) — \$31.95
 Punch Card (5 visits) — \$21.30
 Punch cards good all day.
 Students, visitors to the community, etc.
Gift Certificates
 Not for sure what to get someone... Give them a Gift Certificate to the Activity Center.
 For more information ask at the front desk
Wayne Community Activity Center
 Walk For Good Health!
 901 West 7th St.
 402-375-4803



Faith Regional Health Services is proud to welcome William B. Winn, D.O. Physical Medicine and Rehabilitation

William Winn, D.O., has joined Faith Regional Physical Medicine and Rehabilitation Services. As a rehabilitation specialist, Dr. Winn will provide comprehensive rehabilitation care for orthopedic, musculoskeletal disorders or injuries, and neurologic disorders or injuries in adults and children. He has experience in treating pediatric patients with rehabilitation needs such as, cerebral palsy, muscular dystrophy, mental retardation, spina bifida, spinal cord injuries, traumatic brain injuries and scoliosis.

Dr. Winn received his medical degree at the University of North Texas Health Science Center at Fort Worth/Texas College of Osteopathic Medicine (TCOM), where he received the Tom Hanstrom Scholarship for interest and skill in Osteopathic Manipulative Medicine. He also completed a one year undergraduate fellowship in research and teaching in Physical Medicine and Rehabilitation and Osteopathic Manipulation Medicine. He went on to complete his internship and residency in Physical Medicine and Rehabilitation at the University of Arkansas for Medical Sciences, Little Rock, AR, where he was chief-resident.

Prior to moving to Norfolk, Dr. Winn was employed by the Arkansas Human Development Center—University of Arkansas for Medical Sciences, providing care for mentally retarded and developmentally delayed rehabilitation clients. His research experience specializes in chronic low-back pain and hip/knee arthroplasty rehabilitation, and osteopathic manipulative medicine.

The Faith Regional Physical Medicine and Rehabilitation clinic is located at Medical Offices North, 301 N. 27th St., Suite 2, Norfolk. To schedule an appointment, call 402-844-8135.

FAITH REGIONAL
 Physical Medicine and Rehabilitation Services
 301 N. 27th St., Suite 2
 Norfolk, NE
 Phone: 402.844.8135

William B. Winn, D.O.
 Physical Medicine and Rehabilitation